

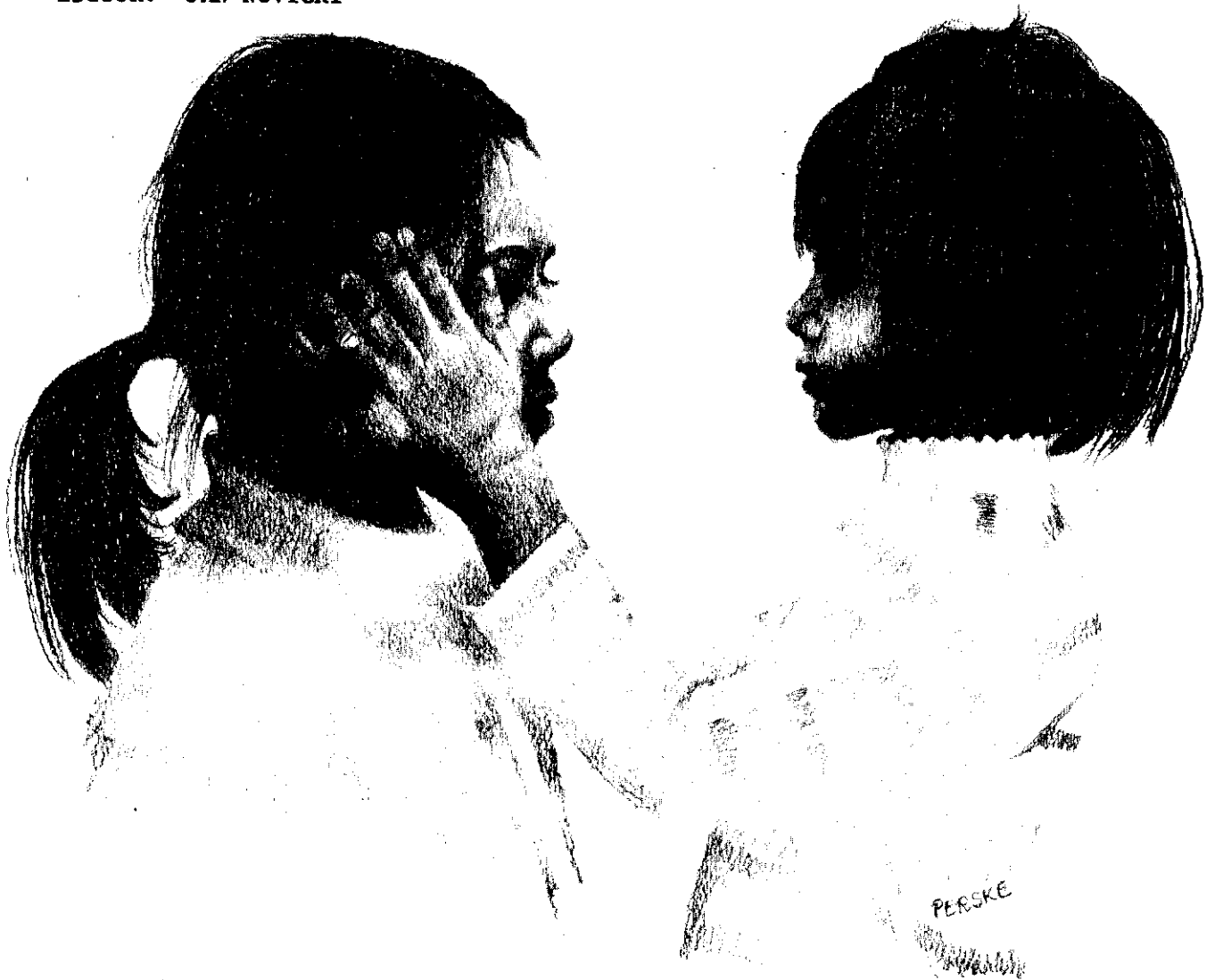
the GOARC

140 South 40th Street
Omaha Nebr. 68131

GAZETTE

JANUARY, 1974 ISSUE

EDITOR: JAN NOVICKI

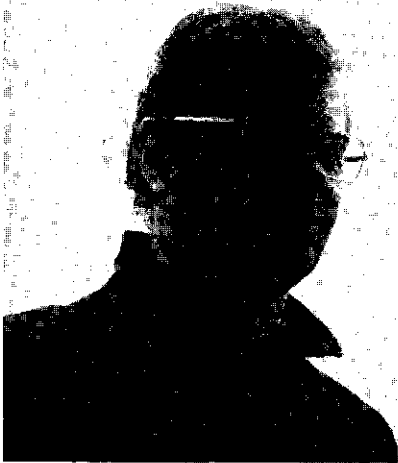


**"SEE ME...FEEL ME...TOUCH ME...HEAL ME.
LISTENING TO YOU, I GET THE MUSIC..."**

THE ROCK OPERA, 'TOMMY'

**It's That Time Again!
Senator's List On
page 9**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



Gosh!
We've got a good thing going.
But what's going to happen now?

The man from Washington says we should buy only ten gallons of gasoline per week (I know some GOARC volunteers who burn ten gallons a week on GOARC causes alone.) The energy crisis forces one to face the fact that our organization may have to organize GOARC activities accordingly. One needs to rack his brain to figure out how to adjust to the energy crisis. Here are some unfinished thoughts:

1. Will GOARC need to be organized into many small neighborhood groups?
2. Would the groups be organized according to Legislative Districts? Zip codes? School zones? Or what?
3. Ed Skarnulis' Residential Service gang has organized by zones.
4. Karen Faison's Family Resource Services have been "satelited."
5. Our Billie Cook already gives good coverage to North Omaha neighborhoods.
6. Chairman Dan Lynch and the County Commissioners are planning "Human Service Areas."
7. Will GOARC's skeleton crew of professionals each become "territory staff persons" who organize all kinds of thrusts in their area?
8. Can we become alert to franchise and back any neighborhood group who seeks to do meaningful volunteer actions for retarded citizens?
9. Will the future power of GOARC depend on the number of lively small groups that can emerge in the neighborhoods?
10. Could we retain those five precious come-together times: our all-city General Membership Meetings?

Crisis can do some interesting things. I recall a close friend, a Dutchman, who as a teenager served in Holland's underground during the Nazi Occupation. He once described his pre-war, sedate, self-sufficient neighborhood where neighbors had little to do with each other. In fact, there were high hedges stretching from the road to the alley between every house in the neighborhood. However, when the Nazi Occupation took place, holes were cut in the hedges and there were well-worn paths through those hedges running directly from house to house!

Now that the energy crisis is here, one wonders if there will be well-worn paths between GOARC members in a particular neighborhood and fewer to a central location in the city.

Bob Perske

OUR PRESIDENT SPEAKS

Dear Friends of GOARC:

As the year 1973 comes to its end and we begin this new year 1974, I wish to express my thanks to the GOARC staff and the GOARC volunteers who have worked so hard for us during this past year.

At the start of this new year we are losing two members of the GOARC staff, Earl Hurley, "Administrative Director", and Helen Zauha, Director of "Citizen Advocacy".

These two staff persons will be missed by all of us. I especially want to thank them for their contributions while they were with us and wish them good luck in their new endeavors.

I would also, at this time like to wish all friends and members of GOARC a very happy and successful new year, and wish Gods blessings on you each and every one.

Sincerely,

Joseph L. Friend
President
GOARC



JOHN HOFFMAN

THANK YOU...EVERYBODY
WHO WORKED ON HONEY SUNDAY!

GOARC POVERTY AND MENTAL RETARDATION COMMITTEE LOWERS THE BOOM ON LEAD POISONING

Our highly active Poverty and Mental Retardation Committee has been working closely with the University of Nebraska Medical Center in a screening test for lead poisoning in North Omaha. The screening has been done on pre-school age children (0-5 years). This is the age group most likely to put articles containing lead in their mouths. The Committee has met with parents to inform them of all hazards that can be found around the home or in the neighborhood. Here's some examples:

Painted surfaces (e.g. crib, bed toys, window sills, doors,
walls, ceilings)
Any fallen paint chips which might have a lead base.

Here are some other sources for lead poisoning:

Matches, soil from the outside, dust on the inside and outside of dwellings, and electric battery casings.

Everyone should be on the lookout for items such as this that can be found in every home. Buy toys that do not have lead based paint on them.

If you suspect your child has been nibbling on paint chips and shows signs of stomach pains, vomiting, headaches, take him to your family doctor.

All of us in the GOARC membership have learned a lot about lead poisoning from our hard-working Poverty and Mental Retardation Committee.

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NEW PROGRAM FOR THE DISABLED

Supplemental Security Income is a new program which started January 1, 1974. The Social Security Administration will be offering monthly cash payments to disabled children whose families have a financial need and to disabled adults who themselves have a financial need.

This program replaces the Welfare, Aid to Disabled program. Any individual who received Aid to the Disabled in December will start receiving Supplemental Security Income in January and need not reapply.

Under this new program, both children and adults may qualify for benefits, but you must meet the standards for financial need and disability. Mental retardation is one of the conditions which they consider as a disability. If you think your son or daughter may be eligible for these benefits, go to the Social Security office at: New Federal Bldg.

215 North 17th Street
Room 1003
Omaha, Nebraska

If you have questions, call ENCOR or the Social Security Office.

GREATER OMAHA HAS SOME REMARKABLE HONEY SUNDAY WORKERS

One of them is named Tom Koneck. He's 17 years of age and has participated in Honey Sunday campaigns in South Omaha through four consecutive years (1970- 1973). Tom is handicapped by both profound deafness and profound loss of speech. (Tom goes to the door with jars of honey in his hand. He points to his Honey Sunday volunteer badge. He gestures \$1.00 with his hand.)

Tom, the son of Mr. and Mrs. Richard E. Koneck, is the first student with such a handicap in the Omaha Public Schools (junior at Omaha South High School.)

This young adult is quite a winner. Here's a few of his accomplishments:

- Member of the High School Chess Club
- Treasurer of the High School Art Club
- Junior Varsity Football, 1971 and 1972
- Student Manager Varsity Football, 1973 (couldn't play due to an injury. Was requested to be manager by the Varsity team)
- Special Achievement for Drafting Award, presented by the Omaha Builders Association.
- Certificate of Achievement in Drivers Education.
- Church and Service Award, Catholic Youth Organization.
- Omaha World-Herald Newsboy of the Month
- A countless number of awards as an active member of the South Omaha Gene Eppley Boy's Club.

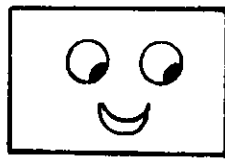


Jerry Humpal, former ENCOR Counselor and now Director of Individual Services with the South Omaha Gene Eppley Boys Club, states "This young adult is a fantastic member of the Boys Club. He has been a tremendous team member in all sorts of sports of which football and basketball have been major. He has won many state and national awards within the Boys Club. He even won an outstanding award for an address which was given (Tom used hand signals while his brother, Jeff, interpreted to the audience)."

Everyone is GOARC is proud to have Tom on our Honey Sunday team. Furthermore, his activity has done much to develop a warm relationship between GOARC and the South Omaha Gene Eppley Boys Club.

Editor's note: Due to the rush of the holidays your editor slipped up on the Family of the Month. It will return in the next issue.

THE ADVOCATE ADDITION



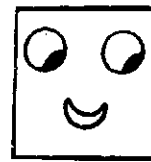
**CITIZEN
ADVOCATE**

+



**IMPAIRED
PERSON**

=



**TWO FIRST CLASS
CITIZENS**

ADVOCATE TO PRODUCE SLIDE PROGRAM

Many pictures of advocates and protégés have been taken over the past year. What was needed was someone to organize them into a slide presentation. Realizing the need, Nori Arkwright, an advocate to a child, rose to the occasion as script-writer, producer and editor. The much needed slide program about Omaha CA program participants will be used for recruitment and orientation of new advocates.

* * * * *

IN PURSUIT OF FUNDING

Chuck Shafer of Developmental Disabilities, Tom Miller of ENCOR and Earl Hurley met with the GOARC CA Advisory Committee recently to study funding possibilities. Present CA funding through a Regional HEW grant will continue through July 1974.

TURNING POINT (cont)

walked over and began looking through some of the dresses. We must have acted assured and natural, at least on the outside. Pretty soon one of the salesladies joined us. And after a minute, a couple of the other ladies who were not occupied, even came over to offer suggestions and to join in our good time."

Situations like this have occurred for practically all friends and family members of handicapped persons. But it shows what can be done to carry a moment ahead positively to create an attitude of acceptance.

* * * * *

"I am important and you are important. If I devalue you, I devalue myself."

(OK words from I'm OK -- You're OK)

THE TURNING POINT

A young wife and mother, who is a citizen advocate to a young woman now in training at an ENCOR Vocational Services Center, related this story at a recent CA orientation session:

"I was out dress shopping with Mary and we walked into a rather nice little shop. When we stepped thru the door, I felt that things stopped a bit. A couple of salespeople seemed to look at us an overly long time and didn't show any sign of welcome. I said to myself, 'Be confident, Mary. We'll show them.' I kept smiling and we

ADVOCATES CHECK PROGRESS AND SET GOALS

Like every relationship, the citizen advocate-protégé relationships have their ups and downs. To help advocates determine how well they are doing, a checklist was developed. This checklist reviews such things as the protégé's needs, representation of the protégé's best interests, acceptance of each other, use of available resources, and quality of the relationship.

As a follow-up to the self-evaluation, each advocate was contacted individually. At that time the advocates set up goals for themselves and their protégés for 1974.

GOARC GETS PRINTING HELP

We are grateful to the Leo A. Daly Company for making it possible for our GOARC GAZETTE to be printed through July. This is a tremendous help to us. So, we're grateful to Mr. Jack Daly, Frank Uryasc and Ted Phelps for their interest and investment in getting it printed.

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OPENING FOR APART- MENT ASSOCIATES

ENCOR's splendid apartment life program is looking for a few applicants who would be willing to live in apartments with mentally retarded citizens and serve as peer trainers. These persons are screened, trained and subsidized by ENCOR.

The apartment life program has a history of having excellent citizens in the community for such live-in situations. They're interested in finding mature, optimistic, young-thinking citizens. During the day, they may work as secretaries, office workers, salesmen or executives. If you're one of these people or you know of someone who would be interested in the apartment live-in program, contact Cindy Kandt at ENCOR (558-1115).

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COOK APPOINTED TO NATIONAL COMMITTEE

Good news has come that Billie Cook, our Coordinator of Poverty and Mental Retardation affairs, has been appointed as an active member of the NARC Membership Committee and Poverty Sub-Committee of the National Association for

COOK APPOINTED (con't)

Retarded Citizens. This means she'll be traveling to Dallas from time to time. We suspect Billie hopes most of the meetings will be held in the winter!

All of us are proud of Billie Cook.

- - - - -

MADONNA STUDENTS SPEAK FOR THEMSELVES

There were 9 students from Madonna School. They traveled to Lincoln along with Sister Mary Evangeline and served as a panel at the Council for Exceptional Children's (CEC) workshop, October 26, 1973, according to Joan Searcy, the Madonna School Coordinator.

"They talked about themselves, the world, drugs and helping other people. And the professionals were thrilled to share with Sister, a living success of the theory: "Retarded Children are more like normal children than they are retarded."

One of the responses from a professional at the workshop, was most touching. "These kids really know how to express themselves."

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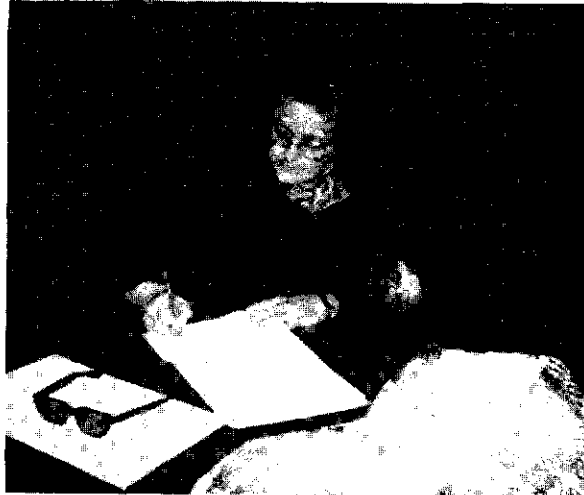
NEW BOOKLET ON THE MARKET

An extremely informative booklet on mental retardation has just been revised and made available to the public by NARC.

Entitled "Facts of Mental Retardation", the booklet was updated as part of a grant from the Civitan Clubs of North America. For a copy write to: NARC, P.O. Box 6109, Arlington, Texas 76011.

**CITIZEN ADVOCATE, SAUNDRA KOUREY,
TO BECOME "GUARDIAN OF THE PERSON"**

Pictured below is Sandra Kourey, signing a petition to become "Guardian of the Person" to eight-year-old David, who resides at the ENCOR Developmental Maximization Unit. With her is Notary Public, Rick Standifer, of the North Office of the Legal Aid Society.



This will be the GOARC CA Program's first formal or legal relationship. Sandra is an informal citizen advocate to a young woman who lives in an ENCOR residence. They plan to do things together with David, who has no interested relatives or friends. Sandra is also active on several GOARC committees.

A special thanks to Legal Aid Attorney, Dave Challed, and ENCOR Counselor, Larry Rocklin, for facilitating this guardianship which is designed to assure David's rights.

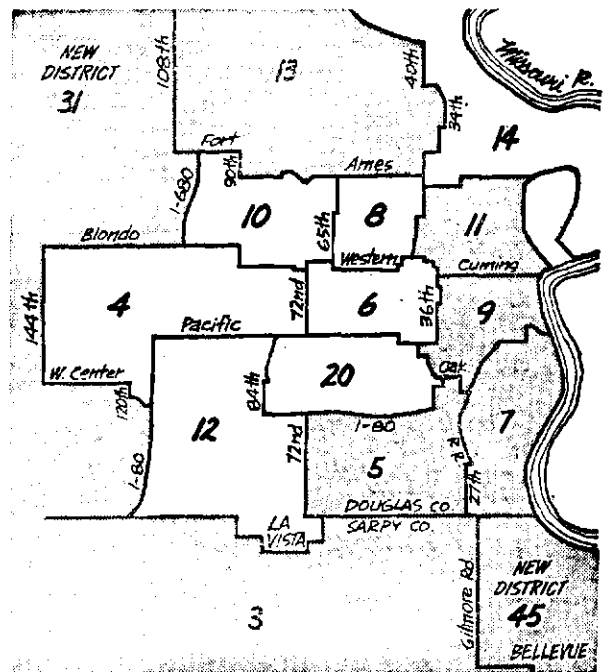
**GOARC IS PROUD TO HOST ONE
OF THE FIRST FORMALIZED
CITIZEN ADVOCACY RELATION-
SHIPS IN THE NATION!!**

DEAR READER....STOP

① READ THIS MAP →

② FIND THE LEGISLATIVE DISTRICT IN WHICH YOU LIVE.

③ FIND THE NAME OF THE SENATOR OF YOUR DISTRICT IN THE FOLLOWING LIST:



DISTRICT

3	Orval A. Keyes	240 N. 8th, Springfield	253-2363
4	Richard M. Fellman	12206 Leavenworth, Omaha	333-0674
		1166 Woodmen Tower, Omaha	344-7444
5	Eugene T. Mahoney	4956 S. 41st, Omaha	733-0590
6	Harold T. Moylan	3862 California, Omaha	556-8399
7	William R. Skarda, Jr.	1720 Monroe, Omaha	731-0791
8	David H. Stahmer	4913 Manderson, Omaha	451-6807
9	John J. Cavanaugh III	1919 S. 35th Ave., Omaha	345-7758
10	John S. Savage	7321 Miami, Omaha	391-4795
11	Ernest Chambers	3223 N. 27th Ave., Omaha	453-2434
		Barber Shop	451-9723
12	Richard F. Proud	2224 S. 110th, Omaha	393-2987
13	George Syas	5312 Fontenelle Blvd.	455-8199
14	Duke Snyder	2724 Iowa St., Omaha	455-9898
20	Glenn Goodrich	4408 Walnut, Omaha	551-8179
31	James A. Dickinson	Route #4, Millard 68137	332-3766
45	Frank Lewis	307 Anna Avenue, Bellevue	731-0132

GOT IT? NOW YOU'VE TAKEN THE FIRST STEP IN GOOD GOVERNMENT.
BE A FRIEND TO YOUR SENATOR...TALK TO HIM...GET TO KNOW HIM.
HE'S YOUR NEIGHBOR.

HE'LL WANT TO KNOW HOW YOU FEEL ABOUT:

L.B. 403's "The Right to Education For the Handicapped"
funding.

The new legislation on foster care.

The new guardianship legislation.

New legislation on community based services.

New legislation for per-pupil costs of handicapped students.

ADC increases. (80% of need rather than 60%)

H E L P !

WANTED -- Volunteers for GOARC Office...

We are trying to set up a regular schedule for volunteers in our office. You can help! Tasks you can help us with are:

Preparing mailings for the General Membership

Learn how to use several office machines

Typing if you like

If you have one day a week (or more), give us a call! Once we get a few volunteers we can work together and make a schedule.



CHANCE PARENTS AND STAFF THROW A CHRISTMAS PARTY FOR THEIR KIDS

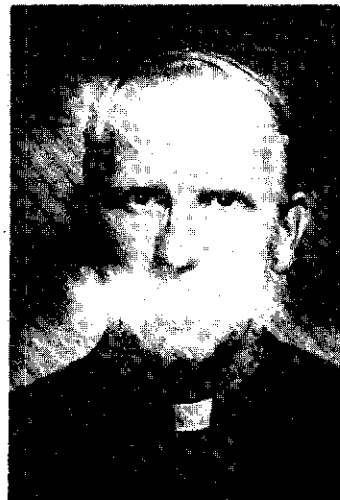
The enthusiasm and cooperation of CHANCE teachers and the parents of CHANCE children meshed together in providing an exciting Christmas Party during the last school day before Christmas, Friday, December 21, 1973. The CHANCE parents went to town, did some shopping, and brought back many good things. Dave Brown, the bus driver, played Santa. He passed out stockings filled with candy and toys. Gifts were also given to the CHANCE staff by parents.

On top of all of this, everybody gathered together for a turkey dinner.

There's something about the CHANCE unit. When parents and staff get together to do things like this, it turns out to be an exciting event!

PASTOR WRITES HYMN WITH RETARDED CITIZENS IN MIND

The Reverend John Rinde, Pastor of Holy Cross Lutheran Church, has written a hymn as a result of his personal observations in relationships with mentally retarded boys and girls in the neighborhood. The hymn was first sung by a choir of 32 junior high youth. The choir sang it at a special presentation at Beatrice State Home as well as in Lincoln and Nebraska City. Here's the words to the hymn:



WHO IS MY NEIGHBOR

Refrain:

Who is my neighbor
He is a person
Who is my neighbor
a person in need
Who is my neighbor
A friend so true
Who is my neighbor
Could it be you? It could be you.

Could it be Tommy - or could it be Larry
Could it be Jay - or a girl named Mary
Could it be someone - never known
to you or to me - Refrain

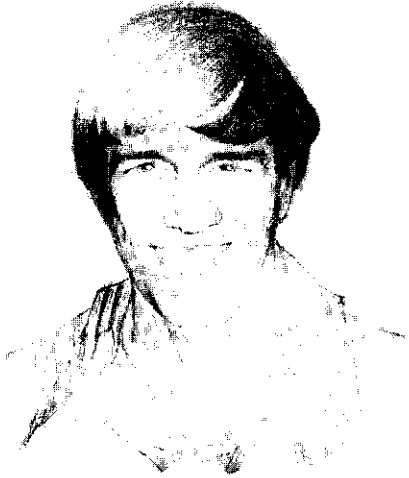
Could he be red - could he be yellow
Could he be black - or a little white fellow
Could it be someone - hurting inside
traveling down life's road - Refrain

Could he be a cripple - or a hurt stranger
Could he be blind - or in some kind of danger
Could it be someone - different than we
what difference would that be - Refrain

- - - - -

(Editor's note:) I'm very proud to have a pastor who has taken such an interest in "our" children. Jay and Tommy were so thrilled to hear their names in the song. Pastor Rinde is not only a fine minister but a great asset to Omaha.

ON THE GO WITH GOYARC



Hello again!

The youth group is getting up, looking at themselves, and seeing somethings that they could change. The problem with gas rationing is even doubling our problems. We have an experimental group of seven volunteers and seven retarded citizens meeting together and having activities. If this proves to be effective, we will discuss using this throughout Omaha. We will have to break up into areas with a main steering committee.

GOYARC has quite a few people that are ready to move. These people speak up and get things moving, though they sometimes don't tell me. As far as I'm concerned, more power to them.

Look for a lot of new things in the future, GOYARC is on the move.

Good luck to all.

Arlo Burk
President GOYARC

----- GOYARC CALENDAR

- | | |
|------------|--|
| January 12 | Sledding Party (children)
Chairperson: Jenny Lippold, 556-9199
Co-Chairperson: Connie Giddens, 558-5249
Advisors: Dick and Judy Lundquist |
| January 13 | General Membership Meeting
Sue Ellis, 572-7736 |
| January 19 | A movie (children)
Chairperson: Tom Jameison, 558-4538
Co-Chairperson: Cindy Hatch, 558-7912
Advisors: Dick and Judy Lundquist |
| January 20 | Beatrice Trip
Youth Coordinator: Connie Giddens 558-5249 |
| January 26 | "50's" Dance (teens)
Chairperson: Mark Moon, 291-5661
Co-Chairperson: Sue Ellis, 572-7736
Advisor: Dave Fisher, 291-7047 |

THE MAGIC NUMBER IS

556 - 5600

AND YOU GET THE

ENCOR CENTRAL INQUIRY TEAM



Dick Mann, Director

"Our number one 'upper' is the satisfaction gained from helping people."

Kathy Hodge, Inquiry Specialist

"...Used to be lots of phones for lots of purposes."



Sue Johnson, Inquiry Specialist

"...Don't ever want to lose people in the system, so we'll track the progress of all inquiries."



**NOW ONE PHONE CALL IS ALL IT TAKES
WHEN REQUESTING ANY ENCOR SERVICE.**

HELEN ZAUHA TO MINNESOTA UNIVERSITY



Helen Zauha, GOARC's Coordinator of Citizen Advocacy Programs has announced her resignation. Early in January, she plans to attend the University of Minnesota in order to do her doctoral work on a degree in Asian History.

Prior to her work at GOARC, Helen worked at Nebraska Psychiatric Institute as an assistant to Dr. Wolf Wolfensberger, Mental Retardation Research Scientist. Together they developed the beginning ideology for Citizen Advocacy Programs for the handicapped. The development started by Dr. Wolfensberger and Zauha has become internationally renowned and has now been replicated in various agencies throughout the United States and Canada.

Helen served GOARC for two and a half years as the initial developer of a local Citizen Advocacy Program which now has a total of 90 active citizen advocacy relationships. These relationships operate on a one-to-one basis whereby citizens develop regular helpful relationships with mentally retarded citizens who are attempting to live a full life in the community.

In addition to her duties as Coordinator of Citizen Advocacy, she was involved in a growing youth program, the Greater Omaha Youth Association for Retarded Children. She served on various task forces dealing with residential care of the handicapped.

She is the co-editor, with Wolfensberger, of the recent book: Citizen Advocacy and Protective Services for the Impaired and Handicapped which was published last September by the National Institute of Mental Retardation in Toronto. Miss Zauha is known for exuberant energy and output in her work. She has served as lecturer and consultant to many programs in mental retardation throughout the United States and Canada.

Helen has been actively involved with the Nebraska Association for Retarded Citizens' State Citizen Advocacy Project which fostered an innovative youth advocacy program to residents at Beatrice State Home as well as new citizen advocacy agencies throughout the state.

Her last day of service will be January 1, 1974. We are going to miss Helen!

AMERICAN BAR ASSOCIATION TO FIGHT FOR MENTALLY RETARDED CITIZENS

"The plight of the mentally disabled is among the saddest and most alarming prob-
facing our society," said Chesterfield Smith, National President of the American
Bar Association, in Dallas on November 15. Accordingly, he said the ABA has
begun an "action" program to correct the "widespread deprivation of civil rights
to those in institutions".

The ABA has set into movement the following catalytic "action-oriented" activities:

1. Organized groups of lawyer volunteers assisting persons recently dis-
charged from hospitals.
2. The drafting of minimum standards for treatment.
3. Publication of a manual to assist lawyers in representing the mentally
disabled.
4. Creation of a national clearing house for information on the mentally
disabled.
5. Development of a commitment diversion program.
6. Study their "unique" problems in nursing homes.
7. Investigation of the rights of retarded children to have specialized
public supported education as mandated by recent court decisions.
8. The setting up of a wide array of legal services aimed to help mentally
disabled citizens.

A great philosopher once stated, "There is no idea so powerful as an idea when
it's time has come!" One has the right to believe that the good day for men-
tally retarded citizens has come when the American Bar Association thoughtfully
and purposefully joins the cause!!

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LOTS OF FOLKS OUT THERE MUST LIKE GOARC

Here's an interesting item. This year's Midlands United Appeal Campaign is over.
And, GOARC has been notified that of all of the agencies involved in the United
Community Services Drive, GOARC received the largest amount of "designation
slips." Contributors to the UCS drive have the right to fill out a designation
slip in which they specify that their gifts are to be allocated to a certain
agency. It's touching and heartwarming to know that GOARC received the greatest
amount of such designations. How about that?

- - - - -

REMINDER! REMINDER!

Take your recyclables to the Keep Omaha
Beautiful stations and credit it to GOARC's
account...#0309.

LETTERS TO GOARC

(This column is also for your opinions and comments. We welcome, also, your criticisms and any ideas you may have for the GAZETTE.)

Dear Jan,

In reflecting back over my two years with the GOARC Staff, one of the many highlights has been working with you. You have done a beautiful job of bringing the GAZETTE up to a powerful source of informational articles for parents, professionals and interested citizens.

Although I am leaving the professional side of the MR movement, I'm sure I'll be putting on my volunteer "hat" and continue to work with GOARC and its many thrusts in the future.

Keep up the good work and thanks again for your tireless efforts on editing the GOARC GAZETTE.

Sincerely,

Earl Hurley
Administrative Director
GOARC

- - - - -

Dear Bob,

Thank you so much for your assistance in making the celebration of the Inquiry Team a huge success. It is always such a pleasure to work with you and your people within GOARC. In my opinion it is essential that our organizations work together in every endeavor that we can. I am looking forward to working with parents in regard to the monitoring of the Inquiry Team. Again thanks, Bob, for making the opening of the Inquiry Team so well received.

Sincerely,

Dick Mann
ENCOR

* * * *

Dear Editor:

Do you know what a pilot parent means to me? First of all they were a God-send to us. Our prayers were truly answered when after 15 years our retarded child has gone to school for the first time. He too feels more like a human being and really loves school. Kenny will never be the President of the United States. But he will be able to learn how to do little things, which mean a lot. Nowadays the people are most fortunate to get help from our beautiful helpful, and unselfish pilot parents. Our pilot parent is Joan Garro and she is just that. God bless them and all who are involved with the retarded.

Sincerely,

Mrs. A. Syslo
4419 South 42nd Street

CALENDAR

JANUARY

- 7 Human & Legal Rights Committee on Nursing Homes meeting, 11:45 A.M. at the GOARC office, 140 South 40 Street.
- 7 Pilot Parent Committee meeting, 7:30 P.M. at JoAnn Volcheck's, 9515 Spencer, 571-7448.
- 8 Human & Legal Rights Committee on Special Education, 7:30 P.M., GOARC office, 140 South 40 Street.
- 9 CHANCE Parent meeting, 7:30 P.M., at CHANCE.
- 9 Human & Legal Rights Committee on Developmental Centers, 7:30 P.M., place to be announced.
- 10 Children's Memorial Hospital Parent meeting at Hospital auditorium, 7:30 P.M.
- 15 GOARC Board of Directors meeting, 7:30 P.M., GOARC office, 140 South 40 Street.
- 16 Human & Legal Rights Committee on Public Attitudinal Change, 7:30 P.M., at Rosemary Wais', 5718 A Street.
- 16 Madonna School Parent meeting, 7:30 P.M., at Madonna School.
- 17 Human & Legal Rights Committee on Vocational Services, 7:00 P.M., at Darrell Scholer's, 3134 North 78 Street.
- 21 Pilot Parents Awards Dinner, 7:30 P.M., at Mr. C's, 5319 North 30 Street.
- 21 Human & Legal Rights Committee on Nursing Homes, 11:45 A.M., at GOARC office, 140 South 40 Street.
- 21 CHAP Parent meeting, 7:00 P.M., at CHAP.
- 23 Benson Developmental Center Parent meeting, 7:30 P.M., at the Center.
- 29 West Developmental Center Parent meeting. Place and time to be announced. (Date subject to change.)

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Omaha, Nebraska 68131

the GOARC

140 South 40th Street
Omaha Nebr. 68131

FEBRUARY, 1974 ISSUE

EDITOR: JAN NOVICKI

GAZETTE



"I AM," I SAID
TO NO ONE THERE
AND NO ONE
HEARD AT ALL
NOT EVEN THE CHAIR.

"I AM," I CRIED
"I AM," SAID I
AND I AM LOST
AND I CAN'T EVEN SAY WHY
LEAVIN' ME LONELY STILL.

SPECIAL!!
SEE PRESIDENT'S
LETTER - PAGE

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



Sunday, January 20, 1974

Today is Teri's birthday. She's eighteen years of age. She has been attending Oakdale School in District 66. But, because she has received the label, "mentally retarded" and because she is enrolled in a special education class, the law states that Teri is no longer eligible to attend public school. (On the other hand, the administration of District 66 has heart and there's no doubt in my mind that Teri will be continued to the end of the school year.)

After talking to Teri's mom, this Sunday morning, I'm aware of the nagging apprehensions that cloud this otherwise happy cause for celebration. The mother spoke at length about Mrs. Margaret Bacon, Teri's teacher:

"This woman is beautiful. I've never seen Teri so happy about going to school. And, I'm amazed at how much Teri has learned this last year. It's like she's just beginning to learn things that really matter. Now, I'm afraid because all this will stop."

She also spoke about the remarkable growth of special education services in District 66 under the leadership of Ruby Huebner and the Superintendent's administration. All this makes one feel that Teri was born a few years too soon.

The joyful-painful atmosphere surrounding Teri's birthday is not unique. It is typical of many eighteen-year-olds who happen to have this additional label tacked onto their human existence. Without the label "mental retardation", Teri could continue in school until she was 21. The pain is further compounded by a large number of studies which point out that some of the most productive learning for practical living in retarded citizens takes place between 16 and 23 years of age. In short, one of the most fruitful periods of learning is cut short by a Nebraska State Law.

And so I'm writing this note Sunday morning, not on Teri's birthday, expecting that some sort of violent immediate action be taken. God knows, we've been progressing beautifully in "right to education" programs for handicapped persons. I'm only hoping we can ponder Teri's human situation...and the human situation of many other handicapped persons like her. And, when the timing is right, all of us can pull together to make such eighteenth birthdays another happy milestone in public school education for them...Not the end.

Bob Perske

OUR PRESIDENT SPEAKS

Dear Parents and Friends:

How do you adequately say thank you to a man who hands you a check for ten thousand dollars - no strings attached - for use by GOARC in its general budget? It has never happened to me before so it feels inadequate to just say "thanks."

It helps me to know that this man is not looking for thanks. I know him well enough to know that this is the case. He is not looking for accolades. He is helping us because he feels what we are doing is an unselfish service to the community. This is all he expects, no thanks you's, just keep pitchin'!



I know him well enough to know he will be slightly miffed at me for identifying him to you, my fellow GOARC members. However, I feel that I must let you know who our friend is.

Mr. Gilbert C. Swanson, Jr., of Swanson Enterprises. The money was granted to us by "The Swanson Foundation." This man has indicated to me that he likes what we are doing. In thanking him as best we can, we can start by saying Thank You, "Gib." We are all grateful for what you have done, and guarantee him, he will never be sorry for investing in our cause.

Sincerely,

Joseph L Friend
President
GOARC

**HERE'S THE LAST CALL
TO NOMINATE GOARC'S
OFFICERS FOR 1974-1975!**

DO YOU HAVE SOMEONE IN MIND?
DO THE NOBLE THING....
CALL ONE OF THE FOLLOWING MEMBERS
OF THE NOMINATING COMMITTEE:

Glenn and Phyllis Chandler
Deb McCollister
Jay Salyers
Joe and Jenny Friend
Arlene Lee
Anne Benson
Gigi Schorr



CHILD ABUSE LAW IN EFFECT

Perhaps not enough has been said about the child abuse law, LB 207,
passed by the 1973 Legislature.

IF YOU HAVE ANY KNOWLEDGE OR REASON TO BELIEVE A CHILD OR
INCOMPETENT OR DISABLED PERSON IS ---

Placed in a situation endangering his life or health

or

Cruelly confined, cruelly punished, tortured

or

Deprived of necessary food, clothing, shelter, or care

or

Left unattended in a motor vehicle if 6 years of age
or younger,

REPORT THE SITUATION TO YOUR LOCAL LAW ENFORCEMENT AGENCY.

Any person making a report shall be immune from any liability, civil
or criminal, that might be otherwise imposed, except for maliciously
false statements.

FAMILY OF THE MONTH

Mr. and Mrs. Tom Wais
5718 A
Omaha, Nebraska

The Wais family has lived at their present home for the past 9 years. Previous to that they lived in Milwaukee, Wisconsin while Tom finished his civil engineering studies at Marquette University. They didn't just go to school there however, Theresa, age 12, was born just six weeks before they left the city for new adventures. As Tom had been in the ROTC program, their next move was to El Paso, Texas and the Ft. Bliss Army Unit. They spent the next 2 years there where Tom was in a Hawk Missile Unit. It was also during this two year Army tour that their Down's Syndrome son, Michael was born. They have a true "Son of Texas" and a certificate to prove it.



Michael is now eleven years old and has been attending Special Education classes in the Omaha Public Schools for the past 4 1/2 years. The first 3 years were spent at Fontenelle and the last 1 1/2 years he has been at Rosewater. During this time he has learned to read and write well over fifty words, and prints very well. His talents and skills are unlimited, because he's just stubborn enough to want to do everything for himself.



The Wais family also includes three other children, Donna, age 9; Mark, age 8, and Linda, age 6. Theresa, Donna and Mark attend St. Thomas More School and Linda is in Kindergarten at Beals School. Since all of the children are in school now, Rosemary has nothing to do between driving Michael to and from school and picking up Linda at Beals, so she devotes her "spare" time during the day to office work at St. Thomas and chairmanship of the Attitudinal Change Committee with Joan Garro. As the Committee has been together for a year, she feels some success at keeping things together: this doesn't include herself.

She and Tom are also members of a Special Interest Group of Parents with retarded children. Rosemary is also on the Board of Directors of GOARC, a member of the Program Planning Committee for GOARC, and President of the Trainable Mentally Handicapped PTA.

Tom and Rosemary are both involved in their church. They have taught High School Religious Education for six years. Tom is on the Education Committee after serving three years on the Parish Council. Rosemary was just elected to the Council and is serving a two year term as secretary.

Tom is employed as Manager-Engineer for George E. Ehrhart, the Douglas County Surveyor. He has worked most of his professional life in municipal or county service and enjoys his work and contact with the citizens of Nebraska.

(continued on next page)

FAMILY OF THE MONTH (CONT.)

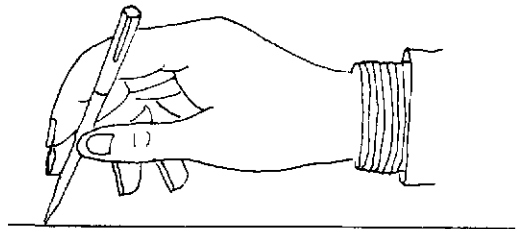
Summertime is a time for picnicking for the entire family. Almost every Sunday includes a trip to one of the State Parks throughout Nebraska and Iowa. Michael's favorite park is Waubonsie. They have several hiking trails and Michael kept the whole family on their feet. Michael's endurance is nothing to be frowned on, maybe that's why he won a medal in the State Olympics.

Rosemary and Tom feel the line between "normal" and "retarded" is like the equator-- it's a very fine line, and you really can't see it, especially if you're blinded by love. Maybe that's why Michael is so well adjusted, he's so well loved, all the corners have rounded off.

- - - - -

LEGISLATIVE NOTES

OUR MAN AT THE LEGISLATURE, JOHN FOLEY, SAYS: "STUDY THESE BILLS":



L.B. 92- Transportation Bill (Sen. Duke Snyder)

The present situation for transportation of the handicapped student is one which allows a maximum of \$400 per year if the student is transported more than 4 miles from home.

L.B. 92 removes the upper limit and removes the 4 mile provision. Write or call your Senator supporting this bill.

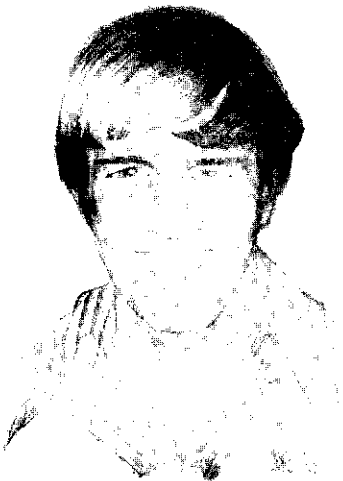
L.B. 698 - Foster Care (Sen. Steve Fowler)

Presently a mentally handicapped child who is a ward of the State cannot receive Foster Care because of a provision which states that such a child must be "of normal and sound mind." L.B. 698 would eliminate this provision and allow mentally handicapped children to receive foster care. A Public Hearing has been held on this bill and amendments are being prepared by the Health and Welfare Committee.

L.B. 513 - Health Department Licensing Bill

Residential facilities for the retarded are not covered under the provisions of the Health Department licensing. They come under the regulations of the Fire Marshall and the Office of Mental Retardation. These facilities need to be reviewed from the standpoint of health and sanitation. Write to your Senator urging positive action.

ON THE GO WITH GOYARC



Howdy! This last month was the first of the year. It was not a great month, though it wasn't a bad month either. We had a few activities, in fact, more than we have been having lately.

Joan Garro and Rosemary Wais spoke on the Public Attitudinal Change Committee. I would like to thank them again for coming. They led an excellent discussion.

Well, this is the last month for our "small group" and they are doing great. There are 7 volunteers and 7 mentally retarded planning and going through with their own activities! They've had a few problems, like everybody has, getting something going. But they are all very strong workers doing a really great job. After this month we will evaluate what they have done and possibly start having more small groups. This is one of our answers to the gas shortage, by splitting up into sections or by the

legislative districts. And, we will not have as far to drive to the activities. If any of you have any new ideas for activities, or would like to be chairman of one, contact me, 333-5813, and let me know.

Don't forget to send in your dues (\$3.50) as soon as possible if you would like to remain as a member to work with the retarded, for no other reason than to help them. Dues will be paid this year from January '74 to January '75.

That's all for now.

Arlo Burk, President
GOYARC

GOYARC CALENDAR

FEBRUARY

- 3 Skating Party
Chairperson: Terri Hammon, 571-8595
Co-Chairperson: Jim Healy, 556-7745
Advisors: Dick and Judy Lundquist, 393-3579
- 8 Valentine's Dance
Chairperson: Christie Giddens, 558-5249
Co-Chairperson: Terri Hammon, 571-8595
Advisor: Dave Fisher, 291-7047
- 10 General Membership Meeting
Chairperson: Sue Ellis, 572-7736
Advisor: Pat Henry, 397-3315
- 16 Bingo
Chairperson: Elisa Chapman, 391-2651
Co-Chairperson: Jenny Lippold, 556-9199
Advisor: Bill and Judy Petersen, 493-1079
- 24 Youth Advocates Visit BSH
Youth Coordinator: Connie Giddens, 558-5249

PILOT PARENT TO SERVE AS CONSULTANT TO CANADA

Fran Porter will represent Pilot Parents in Toronto, Canada as a speaker and resource person at an important national conference held by the Canadian Association for the Mentally Retarded. It will be at the National Institute on Mental Retardation (NIMR) on the York University campus.

The conference will be held February 1-3. The theme of the conference will be "Principles of Planning for Dynamic Consumer Organizations." Fran will discuss how the GOARC Pilot Parents got started and how to start one.

We are very proud of Fran!

PILOT PARENT AWARDS BANQUET

Nasr's was the scene of the Pilot Parents Awards Banquet held January 21. Gifts of appreciation were given to Shirley Dean and Fran Porter for all their work in the past. They also honored the Pilot Parents who are leaving and welcomed the new ones. Leaving are: Schorrs, Novickis, Mary Lou Cunningham, Kripals, Garros, Sara Andrade, O'Neills, Gileses, and Armstrongs. New Pilot Parents are Mr. and Mrs. Chris Christiansen, Mrs. Margaret Sobczyk, Mr. and Mrs. Pat Jung, Mr. and Mrs. Don Grimm. In the last training class there were also four participants from Council Bluffs.

Sherry Bauer and son, Dan, represented Pilot Parents on the Sharon Stanway Show (WOW-TV) December 18. Other members of GOARC have been seen on television recently.

ANOTHER CHURCH OFFERS CLASSES FOR THE RETARDED

Messiah Lutheran Church (80th and Lakeview) in Ralston is offering a Church School experience for moderately and profoundly retarded children. So far, the class has 8 students with a staff of 4. The church draws from LaVista, Papillion, Ralston and Omaha. Dr. Leonard Cloninger, Assistant Professor of Special Education at the University of Nebraska at Omaha is the leader.

THE NORTHEAST VOCATIONAL CENTER HAS
LOTS OF SAWDUST!! THEY'RE LOOKING
FOR A MARKET.

CALL GUS SCHOFFNER, 342-2922

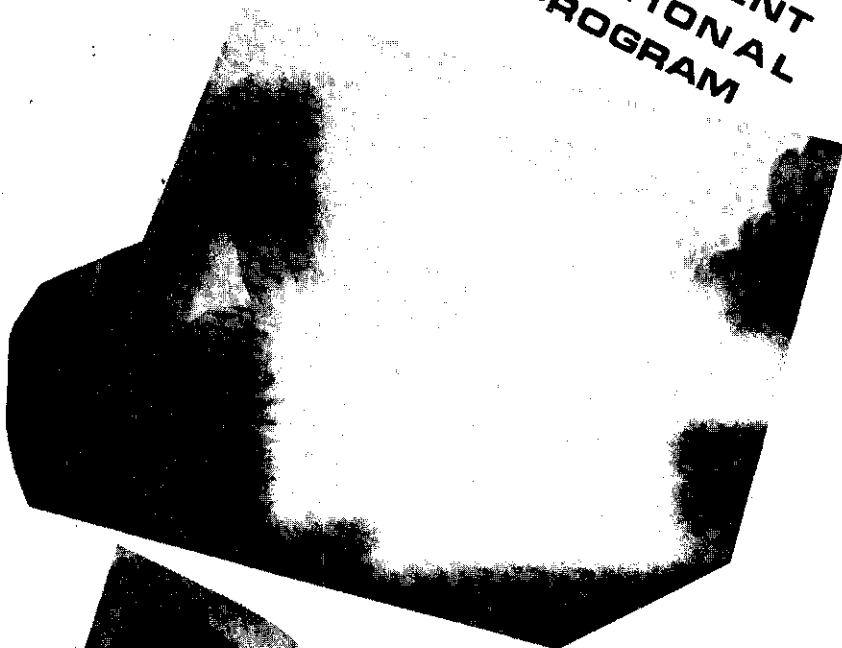
**HAPPINESS
IS**



Casandra Pace

**ENCOR'S
NEW**

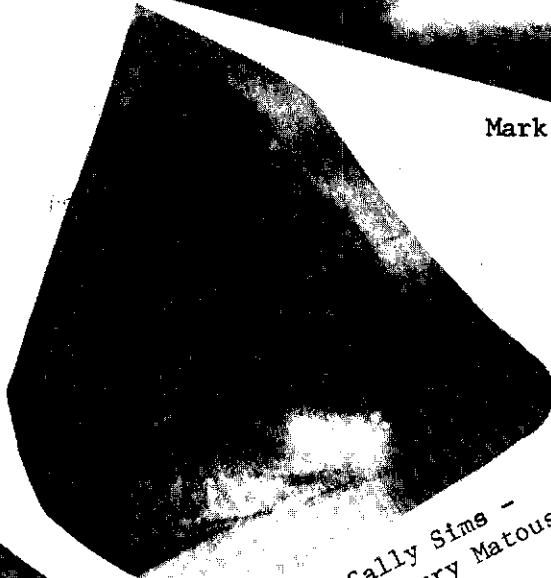
**ADOLESCENT
EDUCATIONAL
PROGRAM**



Mark Robertson



Sally Sims - Paul Orchard



Sally Sims -
Jerry Matousek

**IT MEANS
BECOMING AN
ADULT !**



Wally Fague - David Swancutt

THE ADVOCATE ADDITION



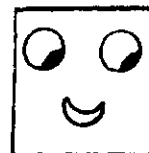
**CITIZEN
ADVOCATE**

+



**IMPAIRED
PERSON**

=



**TWO FIRST CLASS
CITIZENS**

Legal Advocacy

Recently Sandra Kourey became a legal guardian for a multi-handicapped boy. A young couple is considering becoming adoptive parents to a handicapped infant. Many persons in the Omaha area who are mentally retarded need to have legal guardians, conservators or adoptive parents.

GOARC's Citizen Advocate Program will be working to formalize relationships of this type. But qualified, concerned citizens are needed to become guardians and parents. If you know of anyone interested in this part of Advocacy, call GOARC.

Bob Needs Someone

Bob has had an advocate for two years. Recently his advocate was transferred to another state. The advocate helped Bob in a weight control program. His incentive to loose weight was based on his desire to get a driver's license. For every 5 lbs. he lost, he got a driving lesson from his advocate.

Now that Bob's advocate is gone, Bob feels rather lost, in need of someone to talk to, who understands. He is 24 and works independently. If you are a young man interested in being Bob's friend, call LouAnn at GOARC.

Short-term Advocacy

Sometimes there is a need for a Citizen Advocate on a short-term and/or crisis assignment. This past fall, a nurse was an advocate for a young girl while the regular advocate was away at school. Recently a young man accepted an additional assignment in a crisis situation, involving a policy matter in an ENCOR program.

Advocacy can take many forms other than expressive-friend relationships. Advocates work in many capacities. There is something for everyone!

I am a person.

*You are a person.
Without you I am
not a person, for
only through you
is language made
possible and only
through language is
thought made
possible, and only
through thought is
humanness made possible.*

*You have made
me important.*

Eric Berne

THIS YEAR, GOARC'S MEMBERSHIP IS GONNA GET ANIMATED!

LOOK AT THESE GOALS:

1. Develop a broadbased membership of 1200!
2. Develop 2 types of membership:
 - a. Supportive
 - b. Active
3. Develop warm, cohesive districts under district leadership teams.

IF YOU AIN'T BEEN ANIMATED YET...FILL
OUT THE FOLLOWING BLANK....



① FILL OUT THIS SIMPLE BLANK

Name _____

Address _____ Zip _____

Home Phone _____ Business Phone _____

Parent of a retarded person _____
Professional in the field _____

Interested citizen _____

Interested youth _____

② TELL US WHICH YOU'D RATHER BE (CHECK ONE...IT'S \$7.00 FOR ADULTS OR \$3.50 FOR YOUTH EITHER WAY.)

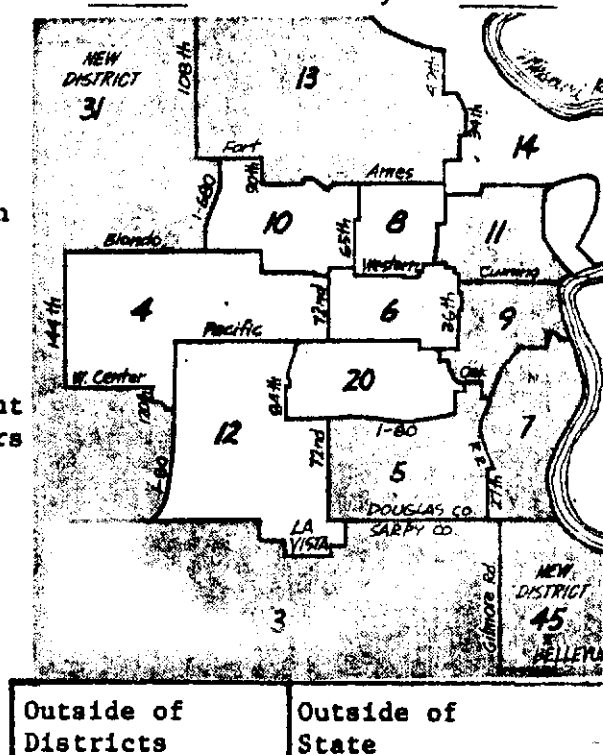
- () AN ACTIVE MEMBER
One who would like to be actively involved in volunteer projects, services or committees.
- () A SUPPORTIVE MEMBER
One who wants to root for the cause without being actively involved. (The GOARC GAZETTE Mental Retardation News and FOCUS will be sent to adult members just the same. Youth members will receive the GAZETTE.)

③ LOOK AT THE LEGISLATIVE DISTRICT MAP. →

Put an "X" in the area where you live.

④ DO YOU KNOW OF OTHERS WHO MIGHT BE INTERESTED IN JOINING GOARC OR GOYARC?

Please list their names, addresses
and phone numbers here:



PLEASE MAIL TO:
GOARC
140 South 40th Street
Omaha, Nebraska 68131

LENSINK NEW COUNTY DIRECTOR OF HUMAN SERVICES



Brian Lensink has assumed the responsibility for directing the new Douglas County Office of Human Services. Brian describes this new effort to eliminate any duplication in the delivery of human services as a "total look at the needs of consumers. Presently, people too often get shuffled between one office and another - offices who are required to consider one aspect of the citizen's needs rather than looking at all the ways in which that citizen and his family can most conveniently be assisted." Many GOARC parents who have had to seek assistance from more agencies than ENCOR know what this means.

The services in Douglas County, which will be coordinated under Brian's direction, include mental retardation services, mental health services, correction services and programs for the aged. Douglas County Social Services is indirectly involved in this new relationship insofar as that agency is also

directly responsible to the County Board. Although this coordinated human service effort is beginning in Douglas County, there will be a move to regionalize, to include other counties in the service delivery system as ENCOR has done. In fact, Brian says that "ENCOR will be the model for service delivery. The other human service efforts will parallel ENCOR's administrative divisions of services: Educational and Vocational Services, Residential Services, Family Resource Services, and Administrative Services."

"One of the first moves of the new office will be to centrally coordinate those functions which are common to each of the human service agencies in Douglas County. For instance, purchasing services, accounting services, property renovation, and other administrative duties can more efficiently be coordinated at a central point. In the future, then, we may see the services (whether for mental retardation, mental health or corrections programs) centralized." Brian emphasizes that "this does not mean that we'll be placing mentally retarded kids in the same home in which teenagers in a corrections program are living. It simply means that the administrative functions of acquiring property, renovating that house, hiring staff, and training staff will be coordinated by one person. In this way we can eliminate the duplication of certain administrative functions. But perhaps more importantly, we can broaden our thinking to consider all of a citizen's needs. We won't get away with saying to a client or his family 'you'll have to go elsewhere, this is out of my line.' The responsibility for meeting that client's needs will fall within the Office of Human Services."

In the future, a citizen will be able to enter a neighborhood resource office of the

(continued on next page)

LENSINK NEW DIRECTOR (CONT.)

Office of Human Services (or call a counselor to visit his home) and apply for any human service. If that citizen or his family is in need of vocational training for a mentally retarded family member as well as in need of Social Service assistance, he can go through one application procedure. Once a person has entered the system, coordination of service delivery to his family won't be fragmented because of one agency's lack of knowledge of another's activities.

Brian describes one of the crucial moves for the new office as the establishment of inroads for consumer input. "GOARC was responsible for the establishment of ENCOR services and continues to affect our service delivery. Other consumer groups must become just as active as GOARC and must have the opportunity to be heard. I'm hoping that GOARC can provide some leadership in this respect."

GOARC "SPINS OFF" ANOTHER SERVICE

This time it's the Toy Library. On January 1, 1974, the Developmental Toy Library became part of ENCOR's comprehensive community services.

The Toy Library was an innovative idea conceived by volunteers on the Poverty and Mental Retardation Committee. They worked for their own grant. They set up their section of the building. They made the Toy Library functional.

Parents may continue to check out toys which will assist their children in learning new skills in order to stimulate movement, to encourage feeling and grasping as well as group interaction and participation.

Here's hoping GOARC develops many fresh services of this nature and spins them off. Somehow volunteers have a creative knack of getting things started fast.

TRUE CONFESSIONS OF A PILOT PARENT

"My first experience as a Pilot Parent started by a phone call. I called my new piloted mother at 9:00 at night and talked until after midnight. The next day I took our Down's son to her house for a visit. From then a good friendship formed. Even though they lost their child after 18 months, we have continued our friendship and are still in contact (GOARC meeting, etc.)."

DREDGE BECOMES ASSOCIATE DIRECTOR OF GOARC

Dr. Earl Dredge has been appointed as the Associate Executive Director of the Greater Omaha Association for Retarded Citizens. Dr. Dredge has recently graduated from the University of Nebraska with his doctorate in Educational Psychology. He worked as an assistant to Dr. Donald Clifton and brings a rich experience gained while working with the well-known Selection Research Inc. His background has been in the areas of educational research and evaluation, industrial analysis, and client selection interviews. Dr. Dredge has also been involved in human relations activities with the Nebraska Human Resources Research Foundation. His wife, Georgette, is a speech therapist, currently employed at Educational Service Unit #3. Dr. Dredge is a native of Nebraska, spending his early years in Randolph and Osmond, Nebraska. The decision to hire Earl, comes after two weeks of interviewing and planning. It is expected that this man will become an involved member of a creative GOARC Staff Team. His excellent executive leadership capabilities will undoubtedly strengthen and enhance GOARC's cause and mission to mentally retarded citizens and their parents.



SYMPOSIUM HELD BY DISTRICT 66

A symposium, "Career Education", was held for parents and teachers of special education students on January 18 by District 66 at the Westside High School Auditorium.

Dr. Ray Morley, of Iowa, noted that the training of educators lacks one of the primary ingredients for a successful teacher...how to talk with parents. He presented a format for developing communication between parents and teachers. He challenged the parents to know their child's school and teacher and gave 22 sample behaviors as a common bond on which educators and parents could establish a working relationship. He stressed the need for more open and honest discussion done with love. Others on the program were Mr. Norm Cooksley, Mr. Jim Dole, and Mrs. Evelyn Lavaty.

THE WHITE HOUSE

WASHINGTON

Your interest in sharing your views with President Nixon is greatly appreciated, and you may be certain that your comments will be given careful consideration. The President has asked me to convey his thanks and best wishes to you.



ROLAND L. ELLIOTT
DEPUTY SPECIAL ASSISTANT
TO THE PRESIDENT

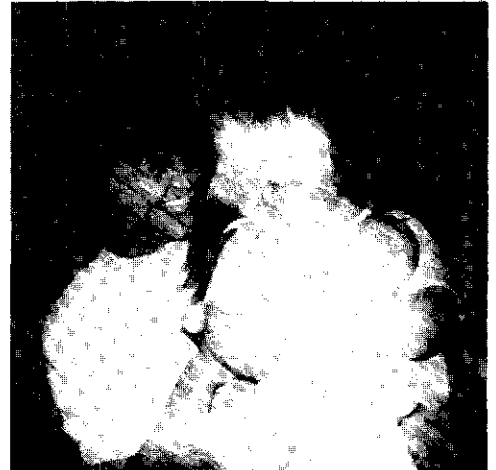
REWARDS OF BEING FOSTER PARENTS

ENCOR is proud to announce that two of its developmental home families have assumed guardianship of their foster children.

Lewis and Paula Hyland, 5031 Charles, have been legal guardians for seven year old Kim for about six months. Of that happy day, Paula said, "The kids were so excited because they felt like she was ours now. She really had changed all of our lives so much."

Eight year old Darron and his parents, Rose and Erland Andersen, donned their Danish costumes at Christmas time for the benefit of the photographer.

When the guardianship papers arrived on December 27, Rose remarked excitedly, "We've been wanting this for quite awhile so we're very happy."



Paula and Kim



Andersens and Darron


The Andersens have been a home for Darron for almost two years and have been instrumental in all of his progress, including the very first steps he took on his own.

Congratulations to both of these families!

GET READY FOR THE BIG NIGHT!

LAST CALL! THE AWARDS COMMITTEE NEEDS YOUR NOMINATION NOW!

Awards Night will be May 2, 1974 at the GOARC General Membership Meeting. The Awards Committee has been working hard for this highest event of the year. You can help by making nominations for the following award categories:

- 
1. Organization of the Year

 2. Employer of the Year

 3. Outstanding Progress (Person in Community Programs)
 - a. Adult (over 16) _____
 - b. Youth (under 16) _____
 4. Employee of the Year (working directly with retarded)

 5. Distinguished Service

 6. Outstanding Volunteer

 7. Parents of the Year

 8. Advocate of the Year

 9. Outstanding Youth Member

Please include any remarks which would be helpful to the committee.

Send (or phone) your nominations to:

Glenn and Phyllis Chandler (Co-Chairpersons)
11612 Queens Drive

Omaha, Nebraska 68164

Phone: 572-0905 or 558-7746 (Phyllis' office)

NOW: INTEGRATED PRE-SCHOOL

Integration is what it's all about. Through ENCOR's new Coordinated Early Education Program, developmentally delayed pre-school age kids are placed in early education programs around town. An ENCOR resource consulting teacher assists the pre-school program's regular teachers in working with the delayed children in any learning areas where these students' needs exceed what's regularly offered in the pre-school program.



"Kids learn from other kids", says Phyllis Chandler coordinator of CEEP. "We've seen fantastic growth in language development and many parents report that their children act much more independently after attending one of the early education programs."

Mrs. Martin, mother of Matthew Martin, contributes during a team meeting. Every six weeks the parent, the ENCOR resource consulting teacher, the pre-school teacher and other supportive staff evaluate progress and make plans for upcoming projects. "The parent is an essential participant in the team effort, not simply a recipient of service," reports Mrs. Chandler.



"The delayed children have been accepted beautifully. The other students know that our kids are different but that doesn't bias them." Things just keep rolling while the children all benefit. Promising new direction for the future is the most exciting part of this program.

PARENT GROUPS - TAKE HEED !!

The following is excerpted from HOW TO ORGANIZE AN EFFECTIVE PARENT GROUP & MOVE BUREAUCRACIES, by Charlette Des Jardines.

There are public servants who are sincerely devoted to handicapped children, who are making a major effort on their behalf—and who find themselves continuously frustrated by the bureaucracy employing them.

But there are many more who simply fall in with the bureaucracy's slow motion ways, its rigid adherence to the status quo, its resistance to new ideas and new ways of doing things. How many children get hurt in the process doesn't seem to concern them. These are the bureaucrats we are speaking of in this chapter.

To move bureaucracies you must constantly bear in mind that bureaucrats are public servants: that they are paid by you to provide services to you and your child; that you are the master, they are the servants—not the other way around.

Parents who keep this in mind—and act accordingly—usually get action.

Parents who let themselves be intimidated and assume the role of servant to the bureaucrat's role of master usually wind up being treated like a servant. They often end up feeling guilty for having "bothered" the bureaucrat with their problems, for having taken up his valuable time, for having caused him work, etc. . . .

You must remember that this is exactly what the bureaucrat is being paid for—and that you are paying his salary.

To Move A Bureaucracy

1. You must stop feeling guilty and insignificant.
2. You must stop apologizing for asking a bureaucrat to do a job you are paying him to do through your taxes.
3. You must stop begging for what you are entitled to by law.
4. You must not be patient. No matter how often you are told to, "Please be patient, we are doing everything we can," remember that patience has never moved a bureaucracy. Only impatience has ever made a bureaucracy move.
5. You must not accept those old excuses: "There isn't any money;" "We need more time;" "We've made a lot of progress;" etc. . . .
 - a. There is never going to be any money unless you demand it.
 - b. Be miserly with the time you give a bureaucracy to get a job done. It is a natural law of bureaucracies that the more time you give them, the more time they will take--and often still not get the job done.
 - c. If there is still a single handicapped child left unserved, the "progress" is not good enough.
6. You must stop whispering while everyone else is shouting. You can win battles, no matter how small your parent group, if you make enough noise.
7. You must not be afraid to offend bureaucracies. Do not be afraid to complain: To their superiors, your legislators, the mayor, your alderman, the governor, the newspapers, radio, television, and other press media.

Do not be afraid to expose incompetence, inefficiency, dishonesty, stealing, bribery, or any other wrong-doing, no matter how powerful the guilty one.

Your child's welfare should be your primary motivating force, not the welfare of bureaucrats.

8. You must get rid of the attitude that "You can't fight City Hall," "Nothing can be done," etc. . . . You must believe there is a good chance your problem will be resolved if you are persistent enough to see the problem through.
9. You must use mass action. Remember that politicians are dependent on your vote and those of other parents, that all government officials are dependent on public support. This is why organized groups who make noise are so effective.

From NARC's New Manual: THE RIGHT TO CHOOSE: Achieving Residential Alternatives in the Community

KUGEL RECEIVES AAMD AWARD



Riley Nelson, Geraldine Nesvan, Dr. Bob Kugel

Dr. Robert Kugel, Chairman of the Department of Medical and Educational Administration, received the Mildred Thomsen Award for meritorious service in the field of mental retardation. Mildred Thomsen was a former national president of the American Association of Mental Deficiency and member of the President's Committee on Mental Retardation. The award was presented to Dr. Kugel by Riley Nelson, Chairman of AAMD's Region 8, and Mrs. Mirko Nesvan the Chairman elect. The presentation was made at a special dinner party, December 29, 1973, at the home of Mr. and Mrs. Mirko Nesvan. The award was to have been presented at the Regional Convention in October but Dr. Kugel was in Europe collecting material for a new book.

All of us are sincerely grateful to AAMD for their presentation to one of Greater Omaha's most respected leaders in the field of mental retardation.

CALENDAR

FEBRUARY

- 4 H & LR Committee on Nursing Homes meeting at GOARC (140 South 40 St), 11:45 A.M.
- 5 Executive Committee meeting at GOARC office, 7:30 P.M.
- 6 CHANCE Parent Group meeting at CHANCE, 7:30 P.M.
- 6 H & LR Committee on Developmental Centers, 7:30 P.M., place to be announced.
- 7 Childrens Memorial Hospital Parent Meeting at Childrens Memorial Hospital 7:30 P.M.
- 7 J. P. Lord School Board meeting of the Parent Association at J. P. Lord School, 7:00 P.M.
- 12 South Omaha Developmental Center Parent group meeting at the Center, 7:30 P.M.
- 12 West Developmental Center Parent group meeting at the Center, 6:30 P.M.
- 12 H & LR Committee on Special Ed at GOARC office, 7:30 P.M.
- 14 Citizen Advocacy Advisory meeting at GOARC office, 5:30 P.M.
- 18 H & LR Committee on Nursing Homes 11:45 A.M., place to be announced.
- 18 CHAP Parent group meeting at CHAP, 7:30 P.M.
- 18 Pilot Parent Meeting, location to be announced
- 19 GOARC Board of Directors meeting at GOARC office, 7:30 P.M.
- 19 Sarpy Developmental Center Parent group meeting at the Center, 7:30 P.M.
- 20 Madonna School Parent meeting at Madonna, 7:30 P.M.
- 20 J. P. Lord School Parent meeting at J. P. Lord School, 7:30 P.M.
- 20 H & LR Committee on Developmental Centers, 7:30 P.M., Place to be announced.
- 21 P & MR meeting at GOARC, 7:30 P.M.
- 21 H & LR on Voc. Centers 7:00 P.M., Scholer's 3134 North 78
- 21 H & LR Pub Att Chng 7:30 5718 A, date subject to change by chairpersons
- 26 H & LR on Sp. Ed. 7:30, GOARC office

Shirley Dean
116 So 42nd Street
Omaha, Nebraska 68131

Omaha, NE
Permit Number 109

the GOARC

140 South 40th Street
Omaha, Nebr. 68131

GAZETTE



A SONG FOR HUMAN BEINGS

WHAT IS LIFE ABOUT?
WHAT IS LIFE ABOUT?
CAN WE REALLY KNOW?
WON'T YOU HELP ME KNOW?

SO I'LL LOOK OUTSIDE MYSELF;
AND TRY TO WORK WITH YOU,
SO I'LL REACH OUTSIDE MYSELF;
AND GIVE TO PEOPLE TOO,

TO LOVE AND WORK WITH YOU,
TO LOVE AND WORK WITH YOU;
THAT'S WHAT LIFE'S ABOUT,
THAT'S WHAT LIFE'S ABOUT!

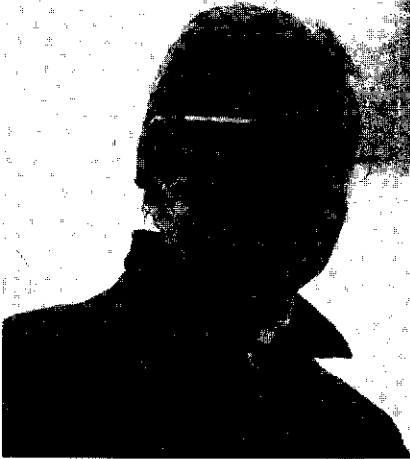
BP

(TUNE: MELODY FROM "QUENTIN'S THEME")



See Pages
8 & 9

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



(Editor's note: The following memo was sent to some members of ENCOR's staff. It appears to be something helpful to all GOARC members.)

I think something rich has begun to emerge from ENCOR's efforts. It is reflected in narratives of recent grant requests as well as in the newest programs. As an interested outsider, let me tell you what I see. But first, here's some data:

In a recent proposal on "In-Home Residential Services", there is a plan to get to parents of retarded citizens at the earliest possible moment and seriously ask, "What do you need in order for your child to have a full life in your home?" When these needs are ascertained, ENCOR residential staff would work to supply them at the earliest possible moment.

Another proposal describes "Core Teaching Teams" where the parent is one of the team teachers!

Other proposals speak of skilled "Parent Advisors" and an "Advisory Ring" of language development, motor development and other supportive advisors.

GOARC's Pilot Parents seem to be getting to parents early with support, understanding and peer group education in their parents-with-parents program.

There's more. But this is enough to make the following points:

The most hopeful programs for retarded children are now focusing on the natural parent. This reality hit me smack-in-the-face after being invited to a parent advisory meeting for parents whose "delayed" children are integrated in regular pre-schools throughout our town. On this particular day, the parents spoke out on the growth and development of their children. The communication was rich. These parents talked about precision teaching skills they used with their children that worked. They spoke about the remarkable peer group education process that takes place when so-called "normal" children were involved in the same program with so-called "delayed" ones. There were stars in these parents' eyes! After observing these parents, I believe something new is emerging!

A new type parent of persons with retardation problems is emerging. Already in Omaha we are aware of the "new retarded citizen" who has always lived in the community and has never been clobbered by a period of out-of-the-community institutional life. Now emerges the possibility of a "new parent" with little evidence of traumatization and little need for extensive personal counseling or "grief work" for themselves.

Once, when a person was diagnosed "mentally retarded", the conventional action was to take the person out from under their family's roof; place that person under another roof with other retarded citizens and attempt to treat them altogether in

(Continued on page 11)

OUR PRESIDENT SPEAKS

Dear friends,

I have in the past on many occasions sung the praise of the parents who volunteer, and the citizen volunteers. I am deeply grateful to them for what they have done, and for what they mean to us.

There is another group of people I have not said too much about. They are commonly referred to, by us, as professionals. We have the finest group working for us. I am not only speaking of our own GOARC staff, but also the volunteer professionals from a number of other agencies in our city.

I will start with our own paid staff. Yes, they are paid for what they do, but I am aware, and I want to make you aware, of the many extra hours and even days they put in for us that are not really necessary to collect their pay. An example -- just two weeks prior to the May 18th meeting at Westside High where Linda Glenn gave us an introduction to the PASS, our staff spent a Sunday (their day off) familiarizing themselves with this system with the assistance of Linda Glenn. They spent from 9:00 A.M. until approximately 10:00 P.M. on their own day getting ready for this meeting. This is just one example of the dedication shown by our staff.

I want to personally thank Billie Cook, LouAnn Olsson, Earl Dredge, Pat Henry, Laura Torney, Linda Lund, Amy Humphries, Mary Foster, and particularly, I want to thank Bob Perske, our Executive Director, for the assistance he has given me, which has made my job as president of GOARC so much easier.

There are professionals from other organizations, which are strong supporters of GOARC, and who donate many hours to our cause. These people, of course, are too numerous to mention, so I am very reluctant to do that for I would surely miss naming some, who are very deserving of credit. However, there are a few that I must publicly thank for making my terms as president so much easier. Linda Glenn picked up where she left off, when she came back to ENCOR. Linda is the person who spent her entire Sunday recently with our staff, and is going to train our members to be PASS evaluators in the coming weeks, volunteering her time for this very important event, and always willing to devote her time to us whenever asked.

What would GOARC be without Tom Miller of ENCOR. Tom, like Linda it seems, will never say no to our requests of him.

Ed Skarnulis from ENCOR is another, who in my recollection has never said no to our many requests from him.

There are so many more, that as you know I could fill pages. I want to publicly thank all of you, and I know the continued cooperation between GOARC, and other agencies we depend on for professional input will continue.

Sincerely,

Joseph L. Friend
President, GOARC



GOARC PRODUCES ALL-CITY VOLUNTEERS OF-THE-YEAR

It was a big day at the Volunteer Bureau of Omaha's Annual Award Luncheon. A GOARC youth was named "Volunteer of the Year" while a GOARC Citizen Advocate was one of five adult finalists. They were chosen from a field of fifty-five nominations made by helping organizations throughout the city.



Mary Jane Rees has served in GOYARC for 2½ years. She has been a spark plug to initiate new programs with the aim of fostering close and sharing friendships among the volunteer and retarded youth. The large group organization has given way to more personal neighborhood CORE groups. The Sunday School program at Kountze Memorial has drawn from the imagination and hard work of our volunteer, and its success speaks well of her.

Not only was Mary Jane honored by this notable award, but it also speaks well of the great GOYARC gang. The Southwest Core has been a constant support and now shares in this recognition. This is true, too, of the adult advisors, Bill and Judy Petersen and Elaine Willits. Congratulations to Omaha's Outstanding Youth Volunteer and one of our own, Mary Jane Rees!

In April of 1972, Sandra Kourey became an advocate for a young woman in one of ENCOR's group residences. Little did Sandra know that in those two years she would not only develop a close friendship with Bonnie, but would also be instrumental in helping Bonnie move to independent living. Sandra's constant concern for Bonnie and all mentally retarded persons led her to greater involvement in the field. In January of 1974, she became the first Citizen Advocate Guardian in Nebraska. David Bradley lives at ENCOR's DMU and had no one to sign medical releases. With Sandra's involvement, David has had corrective surgery which will enable him to eventually walk. Sandra is a member of the DMU parent group too.



Sandra is a Special Ed teacher at McMillan Junior High. Above and beyond her teaching responsibilities, Sandra is a member of GOARC's Board of Directors, the Human and Legal Rights Committee on Special Education, LB 403 Committee and the EMH Committee. GOARC recently honored Sandra as Citizen Advocate of the Year at the Annual Awards Night.

The Volunteer Bureau named an outstanding woman as winner of Volunteer of the Year in the career category. Congratulations to Sandra.

SOMETHING REALLY NEW IN RESIDENTIAL SERVICES



Dan and Linda Daniels. You remember them from the days they were the housepersons at the Crisis Assistance Unit. They have just contracted with ENCOR to take two children into their home, which is an apartment. They will continue to deliver the high-quality service they did as housepersons at the Crisis Unit. They will continue to be supervised by ENCOR personnel. Roger and Susan Harms, the new housepersons at Crisis Assistance will be their supervisors.

This sort of thing is going to be happening all over town. Each of the children's and adults' residences will be supervising smaller home living arrangements as satellites to the

ENCOR residences.

Wow! A smaller family...supervised by ENCOR...salaried by ENCOR at full employee level (the rate: \$400 per month for two children and \$710 per month per three children). It still reduces cost benefit of the larger home and institutional variety. It's a close knit family and closer to normalized living. Others are considering this same option that will benefit retarded children and adults throughout the greater Omaha area.

If you are interested in this program and in signing a one year "home teachers" contract, call ENCOR personnel department.

SPECIAL KIDS MAKE A SPECIAL DAY

Saturday, April 20th, was a big day for my friend Beth and her school friends. It was Special Olympics time at Grand Island, the site of the swimming competition. Everyone got out of bed super-early that day (even I struggled out at 4:30 A.M.) to get an early start. The bus left Omaha at 7 A.M. and we arrived at Grand Island by 10:30 A.M. We were early and went to a nearby park to have a snack and swing a while and generally relax. The relaxation really paid off. Twenty-three very proud and happy kids walked away with a total of thirty-seven medals. Everyone of them won at least one. Beth won three silver medals. It was a beautiful day for everyone, filled with the gentleness, love and kindness that only these special kids could fill it with. Once again I left them with a feeling of being privileged for having been invited to share in their excitement and dreams and hopes...and love.

Contragulations to Beth and all of her friends...you all did a tremendous job.

Jeanne Schreurs
Citizen Advocate

NORTHSIDE PARENTS TO RUMMAGE

The Northside Parent Group is going to hold a Rummage Sale in the downtown area on June 14, 15 and 16. The money raised will be used to have a picnic for the clients from the Northeast Workshop and other special events that will aid them in the process of normalization.

The Parent Group is asking for donations of all types of clothing and various other articles. Volunteers will also be needed to help on the sale day. Please contact Mrs. Cloonan at 457-5275 if you have things you wish to donate or if you want to volunteer your help.

PARENTS AND PROS....

Several people are getting involved in learning more about LB 403 and other closely related legislation. Tom Miller and Earl Dredge are inviting parents, professionals, and citizens for small group learning sessions. It is hoped that the people who go through these sessions will team together and aid many more in learning about LB 403.

Two bills passed this year that have a direct bearing on LB 403 are LB 863 and LB 772. LB 863 allows for school districts to contract with any private program approved by the State of Nebraska. It also provides that any contracted service agency will receive full funding for any educational programs operated by the agency. One problem not cleared up in LB 863 was the limited age, 5 to 18, for the schooling of handicapped children.

LB 772 is the state aid to education bill which specifies that the State is to pay 50% of the operating costs of the public schools in the State of Nebraska. The bill does make provision for funding for special education programs on a continuing basis. The money as appropriated would provide the necessary funding to implement LB 403.

The new rules and regulations for LB 403 are to have a public hearing, 1:00 p.m., June 6, at the Lincoln East High School Auditorium, 1000 S. 70th, Lincoln, Nebr.

LB 403 HEARING (con't)

We are urging as many people as possible to attend this session. Dr. Francis Colgan will conduct the hearing.

REMEMBER THAT DATE!!

Lincoln East High School

June 6, 1974

1:00 p.m.

- - - -

HERE'S SOMETHING REALLY NEW: MARK YOUR CALENDAR FOR THE FIRST ANNUAL GOARC BALL!

**SEPTEMBER 21, 1974
NATIONAL GUARD
ARMORY, 6929 MERCY
ROAD.**

- - - -

GOARC/GOYARC LOOKING FOR PART-TIME YOUTH COORDINATOR

Now that Pat Henry has returned to his full-time job at Boystown, someone is needed to fill his shoes as part-time Youth Coordinator. This person is a member of the GOARC Team, serves as liaison between GOARC and GOYARC, as well as coordination under the direction of the GOYARC elected leadership.

Anyone interested in this part-time position should contact the GOARC office.

- - - -

IT'S OFFICIAL:

Our annual Honey Sunday Drive will be held Sunday, November 17. It's a long ways down the road...but it'll creep up fast...get ready!!

PARENTS STRIVE TO MEET NEEDS OF BASE

One of the biggest frustrations military parents of exceptional children are faced with is not knowing what awaits them and their child from one duty assignment to another.

For this and other reasons, Sgt. Ronald Morrow, himself a father of a handicapped two year old, spear-headed and is currently president of an organization endeavoring to better serve the needs of parents with problems such as he and his wife face. The Association for Parents of Retarded Children held it's pilot meeting September, 1973 and now has a membership of about 20.

Among the objectives of the organization are providing a sponsor for parents of exceptional children who are newcomers to Offutt. The sponsor could provide the newcomer with information endorsing various local programs, agencies and schools.

Sgt. Morrow explained the need for a parent to reach out for help once a child has been diagnosed as handicapped. The investment must be made now when the child is quite young if one is to reap benefits in later life.

Plans are already underway to coordinate the military community's youth through the Catholic Youth and Protestant Youth of the Chapel to work with the handicapped child on a year around basis planning activities. The organization would like to see this youth group set up so the handicapped child cannot only participate but also help with planning.

(Excerpts taken from the "Air Pulse".)

PERSKE'S BOOK SELLING WELL

Bob and Martha Perske's book, NEW DIRECTIONS FOR PARENTS OF PERSONS WHO ARE RETARDED, has been selling very well. Enough copies have been sold for the GOARC office to net a profit of \$1,143.37 which has been applied to GOARC's support

NEW DIRECTIONS SELLING (con't)

debt to NebARC.

They're still for sale. They make excellent gifts. If you want to buy some copies, call GOARC, 556-1180. They sell for \$1.95 each plus postage.

STOP THE
REFERENDUM ON
LB772.

DO NOT
SIGN THE PETITION!!

WHAT: Community Awareness of
Developmental Disabilities

WHEN: Saturday - June 22, 1974
10:00 A.M. - 5:00 P.M.

WHERE: Crossroads: West Arcade

WHO: MCRI, GOARC, ENCOR, MADONNA
SCHOOL, DISTRICT 66, OPS
(Special Ed)

This will be a day for people to learn more about resources in our community for the Developmentally Disabled. Agency staff members will be present to answer questions and distribute information. Some agencies will present slide shows about their programs. Come out and join the crowd!

EXCITING MOMENTS FROM THE ANNUAL AWARDS NIGHT



Paul Sutherland of
Burger King
"Organization of Year"



Renee Kirby
"Youth Volunteer of Year"



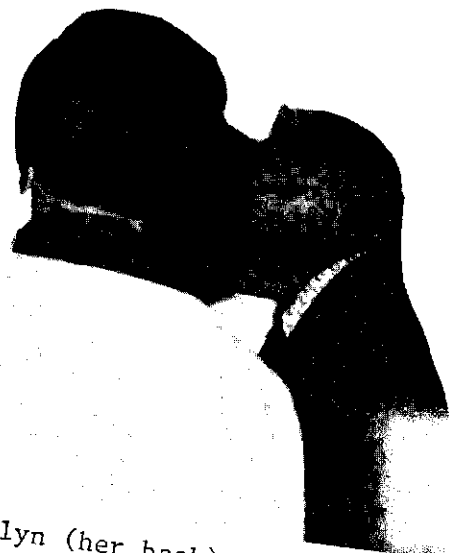
Geisler Pet Products
Agnes Naborett accepting
"Employer of Year"



Barbara Jessing
"Employee of Year"



Jennifer Stock
"Outstanding Progress
of a Youth"



Carolyn (her back) and Leighton
Goodrich, "Parents of Year"



Arlo Burk
"Outstanding Youth"



Bob Perske
"Worry Wart of Year"

**GOARC SALUTES THE
WINNERS !!**



Sharon Urban
"Volunteer of Year"



Joe Friend
"Distinguished Service"



Bonnie Finley
"Outstanding Progress Of An Adult"

Other Awards:

"Advocate Of Year" - Sandra Kourey
"Distinguished Service Awards"

Gilbert Swanson - For his tremendous
support of GOARC

Pat Henry - GOARC's Youth Coordinator
Annual SWEAT Award



Senator David Stahmer
"Citizen Of Year"



Masterminds of the Awards Night --
Deb McCollister and Phyllis Chandler



Presenters of Awards --
Tom Miller, Wilma Wills,
Rosemary Wais & Allen Gilmore

LEGISLATURE TO STUDY FACILITY FOR MENTALLY RETARDED PERSONS

The 83rd Legislature voted to make an interim study of all mental retardation programs within the state. The bill was introduced by the Committee on Public Health and Welfare (Senators Kennedy, F. Lewis, Cavanaugh, Maresh, R. Lewis, Goodrich and Schmit). Legislative Resolution 145 states:

Whereas, it is the public policy of the State of Nebraska that a pattern of facilities, programs, and services should be available to meet the needs of each mentally retarded person; and

Whereas, in the past few years there has been an increased emphasis placed on initiating programs for mentally retarded persons; and

Whereas, the Legislature has recently created six mental retardation regions in the state; and

Whereas, the complexities of mental retardation require coordination of facilities, programs, and services and an understanding of the care, treatment, custody, and diagnosis of the mentally retarded; and

Whereas, it is desirable to be cognizant of the services and programs offered in the state in order to eliminate unnecessary duplication and disparity of such programs and services.

NOW, THEREFORE, BE IT RESOLVED BY THE MEMBERS OF THE EIGHTY-THIRD LEGISLATURE OF NEBRASKA, SECOND SESSION:

1. That the Public Health and Welfare Legislative Committee conduct an interim study:
 - (a) To evaluate the current practices of the several mental retardation regions;
 - (b) To compare programs offered in other related facilities with those offered by the mental retardation region; and
 - (c) To consider the prevailing mental illness treatment procedures and the need to coordinate the mental retardation programs.
2. That such committee at the conclusion of its study determine if there is a need for additional or revised regulatory legislation and make a report of its findings, conclusions, and recommendations to the Legislature.

Legislative Resolution 145 has now been referred to the Executive Board.

- - - - -

IN AUGUST YOUR EDITOR IS HITTING THE ROAD FOR COLORADO

(I'M TAKING MY FAMILY, TOO!) SO THERE WILL BE A COMBINED

JULY-AUGUST ISSUE COMING OUT IN LATE JULY. HAVE A GOOD SUMMER!

isolation away from their natural families. Today, in Omaha, there is a new direction. When a child is found to be "delayed" ENCOR plans to hurriedly get as many supportive, therapeutic and developmental forces to act on that child under his own family's roof with Mom and Dad being helped and strengthened toward becoming the key agents in the process.

- ...Would cut the cost of extra buildings.
- ...Would help parents to stretch and grow toward being the best helping agents their child could have.
- ...Would help parents to exhaust more efficiently their responsibility to their own child.
- ...Would help parents to hang onto their own sense of dignity.
- ...Would decrease initial shock, trauma, loneliness, separations, etc. if support and help get to the home early enough.

Hence, a new type of parent emerges.

Older parents of retarded citizens will hurt when they read this. After all, they experienced the situation of mental retardation at a more primitive time. One can't roll back time and start over. Yet, in the midst of their pain, some will rejoice for the sake of the parents who came after them.

This new direction has just begun. So, what is one to do? I suggest that all of you believe in and work for the new direction you've allowed to emerge:

WORK FOR SUPER-EARLY INTERVENTION UNDER A CHILD'S OWN ROOF. IF YOU DO,
I PREDICT THAT A NEW TYPE PARENT OF A "DELAYED" CHILD WILL EMERGE.

Bob Perske

DIFFERENT IS OKAY

The Boys Clubs of Omaha are trying to teach their members that "different is okay" according to Fred Schott, director of the South Omaha Club.

"That is one reason that about 100 retarded boys will join their 'normal' counterparts this summer at the Boys Clubs day-camp program". It is co-sponsored by the Boys Club and ENCOR. About 10 percent of the enrollees in each one-week session will be retarded, Schott said.

Doug Foster, Mike Schram and Joe Smith belong to the Boys Club. Dave Fritz, houseparent of Hamilton Hostel, said "they get along fine with the other boys. They have become quite protective of our boys instead of teasing them."

Camp sessions will be held at the Gene Eppley Boys Club Ranch near Carter Lake starting the week of June 10. Transportation is free from the Boys Club. The fee for the camp is \$2.00 a week. Parents interested in enrolling their retarded youngsters at the camp should call 556-5600.

LAWSUIT AGAINST BSH EXPECTED TO BE TRIED IN JULY



Attorneys representing the Nebraska Association for Retarded Citizens, and individual plaintiffs in a lawsuit against Beatrice State Home, is now expected for hearing after many delays. Marcia Pearce Burgdorf, Bruce Mason and Tom Moser are now making final preparations for the litigation. Marcia Burgdorf of the National Center for Law and the Handicapped, has made the following statements:

"The Federal District Court for Nebraska has before it a most important case dealing with constitutional rights of handicapped citizens. The issues before the Court are very complex but can be simplified as encompassing the right of Nebraska's retarded citizens to lead as normal a life as possible within the community environment.

"The State of Nebraska operates two systems for the treatment, development, education, protection and care of its handicapped citizens. On the one hand, many of its retarded individuals are committed to a (traditional) institution, Beatrice State Home. Other more fortunate citizens are allowed to remain in their community to receive the State's care and treatment, etc. Not only are the community programs less restrictive of the constitutional rights of the class of mentally retarded persons, but they in fact fulfill the statutory duty of the State to provide the best services available designed to meet the individuals needs and maximize his capabilities."

Bruce Mason, Omaha lawyer states:

"At the heart of the suit is the charge that mentally retarded can't receive 'equal protection' in the state school system for the mentally retarded. The system includes 'inferior' care at the Beatrice Home and 'superior' care in community facilities such as those offered by the Eastern Nebraska Community Office of Retardation (ENCOR)...At the Beatrice Home, we believe the patients are not getting the proper treatment."

This landmark case bears watching as one of the new trends in which the Federal Courts are not only recognizing the constitutional and legal rights of handicapped citizens, but they are actually enforcing them. If successful, this case will be the impetus for other states and communities to set up facilities for the handicapped individual within their local community and will discourage states from providing typical type of care in "the traditional segregated institution".

All GOARC members have one precious opportunity in seeing how good government and healthy social change takes place. When the lawsuit begins, many persons from the greater Omaha area are invited to attend the court hearings.

ON THE GO WITH GOYARC

HERE COMES SUMMER....



Ready and waiting for the good weather, GOYARC's Central Core opened the picnic season at Elmwood Park. It was "bring your own hot dogs" last Saturday. Once the football and baseball contests were decided, it was time to get the fire going and catsup bottles open. We're looking forward to getting together again in two weeks for bowling at Sky-Lanes.



Judy & Bill Peterson & son

It wasn't only the birds that were singing in Hanscom Park Sunday morning GOYARC's Sunday School met at the lake to talk, to sing, and to pray. There was plenty of spirit put into their animated class. It was a good place to be Sunday, and great young people to be with.



Chris Gude



Kris Peterson, Jeanette Green,



Mary Jane Rees Joe Lindsay

STAHMER SPEAKS OUT ON BSH

Senator David Stahmer, in a recent debate, scored the building of a new hexagonal complex of cottages at Beatrice State Home. According to a story in the Omaha World Herald, Senator Stahmer inserted a provision that the buildings be of conventional shape. He contended the innovative design was too costly and was in danger of being made part of a pending lawsuit challenging operations at Beatrice State Home.

Senator Carstens finally got the Stahmer amendment removed, but that didn't change the Omaha Senator's mind about the plan, according to the World Herald article.

"I had at least three major objections to the design of the cottages... the plans were extremely expensive," Stahmer continued. "I understand they were redesigned, but the cots per square foot was still way over that of a conventional design."

Stahmer's main dispute was with the design theory.

"If different-shaped rooms are so great, why don't we make all the rooms different shaped?"
"...Put the kid in one odd-shaped room for a few weeks and then move him into another odd-shaped room. That ought to be even better."

Stahmer also complained that the theory implied retarded persons should never be allowed into conventionally shaped rooms.



"If it's true that we can treat people better in odd-shaped rooms, then the theory would continue that we should get kids down there into these odd-shaped rooms and keep them there...I don't believe in that...I've always pushed to get kids back into normal channels."

U.S. JUSTICE DEPARTMENT JOINS IN SUIT AGAINST BEATRICE STATE HOME

The U.S. Justice Department has announced it will assist in the civil rights suit against the Beatrice State Home. Assistant Attorney General J. Stanley Pottinger, in charge of the Civil Rights Division, stated, "the Justice Department has participated in several suits to establish the rights of the mentally retarded in state institutions."

"This case would further the department's efforts to establish uniform standards for the care and treatment of mentally retarded persons throughout the nation."

Furthermore, the Justice Department stated it chose to enter this case because of the \$3.4 million in Medicaid funds the institution has received.

COLGAN REMAINS STALWART AS ADVOCATE FOR RETARDED CITIZENS



Dr. Francis Colgan, Director of the Nebraska Education Department's Special Ed Division, started out some months ago as the implementor of LB 403. He set his course according to the law which states that all persons of school age will have a quality education in spite of their handicap. This strong man has not swayed from his course. The following statements were printed in the Lincoln Journal, May 5, 1974:

"Nebraska teachers, principals, superintendents and even those training these educators generally are all prejudiced when it comes to the handicapped child and look, perhaps unconsciously, upon this group as one more minority..."

"There are differences in teaching the normal and the handicapped child...One of these relates to social growth. With the normal child, such growth comes naturally. But this requires basic interaction with the teachers when the mentally retarded or other handicapped student is involved..."

"Education has been saying for the past 25 years, 'This is not the education system's problem'...now all of us must make a 180° turn and admit simultaneously that all of us have a handicap of some kind though it might not be so apparent for most of us normal folks..."

"The handicapped no longer is someone else's problem but ours to educate and help prepare for a place in the community..."

All of us at GOARC feel a deep respect and awe for Dr. Francis Colgan and the continuing goal he and his department pursued in providing education guaranteed in LB 403 to all handicapped in a normal school setting as close as possible to their homes.

NABARC AND GOARC ARE PLANNING AN ALL-CITY
BIKE-HIKEATHON. IT'S PLANNED FOR SATURDAY,
AUGUST 24, 1974.

Thanks for helping us
get the GAZETTE out:

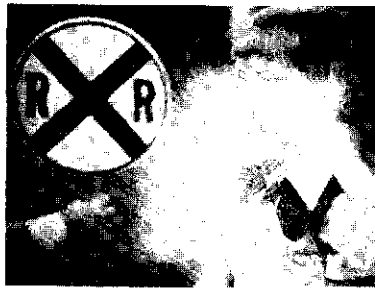
All you need to bring is:

yourself
your legs
possibly a bicycle
and a willingness to sweat for a day

Helen DeMay
Carolyn Goodrich
Starr Lenz
Alice Bianchi
Grace Christensen
Irene Nielson
Icel Clark

More details in the next GOARC GAZETTE.

**TRY TO PICK OUT THE "DELAYED" CHILDREN
FROM THE SO-CALLED "NORMAL" ONES.**



.IT'S RATHER HARD TO DO SOMETIMES

.THAT'S THE BEAUTY OF IT

Six integrated pre-schools are now operating in the Greater Omaha area....and growing.

That's what CEEP (Children's Early Learning Project) is all about.

**"THE RAGMAN'S CHILD CAN PLAY WITH
THE PRINCE'S CHILD UNTIL PREJUDICED
ADULTS POINT OUT THE DIFFERENCE."**

MARK TWAIN

A MONOGRAPH ON JOE FRIEND

What does one say in words about a leader like Joe Friend?

There he is...

Cool...

Strong...

Will believe the best in everybody...

But will face them straight when he's been doublecrossed...

Exceedingly kind to people...

Gives his whole heart, blood and muscle to a cause he deeply believes in.

Joe is a

worker...

a builder...

a man with faith...

a befriending man...

a fighter...

a leader.

Almost everyday for two years, Joe Friend stopped in at the GOARC office to read his mail, visit with staff and volunteers on projects, make decisions of action about trouble spots. Then, he would go on to work as Captain at the Police Station.

Some folks may have thought that GOARC members are quite a gang, judging from the many times a uniformed policeman walked into their meetings throughout Omaha.

Joe has been an amazing man to us all for the way he invested himself in the GOARC cause and mission...and yet could pace himself so that he was diligent on the job for which he's paid...and he warmly remained present in his own family system.

Mentally retarded citizens--some who knew him and some who didn't--will have a better life in Greater Omaha because of the way he was willing to lead task forces and fights on their behalf.

ALL OF US IN GOARC KNOW THAT THERE CAN ONLY BE ONE JOE FRIEND.

The GOARC Staff

ENCOR has another orientation of their Comprehensive Community Based Services, June 3, 4, and 5. If you're interested, call Carol Dennison, 558-7746. If this orientation has crept up on you...there's others each month. These orientations are for new ENCOR staff, GOARC citizens and parents of retarded citizens. Plan ahead to attend.

GOARC LETTERS

Editor's note:

These are excerpts taken
from the original letter.

Mr. Geraldo Rivera
WABC-TV, New York

Dear Mr. Rivera:

When Dr. William Bronston, on leave from Willowbrook State School, visited Omaha he said that New York State was spending several million dollars to build another large institution for the retarded.

What a waste of money and human lives! My daughter, Rita, was a resident of Willowbrook for seventeen years. In all those years, she, as well as thousands of other residents, did nothing but sit around and bang their heads against the wall. On hot summer days, they spent hours sitting in the hot sun. A very small percent were given an academic education.

When my husband died I moved to Omaha, where they had started a new program. My daughter lives in a hostel and travels by public bus to the workshop where she is gainfully employed. These are now tax-paying citizens.

I am a volunteer worker at the West Development Center of which Mrs. Arthur Allard is the director. There are usually about fifteen so called "severely retarded" children. Some would be termed "vegetables" in institutions and would be neglected.

I wish people from New York, who are really interested in the fate of retarded children in institutions, would come to Omaha to see how successful this program of hostels, workshops, small training centers can be. If you can alert the citizens of New York State to the dangers, uselessness and waste of money in building large institutions, you will be doing them a great service.

Sincerely,

Marion Kavares

- - - - -

Mr. Gregg Johnson
Holiday Inn
Kearney, Nebraska

Dear Mr. Johnson,

On behalf of the staff and volunteers of GOARC we wish to extend our deepest appreciation to you and your staff. Our group was registered on the evening of April 26, and the day of April 27. Your staff truly proved to be "The most accommodating people in the world." They extended many courtesies one would not expect from many other motels.

As you are aware, our association is comprised of many persons from minority groups and you treated each one of us with dignity and respect. We would recommend your motel to anyone. Again, thank you very much.

Sincerely,
Billie Cook, Earl Dredge
Gus Shoffner

CALENDAR

JUNE

- 1 PASS Session, 9 - 5, GOARC Conference Room
- 3 Pilot Parent Committee Meeting, time and place to be announced
- 4 GOARC Executive Committee Meeting, 7:30 P.M. at the GOARC office
- 5 Human and Legal Rights Committee on Developmental Centers, 7:30 p.m., place to be announced
- 6 New LB 403 Rules and Regulations, 1:00 p.m., Lincoln East High (see page 6)
- 11 South Omaha Developmental Center Parent Group Meeting, 7:00 at the center
- 15 NebARC Hike-Bikeathon Training Session, NebARC office
- 17 Pilot Parents Meeting, Speaker - Linda Glenn, 7:30 P.M., GOARC office
- 17 Sarpy Vocational Services Center Parent Group Meeting, 7:30 at the center
- 18 Sarpy Developmental Center Parent Group Meeting at Barb Sanders, 12125 So. 28 Capehart, 7:30 P.M.
- 18 GOARC Board of Directors Meeting, 7:30 P.M. at the GOARC office
- 19 Public Attitudinal Change Committee Meeting, 5718 A Street, 7:30 P.M.
- 19 Human and Legal Rights Committee on Developmental Centers, 7:30 P.M., place to be announced
- 20 Human and Legal Rights Committee on Vocational Training at Darrell Scholers, 3134 North 78th Street, 7:30 P.M.
- 22 "Community Awareness", Crossroads Shopping Center (see page 7)

JULY

- 2 GOARC Executive Committee, 7:30 P.M. at the GOARC office
- 16 GOARC Board of Directors, 7:30 P.M. at the GOARC office

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Shirley Dean
4842 Sahler #107
Omaha, NB 68104

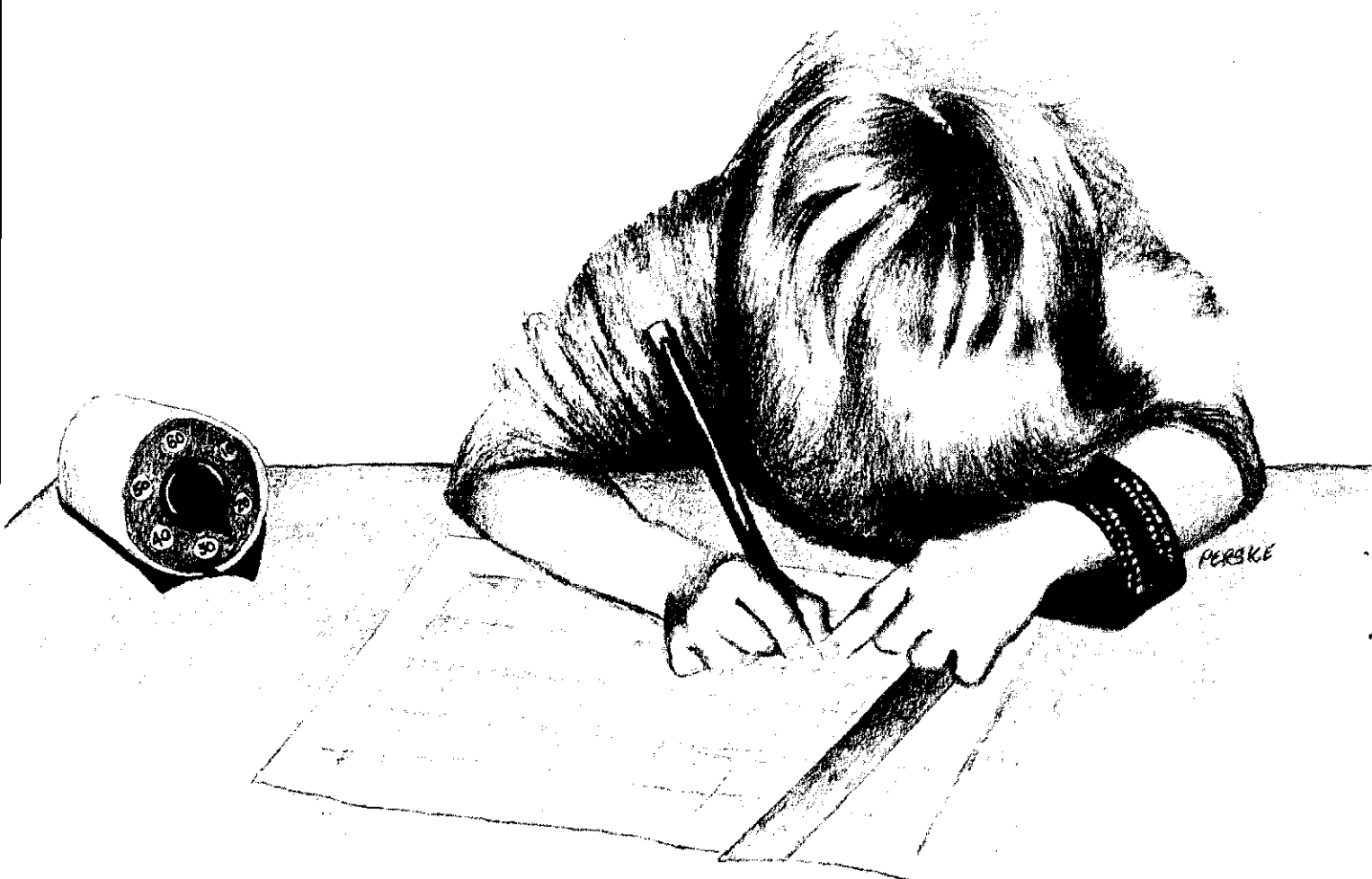
the GOARC

140 South 40th Street
Omaha Nebr. 68131

GAZETTE

APRIL, 1974 ISSUE

EDITOR: JAN NOVICKI



**"HOPE IS SOMETHING,
NO ONE CAN CHART,
AND NO PERSON CAN PROGRAM;
BUT WHEN IT'S SQUELCHED,
SOMETHING DIES INSIDE.**

**IT'S A BEAUTIFUL THING...
TO KEEP HOPE ALIVE IN PEOPLE."**

BP

**SPECIAL OLYMPICS
MAY 2
CONVENTION
APRIL 26
SEE PG.
5**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



THE MONITORING OF HUMAN SERVICE AGENCIES...
In my best judgment, much of GOARC's "proof in the pudding" will be determined by how well volunteer citizens and consumers monitor community services. Sure have tried lots of different things. And, we'll keep trying until we "get it right."

Leighton Goodrich worked hard as "Thrust Chairman" and even wrote a paper on monitoring. (If you haven't seen it, call for a copy.)
Karen Hoffman's Developmental Center Task Force keeps asking, learning and suggesting (A good gang).
Ann Mulligan's Nursing Home Task Force energetically get ready to take on a pretty big Goliath (Sure is needed).
Joe Friend's many quickly formed and focused Ad Hoc Committees have been working on specific problems in residential care and vocational training (Got at some sticky problems).
The Public Attitudinal Changers, once a part of the monitoring task forces have grown, thrived and graduated into a powerful thrust of their own (Beautiful).
Small corps of Citizen Advocates want to try their hands at specific situations (They could do a lot of good).
Donna Menolascino and some of her friends are making regular visits to small group homes (Need lots of self-starters like them).
But, there's lots of failures at monitoring (Don't have the heart to mention them.)

And so we go. We've tried check lists...grievance sessions...strategizing... emotions (both rational and irrational)...letter systems...being too soft... being too harsh...being nothing when we should have been something. How can we pull it all together? How can we give all these efforts a common backbone?

May 11 is the day to begin giving our monitoring systems a backbone. It's a Saturday morning. From 9:00 A.M. until noon, Linda Glenn, the co-author of Program Analysis of Service Systems will lead a mass meeting of parents and citizens only on the PASS System. After the presentation an orderly plan for enlisting those who are "grabbed" by the PASS System into a structured plan of action will begin.

SATURDAY, MAY 11 is some time away. I've got to start telling folks to mark it on their calendar. Got to get with staff and volunteers to draw up some plans of action before that day. Got to believe it can be done. On MAY 11 we have a precious opportunity to begin proving that citizens and parents can organize into a thorough and comprehensive monitoring system.

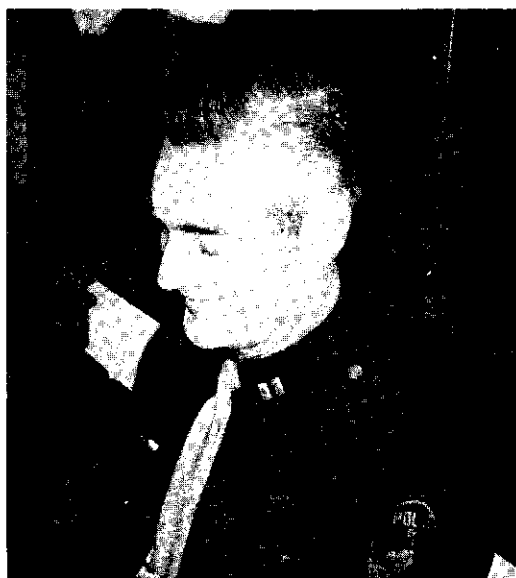
Bob Perske

OUR PRESIDENT SPEAKS

Dear parents:

Why should you be a member of GOARC? I ask this question realizing that most parents of mentally handicapped persons who are reading this letter are already members. I would ask you then to share these thoughts with a parent, that may not presently be a member of GOARC.

Our initial goal was to provide the necessary services in our community to take care of all the needs of our handicapped children. Well this has been done! We now have what is considered by many to be the finest community based services that are provided anywhere. Why shouldn't we sit back relax and enjoy it? We have accomplished what we have set out to accomplish. Have we?



I see GOARC growing. We are attracting many interested professionals. Also many people who do not have anyone in their immediate families who are benefitting from our services, but they like what we are doing and want to be part of it.

I also know that we need the parent input in our organization. I also believe that without continued parent input into community services, they would soon lose the effectiveness they have enjoyed because of parent input.

GOARC is the vehicle by which parents, can continue to have input into community services, and into other agencies that can further our cause. The community service agencies in our area need GOARC! GOARC needs the input of parents. We parents of the mentally handicapped can never and should never stop striving to accomplish the goal of normalization of our handicapped children. By normalization I mean the complete acceptance of them into our society with all the rights and dignity afforded everyone.

So our job is not completed yet, and that is why you should be a member of GOARC! If you do not feel that you can become active in one of our committees, then please just support us with your supportive membership.

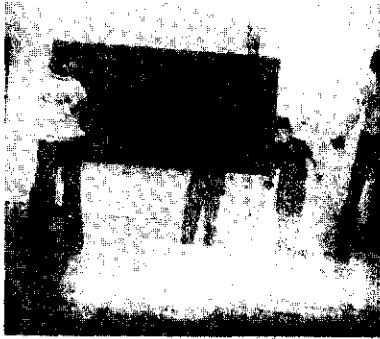
Sincerely,

Joseph L. Friend
President
GOARC

WEST BRANCH YMCA IN SECOND YEAR... AND GOING STRONG

They've moved to two basic groups:

Boys and girls 6 to 12 years every Monday, Wednesday, Friday from 3:15 to 5:15 p.m. -- 12 to 19 year-olds, Tuesday and Thursday, 3:30 to 5:50 p.m.



The program is warm, hopeful, and they get things done. In the first hour, it's swimming. During the second hour, there's time for gym activities and game skills. Also, the group has developed an ingenious period for sitting, relaxing, expressing themselves...just talking about living and life. At present 38 kids are involved. There's openings. They can go to 45 children. (A full house means 20 in the younger group and 25 in the older).



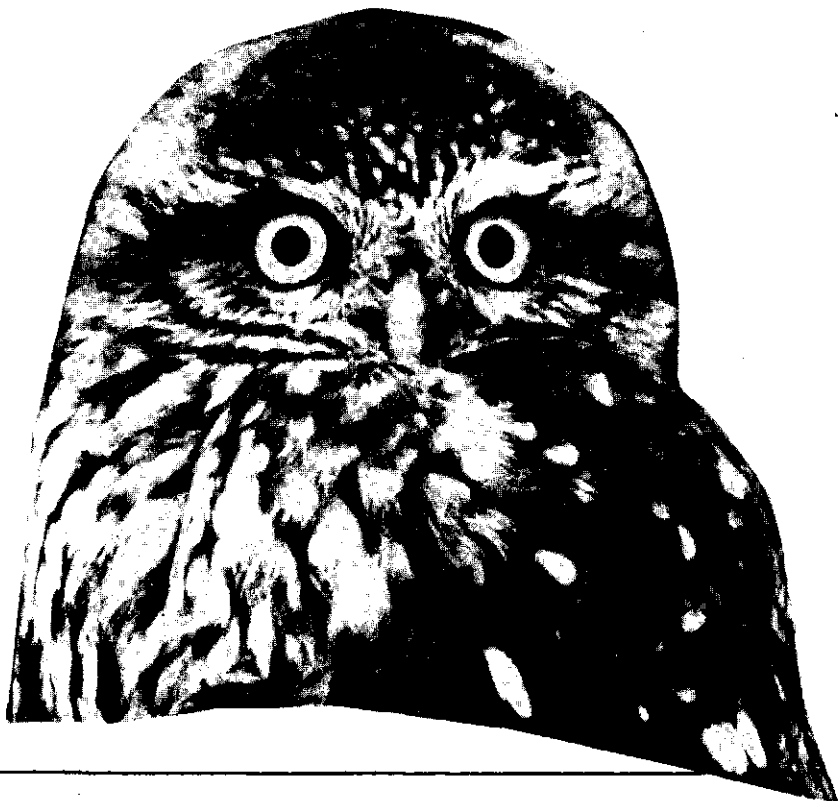
This summer it's an 8 week program, 4 hours a day, 5 days a week. Topping off the younger group will be an integrated day camp at Camp Pokamoke in Crescent, Iowa. An integrated residential camp is planned for the older group at Camp Hitchcock. Other plans call for integrated soccer, integrated softball and integrated baseball.

Mary Kay Snow is the Director. If you're interested in the program, she's interested in you. She can be reached at the West Branch YMCA (393-3700) or at home (393-0924).

BE A WISE ONE !

**ATTEND THE ANNUAL
NEBARC CONVENTION
APRIL 26, 27, 28**

REGISTER NOW !



NAME (circle) Mr. _____
Mrs. _____
Miss _____

ADDRESS _____
(Street) (City) (Zip)

I enclose \$ _____ to cover the registration items checked below.
--(these are per individual)

_____ Full registration including Luncheon and Banquet \$17.00

_____ Registration only \$8.00

_____ Luncheon \$4.00

_____ Banquet \$7.00

Send to:
BUFFALO COUNTY ASSOCIATION FOR
RETARDED CITIZENS
Box 228
Rt. 4
Kearney, Nebraska 68847

(Registrations at the door will be: Full - \$19.00; Registration only - \$10.00;
the Luncheon and the Banquet will be the same as shown above.)

ROOM RESERVATIONS

You may clip this reservation and mail directly to:

Ramada Inn
Edie Luther
NebARC State Convention
P.O. Box 832
Kearney, NE 68847

Reservations for night of
April 26 _____ 27 _____

Please indicate number and type of rooms desired.

_____ Single (1 person) - \$13.00 - \$14.00

_____ Double (2 people - 1 bed) - \$19.00 - \$20.00

_____ 2-Doubles (First 2 people) - \$21.00 - \$23.00

\$3.00 for each additional. Number of Additional _____

Number of people in party _____

Room Registered to: _____
(Name) (Address) (City) (State)

Anticipated latest time of arrival _____ on _____
(Date)

HERE'S THE PROGRAM FOR NEBARC'S ANNUAL CONVENTION

The theme for the Convention is "Because We're All In This Together."

Friday Night - April 26, 1974

- 6 PM - 9 PM - Registration
- 8 PM - State Board Meeting
- 8 AM - 9:30 PM - Sessions
 1. Citizen Advocacy
 2. Toward Healthy Sexual Development
- 9:30 PM - Informal Discussions (Rm #s to be announced)
- Programs, newsletters, recreation, etc.

Saturday Morning - April 27, 1974

- 8:30 AM - Welcome - Richard Meile
- Keynote Address on Prevention
 - 'Macaroni at Midnight' by Don Bartlett
- Nebraska's MR Programs - Slide Presentation
- 9:45 - 10:00 AM - Coffee Break
- 10:00 - 12:15 PM - Workshops
 3. Governmental Affairs
 - National level - Paul Marchand
 - State level - John Foley
 4. Public Information/Awareness
 5. Guardianship/Estate Planning
 6. MR and Genetic/Birth Defects - Dr. James Eisen

Saturday Noon - April 27, 1974

- 12:30 - 1:45 PM - Research Luncheon 'Medical Profession and MR' by Dr. Trembath
- * 'Pennies for Research' monies will be picked up from local ARCs

Saturday Afternoon - April 27, 1974

- 2 PM - 5 PM - Workshops
 7. LB 403 and its implementation (Panel)
- 2 PM - 3:30 PM - 8. Activating Membership/Volunteers and Programming
- 9. Civil & Legal Rights of the Retarded
- 10. Parent Effectiveness
- 11. Home Teaching Techniques
- 12. Youth
- 3:45 - 5:15 PM - Workshops
 13. Activating Membership/Volunteers and Programming
 14. Civil & Legal Rights of the Retarded
 15. Parent Effectiveness
 16. Home Teaching Techniques
- 5:30 - 6:45 PM - Wine Tasting Party

Saturday Night - April 27, 1974

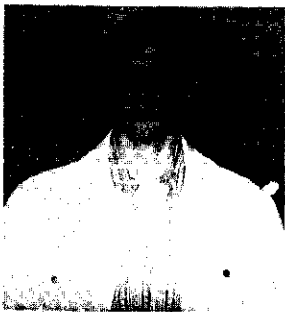
- 7 - 9 PM - Awards and Recognition Banquet
- Dr. Phil Roos, Executive Director, NARC

Sunday Morning - April 28, 1974

- 8:30 AM - NebARC Annual Meeting

TOM KONECK -- 'BOY OF THE YEAR'

In the January issue of the GAZETTE we had a feature story on Tom Koneck, a remarkable Honey Sunday worker. Today we are happy to report that Tom has been named the Great Plains regional winner in the 28th annual "Boy of the Year" competition of the Boys' Clubs of America.



Tom, the son of Mr. and Mrs. Richard Koneck, is a junior at South High and the first profoundly deaf student to attend regular classes in the Omaha public school system.

Koneck was selected as the best candidate of all entries from the Great Plains region, which includes 36 Boys' Clubs throughout a seven-state area. Tom will be competing with nine other regional winners during the week of March 31 to April 6 in Washington, D.C. Koneck's brother, Jeff, was a national finalist in 1971.

Congratulations to an outstanding young man.

- - - - -

REGISTER AT:

Mr. Kelly's
7200 South 84th
or
Big Fred's Pizza
1101 S. 119th

PILOT PARENTS KEEP MEETIN' AND TALKIN'



Connie Jung tells of daughter Cheri's progress at a Mother's Coffee, held at JoAnn Volcheck's on February 22. Caroline Goodrich looks on. The Jung's are now Pilot Parents.

Cheri, age 2 1/2 and the Jung's only child, is enrolled at the Benson Developmental Center.

More Coffee's are being planned. They are a good way for new mothers to get together and see other retarded infants and children.

Another successful coffee was held. Two mothers had been shy about getting together with other parents of retarded children; but when they got there at 9:30 no one wanted to leave. After talking over problems they never would have discussed in a larger group, the coffee broke up at 2:30.

- - - - -

"SWING FOR THE RETARDED"

(formerly Big Fred's Open)

**IS COMING APRIL 29
BENSON AND APPLEWOOD
GOLF COURSES**

ENTRY FEE IS \$25

IF YOU DON'T PLAY GOLF, DONATIONS ARE
WELCOME.

GOARC LETTERS

Brian Lensink, Director
Office of Human Services
116 South 42nd Street
Omaha, Nebraska 68131

Owen Knutzen, Superintendent
Omaha Public Schools
3902 Davenport Street
Omaha, Nebraska 68131

Dear Sirs,

We are worried about our children in the CHANCE Developmental Center. This past week 28 steam radiators were stolen from the condemned 2nd and 3rd floors. This bizarre theft has made the building a death trap since the pipes have been left uncapped.

As you may or may not know, the building is already falling apart, and we fear for our children.

The passage of LB 403 forces us to write to both of you because we don't know whether to turn to the Douglas County Board or Omaha Public Schools.

Please don't wait too long deciding who does what to whom while our children are in danger.

Sincerely,

*The Parent Member of GOARC,
Poverty and Mental Retardation Committee*

*Eddie Felix
Nancy Larsen
Johnnie Haukeus
Sharon Urban
Judy Lee Jones
Catherine Williams
Dee Clark*

GOARC LETTERS (CONT.)

Dear GAZETTE Editor,

In the 1920's, Supreme Court Justice Holmes ruled that States had the "authority to compel sterilization for the promotion of general welfare." Until 1971, the state of Nebraska required sterilization before a retarded person could be released from the Beatrice State Home or before they could obtain a marriage license. Since that time, many courts across the country have ruled against these types of requirements.

Recently, a newly married retarded woman filed suit against the physician and hospital involved in her sterilization and her parents who had authorized the operation while she was still a minor. The court ruled that this was cruel and unusual punishment and awarded the woman a considerably large settlement for damages.

Surely, we have gone beyond the point of requiring sterilization out of fear of the world being overrun by "generation after generation of degenerates"!! Surely we know that mentally retarded persons have the same rights to happiness as the rest of us, as well as the right to make mistakes.

Why, then, do some parents still insist on sterilizing their retarded children? Is it to protect the child, or to protect their own selfish motives??

A concerned Citizen Advocate

- - - - -

Dear Editor:

I am currently working on the citizen advocacy slide presentation in the Omaha area. In the process, I have been taking pictures of various advocates and their proteges. Through these encounters, I have obtained a further understanding of the citizen advocacy program. To express my gratitude for the assistance of these beautiful people, I am wishing them sunshine and a happy song to sing.

Nori Arkwright

LETTERS TO GOARC (CONT)

Dear Mr. Friend:

I very much appreciate the thoughtful letter I received from you and Mr. Perske. It is always gratifying to learn of employees who have given of their own time to help others less fortunate. I will see that those involved in helping your organization, and their supervisors, are aware of your letter. You are doing a great job in this community, and you have my best wishes for continuing success.

Sincerely,

Thomas S. Nurnberger
President
Northwestern Bell

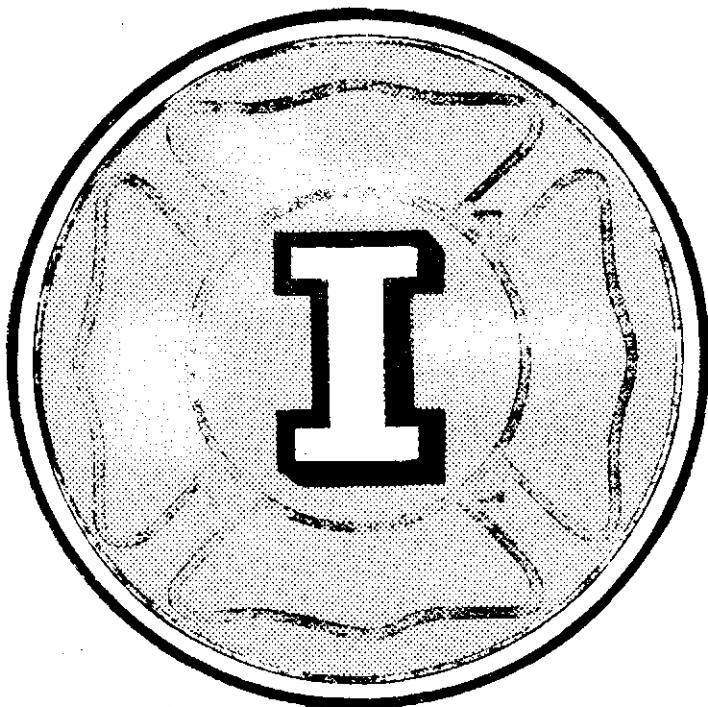
Editors note: Joe and Bob sent a thank you letter to President Nurnberger thanking him for the services of Jim Beatty, Norm Stava, Bob Lamphier, Jerry Lenz, Gene Bier, Don Steffen and Gladys Smith. These employees of Northwestern Bell have been tremendous members of GOARC and we're proud to have them on board with us.

----- OMAHA MOTHER PUBLISHES INTERNATIONALLY FAMOUS ARTICLE

That beautiful article, "Don't Shield Your Child" by Mrs. Millard J. Crouch of Omaha has gone a long ways. It was first published in Mental Retardation News, September, 1972. Recently, it was published in Awladuna, the national magazine for the Lebanese Association for Mentally Handicapped Children.

This article is both kind and strong. Such beautiful words..."Don't shield your child from this term..."retarded"...It is only a word, but do give him a proper outlook...When he is young, give him something to fight back with... The point I'm trying to make is...he is retarded. Nothing is going to change that. But if you face it, he will be able to face it, too. He need not be ashamed but will come to look upon it merely as a term."

All of us are proud of Mrs. Crouch whose son has graduated from Madonna School.



INVALID STICKERS FOR MULTI-HANDICAPPED

Sgt. Ron Morrow, an energetic parent at Offutt Air Force Base, has been working on a program of "invalid stickers" for homes where multi-handicapped live. By placing such a sticker on the window or at the front door, where a multi-handicapped person sleeps, fire departments know immediately what the situation is and can be alert to saving lives of those who could not get out on their own. Actually, such invalid stickers would not be appropriate for retarded citizens who can make it on their own. But, for some, they could be helpful. Anyone seeking further information on these stickers, contact:

Sgt. Ronald Morrow
84 Bonner Road
Offut Air Force Base
Phone: 292-0629

ADVOCATES-PROTÉGÉS DOUBLE DATE

Laura Barton and Allen Wilson, two members of the Hanscom Park Methodist Church Youth Group, are advocates to two young adults. Recently they decided to try a "double date" to a show. To their surprise it worked out beautifully.

Laura said her protégé, who is usually a rather boisterous and outspoken young woman, was very ladylike and tried hard to make a good impression on the guys. Allen's protégé also acted more gentlemanly around the girls.

As with many retarded persons, these protégés had never had a date before. One's first date is always a cherished memory. Laura and Allen provided a beautiful opportunity for their protégés.

PRESS RELEASE

On Friday, March 15, Linda L. Glenn, Executive Director of ENCOR, closed the CHANCE Developmental Center, 1702 Grace Street, due to unsafe conditions. The 25 children currently being served by this center will be served by the other ENCOR developmental centers in the greater Omaha area until permanent educational placement can be made. The circumstance necessitating this action was the apparent theft of steam radiators from the 2nd and 3rd floors exposing the pipes and allowing the water to escape. The Douglas County Board has been working with the ENCOR services to re-locate CHANCE in a facility in North Omaha which will meet the necessary federal, state and local codes.

MADONNA SCHOOL'S ANNUAL LUAU IS COMING...

(You ain't lived until you've attended
this fantastic dinner dance.)

**SATURDAY, MAY 11
AT THE HOLIDAY INN.**

**TICKETS: \$15 EACH
CALL 556-1883 OR
571-0640 FOR TICKETS**



**IT'S A LONG WAY OFF....
BUT A REAL OPPORTUNITY FOR
SOME NEW DIRECTIONS
IN MONITORING.**

THE DATE IS SATURDAY, MAY 11 9:00 a.m. 'til noon

(The place will be announced next month)

LINDA GLENN, CO-AUTHOR OF PROGRAM ANALYSIS OF SERVICE SYSTEMS

WILL PRESENT THE PASS SYSTEM TO PARENTS AND CITIZENS ONLY.

After that....

Some new plans of monitor action.

MARK SATURDAY, MAY 11 ON YOUR CALENDAR!

IF WE ALL WORK HARD ON MEMBERSHIP

THIS MAN



NORM STAVA

THIS MAN



ED SKARNULIS

OR

WILL WIN A ROUND TRIP
AIR TICKET TO THE NARC
CONVENTION IN MILWAUKEE....

THE DEADLINE IS APRIL 15.....

Pass this blank to a man, woman or whatever for Ed and Norm!!

FILL OUT THIS SIMPLE BLANK

Name _____

Address _____ Zip _____

Home Phone _____ Business Phone _____

Parent of a retarded person _____

Interested citizen _____

Interested youth _____

Professional in the field _____

**TELL US WHICH YOU'D RATHER BE (CHECK ONE...IT'S \$7.00
FOR ADULTS OR \$3.50 FOR YOUTH EITHER WAY.)**

() **AN ACTIVE MEMBER**

One who would like to be actively involved in
volunteer projects, services or committees.

() **A SUPPORTIVE MEMBER**

One who wants to root for the cause without
being actively involved. (The GOARC GAZETTE
Mental Retardation News and FOCUS will be sent
to adult members just the same. Youth members
will receive the GAZETTE.)

LOOK AT THE LEGISLATIVE DISTRICT MAP. →

Put an "X" in the area where you live.

**DO YOU KNOW OF OTHERS WHO MIGHT BE INTERESTED
IN JOINING GOARC OR GOYARC?**

PLEASE CHECK ONE OF THE FOLLOWING:

Enclosed is \$7.00 for adults ()
\$3.50 for youth ()

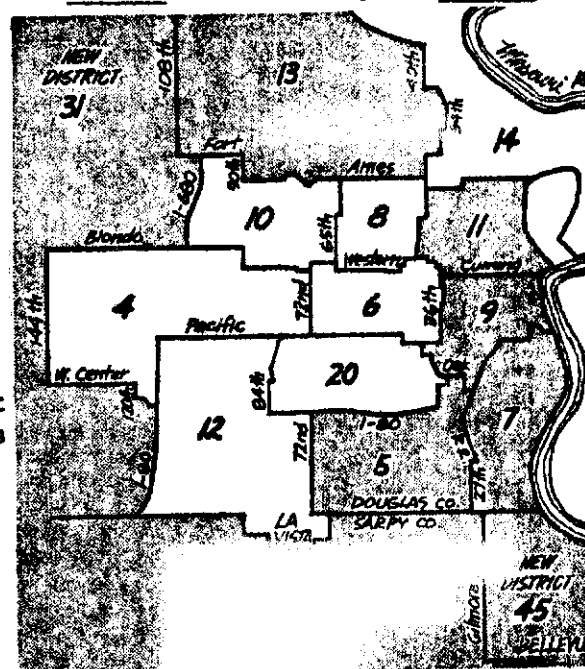
Bill me ()

Bank Americard

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Expiration date _____



Outside of
Districts

Outside of
State

Master Charge

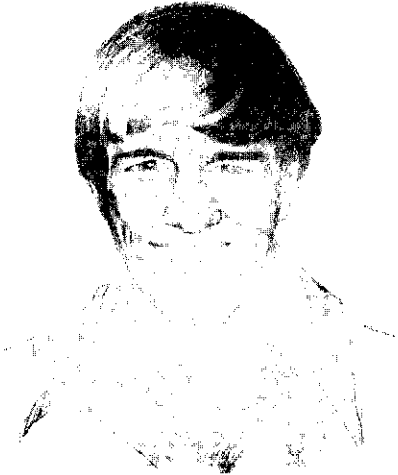
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Expiration date _____

PLEASE MAIL TO:

GOARC
140 South 40th Street
Omaha, Nebraska 68131

ON THE GO WITH GOYARC



Our core groups have been going for a month now. I can see where this really should work. We are getting quite a few new members. In total, the number of volunteer hours is increasing also. Look out though, we are going to evaluate each group.

By the way, many of our old members have not renewed their membership yet. Do this! It is of utmost importance that you send it in soon.

I would like to thank GOARC for inviting us to lead their last General Membership meeting.

I feel we got quite a bit accomplished towards the relationship between GOARC and GOYARC. We now have a closer and more meaningful togetherness which should help us in times to come. Thanks also to Kris Peterson, the director and producer of the skit.

Keep looking for more improvements in the future. You should never be satisfied by what you are doing. But do more because there are many things that have not yet been done.

That's all for now.

Arlo Burk
President
GOYARC

- - - - -

March 4, 1974

Dear GOYARC Members:

Jack and I would like to thank GOYARC for the many nice activities you have shared with our daughter, Susan.

She has indeed benefitted by these experiences and has been happy to participate. Whenever GOYARC is mentioned, her eyes light up. One has to be there to know what we mean.

Your group has been the vehicle for companionship with girls and boys her own age; which Jack and I realize is most essential for her growth. We want you to know that we are grateful to your group and appreciate all you have done.

Sincerely,

Jack and Helen DeMay

**MEET SOME OF THE MEMBERS ON
THE ACTION COMMITTEE ON POVERTY
AND MENTAL RETARDATION**



The committee is made up of parents and professionals working together to identify problems of retarded citizens in low income areas and to seek feasible solutions through volunteer action and through agencies designated to serve the mentally retarded.



**WELCOME SUE KINNEY TO
THE GOARC/ENCOR
DEVELOPMENTAL TOY LIBRARY**

Some of the goals Sue has set for the library is a workshop this summer to teach parents how to use the toys and a workshop to teach parents to make some of the expensive toys with regular household items.

Sue's future plans are to expand the Library throughout the city and to integrate it within the public schools.

The library is open to any parent who has a developmentally disabled child.

For additional information, call Sue at 451-1773 or visit the library at 1602 Manderson. Bring the children!!!





Senator David Stahmer

"The people don't understand government. I keep reading letters in The World-Herald Public Pulse that we're all a bunch of clowns."

"The little man cuts his throat (when) he chooses not to vote any pay increases and says, 'I'm really gonna nail those clowns. I'm really going to drive one home for us little guys.'"

"Nothing could be farther from the truth," he said. "Big business, big labor... they're all going to be represented. The lobbyists...they're going to be there."

"The only group that isn't properly represented is the average man, or the little man or the poor man."

(Quoted from the Omaha World-Herald, March 10, 1974)

GOARC VOLUNTEERS HELP OMAHA PUBLIC SCHOOLS TO PLAN FOR LB 403

Omaha Public Schools have been asking for input from parents on their LB 403 implementation plan. The OPS plan was submitted to the State Department of Education on February 1, 1974. OPS staff members are currently in the process of making modifications on the plan. A number of parents and staff members have been involved in helping the various sub-committees in the rewriting process.

Bob Perske and Joe Friend are members of the OPS Special Education Advisory Committee which helped to form the sub-committees for each specialty area. Mrs. Sharon Urban and Mrs. Louise Wright have been working on the sub-committee dealing with the acoustically handicapped. GOARC representatives on the Educable Mentally Handicapped area are Mrs. JoAnn Graham and Mrs. Laura Torney. Mrs. Jan Novicki, Mr. and Mrs. Al Martinez and Mrs. Lawrence Gude have met with the Trainable Mentally Retarded sub-committee. The GOARC representative to the orthopedically handicapped, multiply handicapped sub-committee has been Earl Dredge.

Each sub-committee is trying to establish priorities in the specific areas mentioned. It is important that these parents provide input to the OPS plan on a monitoring basis.

CITIZEN ADVOCACY: A RICH OPPORTUNITY

A special ed teacher
A secretary
A bicycle shop owner
A medical researcher
A real estate salesman
A student



These advocates have been "involved" for nearly 3 years!



Anne Benson
Susan Blum
John Chedester
Laurie Giles
Jenny Hasset
Cheryl Havekost
Saundra Kourey
Scott Miller
Betty Scolla
Nancy Sholin
Frank Tabor

What do these people have in common? They are Citizen Advocates! But not everyone can be an advocate. People who are advocates have special qualities. They have time and lots of love and understanding to give to someone who needs them. No matter your calling, if you are concerned about the rights and dignity of the mentally retarded, become involved!

AN ALERT: WATCH FOR ENCOR'S CHANGES IN VOCATIONAL TRAINING

They've been spending long hours in those back rooms, the ENCOR Vocational Service staff, that is. Even in one meeting, they met with some parents and discussed the factors in job placements from the parent point of view (those parents: Mrs. Raymond Serafini, Mr. and Mrs. Jack Lee, Mr. and Mrs. Richard Baker, Mrs. Glen Blackstone, and Mrs. Michael Riederer).

What's in the offing? It appears to be in the following directions according to Director of Work Stations and Placement, Lois Rood.

A rich system of work stations in industry. (The ones that give dignity, strong self-image and a sense of pride in one's work.)

A cleaner and more stable placement operation.

A more adequate and skillful support staff.

Lots of GOARC members have been aware of many of the hopes and the plans that Lois Rood and her staff's been working for. Looks like something's going to surface.

Watch the GOARC GAZETTE for interesting developments each month from here on out. Parents and citizens, be careful! These programs may capture your interest. Help is needed. Be ready to be pressed into some volunteer action to back them up.

BULLETIN BOARD

BOARD TAKES A CHANCE

The relocation of CHANCE School was brought before the Douglas County Board on March 19th.

P. J. Morgan was responsible for putting it on the agenda. A final decision will be made on the 26th as to whether they will build or buy an existing facility.

CHARTERED BUS TO CEC CONVENTION

A chartered bus is being sponsored by the University of Nebraska at Omaha Special Education Department, and the Student Council for Exceptional Children. This bus will be traveling to the National Council for Exceptional Children's convention in New York, April 12-20. All interested people are invited to ride in this bus. A reduced transportation rate is now possible. Those who are interested are asked to contact Jolene Simmons, SCEC President or Dr. Aaron Armfield of the UNO faculty, 554-2201. The more the merrier!

BERQUIST STADIUM HOSTS SPECIAL OLYMPICS

The date for the Special Olympics has been set. Its...

Saturday, May 4
At Norris Junior High

Call Tom Hallstrom, at Omaha Public Schools for info (554-1111).

State meet will be in Kearney May 31 & June 1.

NEW PARENT CLASS BEGINS

ENCOR's PROGRAM DEVELOPMENT AND TRAINING announces a parent class Monday the 29th of April at 10:00 A.M. for approximately 6 weeks. Location: Central Office Annex classroom. Topics: precision teaching and behavior analysis. Please call Eileen Hogan at 556-7517 to sign up.

THANK YOU....THANK YOU....

Thanks for helping us get the GAZETTE out:

Carolyn Goodrich
Sally McFarland
Betty Ferraguti
Grace Christensen
Catherine Williams
Edna Watson
Louise Wright

CALENDAR

APRIL

- 1 Pilot Parent Committee Meeting at 7:30 P.M., place to be announced.
- 1 H & LR Committee on Nursing Homes Meeting at 11:45 A.M. at Prairie Park Nursing Home.
- 2 GOARC Executive Committee Meeting at 7:30 P.M. at the GOARC office.
- 2 Citizen Advocacy Advisory Committee Meeting at 3:30 P.M. at the GOARC office.
- 3 H & LR Committee on Developmental Centers Meeting at 7:30 P.M., place to be announced.
- 4 Membership Animation Committee Meeting at 12:00 Noon at the GOARC office.
- 9 South Developmental Center Parent Meeting at 7:30 P.M. at the center.
- 11 Membership Animation Committee Meeting at 12:00 Noon at the GOARC office.
- 14 HAPPY EASTER!!
- 15 J. P. Lord School Parent Group is having a coffee at 8:30 A.M. at J. P. Lord School.
- 15 CHAP Parent Meeting at 7:30 P.M. at CHAP.
- 15 H & LR Committee on Nursing Homes Meeting at 11:45 A.M., place to be announced.
- 15 Pilot Parent Group Meeting at 7:30 P.M., place to be announced.
- 16 GOARC Board of Directors Meeting at 7:30 P.M. at GOARC office.
- 16 Sarpy Developmental Center Parent Meeting at 7:30 P.M. at Don and Mary Dilla's house, 7248 Terry Drive, LaVista, Nebraska.
- 17 Madonna School Parent Meeting at 7:30 P.M. at Madonna School.
- 23 H & LR Committee on Public Attitudinal Change at 7:30 P.M. at Rosemary Wais' 5718 A Street.
- 26 J. P. Lord School Parent Group is having a coffee at 8:30 A.M. at J. P. Lord School.
- 27 NebARC Annual Convention at Kearney, Nebraska. LETS ALL GO!
- 28 NebARC Annual Convention at Kearney, Nebraska. LETS ALL GO!
- 29 Swing For The Retarded (formerly Big Fred's Golf Tournament). (See page 7)
- 29 H & LR Committee on Nursing Homes at 11:45 A.M., place to be announced.

CALENDAR

MAY

- 2 General Membership Meeting. Our biggest night of the year...The Awards Night.
- 4 The Regional Special Olympics at Omaha (see page 18).
- 6 Citizen Advocacy Training Session, 7:30 P.M. at the GOARC office.
- 7 Citizen Advocacy Training Session, 7:30 P.M. at the GOARC office.
- 8 Citizen Advocacy Training Session, 7:30 P.M. at the GOARC office.
- 11 New Directions In Monitoring, 9:00 - 12:00 (see page 2).
- 11 Madonna School Luau (see page 12).

Shirley Dean
4842 Sahler #107
Omaha, NB 68104

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GAZETTE

MAY, 1974 ISSUE

EDITOR: JAN NOVICKI

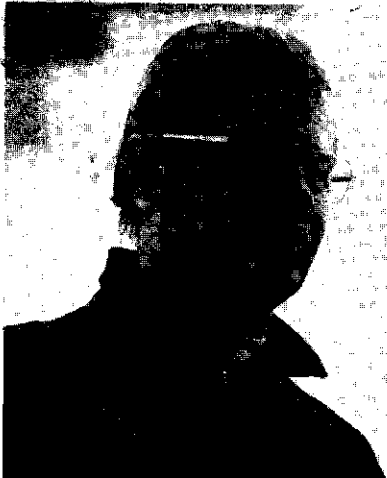


**LIFE IS LIKE AN ONION...
YOU PEEL OFF ONE LAYER AT A TIME...
AND SOMETIMES...
YOU WEEP.**

CARL SANDBURG

**May 2 Annual Awards Nite
(See pg. 4)
May 18 New PASS
Program
(See pg. 15)**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



A SEED THOUGHT

What could happen if we planted a certain idea in the back of our mind...thought about it...let it grow. What would be the final outcome?

Here's the thought:

The word "retarded" is rapidly coming into disrepute. So is the word "developmentally disabled" when you're talking about people, "handicapped" isn't much better.

Is it possible that GOARC could have a functional, positive name that does not have to hinge on such stigmatic definitions as the above?

Could we someday call ourselves the Greater Omaha Human Services Advocates? That would be GOHSA.

Everything GOARC does has advocacy flavor whether it's citizen advocacy, guardian advocacy, legal advocacy, legislative action advocacy, youth advocacy or PASS advocacy (possibly a new name for monitoring). Of course Pilot Parents is a lively name. It's already been coined, as well as Public Attitudinal Change. Makes sense that they would be left as is. Nevertheless they're all advocates of one form or another.

So often staff and volunteers are now trying to be helpful to people who "fall between the cracks". ENCOR has widened their activities in the direction of complete human services. Could the volunteers do it too?

How does Human Service Advocacy strike you?

Bob Perske

OUR PRESIDENT SPEAKS

Dear parents and friends:

I would like to devote my message this month to an event that I feel will prove to be very exciting and helpful.

I am referring to a colorful happening, Saturday, May 18. Linda Glenn will be presenting some "New Directions". Color slides from all over the world will be shown. We will have a chance to capture the spirit of her new book on the PASS System (Program Analysis of Service Systems). Don't miss it!



I feel this is exciting because out of this may come a new understanding of evaluating and monitoring for the relatives and friends of handicapped persons. This certainly will give the consumers more of an idea of what to look for in services, and to properly evaluate, and then be more able to have input in a constructive way to the direction of community services.

I feel it will be helpful, because, as far as I know, we will be the first group of non-professionals who will have had this opportunity, and it is certain to bring the professionals, and relatives of mentally handicapped closer together, and allow them to work more harmoniously together for the purposes of evaluating and planning together for even better community services than we now enjoy.

Please remember the date, Saturday, May 18, 1974, at Westside High School.

This session will offer some new avenues of learning for some. All who wish to continue in learning how to be a certified PASS evaluator will have that chance. Hope to see you May 18th.

Sincerely,

Joseph L. Friend
President
GOARC

**THURSDAY, MAY 2
IS THE NIGHT
WE**

**PASS
OUT
THE
FLOWERS !
It's our Annual GOARC
Awards Night.**



**LOTS OF SURPRISES ...
AND OUR ANNUAL ELECTION TOO.**

**COME TO: FIRST FEDERAL SAVINGS & LOAN
 2101 SOUTH 42ND STREET**

THE SCHEDULE:

7:00 P.M. COFFEE & ROLLS

7:30 P.M. QUICK IMPORTANT ANNOUNCEMENTS

ELECTION OF OFFICERS

AND THEN THE AWARDS!!

(MORE COFFEE, ROLLS & VISITING AFTER THE PROGRAM)

FAMILY OF THE MONTH

Mr. and Mrs. Carl Coordes
3047 Arcadia
Omaha



Where to begin? Their story is the history of GOARC itself. They were in on it from the beginning. Way back in 1963 a meeting was held at UNO, on the snowiest night of the year, to see how much interest there was in Omaha for the retarded. There was quite a bit. June Vance became the first president and Laurene Coordes was the first secretary, signing the articles of incorporation. The group became known as the Douglas-Sarpy County Association for Retarded Children. Honey Sunday was started at this time with the Jaycees as sponsors. Laurene said it was quite a fiasco.... they forgot to have anyone deliver the honey!

After being secretary for two years, she was asked to be program chairman for the next three years. Someone donated a mimeograph machine and it wound up in the Coordes' basement with Laurene publishing the first Association newsletter, and Rose Meile acting as editor. The whole family, including grandparents, helped assemble it on the living room floor.

For GOARC's 5th Anniversary in 1968, Laurene, Tom Porter and others wrote a melodrama depicting the activities and growth of the association.

Laurene has been on the Hospitality Committee, has had many coffees in her home for senators, and was the first secretary of the TMH PTA. Carl was also president for one year. She said "Carl has been my right hand in all the ventures I undertook for GOARC and attended most of the meetings; did a lot of babysitting and was always there to discuss matters. Our one big night out a month was to go to a PTA meeting and have a cup of coffee."

Carl, a manager for Puritan Mfg., and Laurene have three children:



Cordie, 23, is a graduate of North High and the University of Chicago. He is now in the University of Nebraska Medical School. He participated in the second program of SWEAT.

Douglas, 21, is also a graduate of North High, as is his mother, where he was Lt. Colonel and Battalion Commander of ROTC. He is presently on a 4 year ROTC scholarship to Colorado State



University in Fort Collins. He is a junior studying wildlife diseases in the College of Forestry.



Ann, 19, is their only daughter. She is Downs Syndrome but has had a very full and normal life. In 1959 she started school at the Opportunity Center with Ruth Sharp as her first teacher. In 1962 children from all over Omaha were tested for the first public school special ed class. Ann was selected and the ten children began public school at Field Club. She went back to Field Club for the transitional class but is now studying at Windsor School. Her class takes turns working in the school cafeteria.

(continued on next page)

COORDES (con't)

Ann has attended Sunday school at Trinity Lutheran Church since she was four and in 1969 was confirmed with the regular class. Ann took 3 years of ballet and was in the recitals at Tech High and the Music Hall. Her teacher made the comment, "She may be retarded, but I don't see anything retarded about her dancing". She has been in all the Special Olympics, bowls every Thursday at Ames Bowl with the ENCOR gang, and attends the GOYARC parties.

For years Ann was promised a trip to Disneyland. On April 22 her dream came true... she and her parents flew to Disneyland for a week of sunshine and fun.



Laurene just can't say enough good things about GOARC and the Public Schools. And there are some people who can't say enough about Carl and Laurene, such as Fran Porter. Fran said, "While Dana was in the hospital following his accident, Laurene arranged and paid for having my hair fixed to make me feel better. They took us to the GOARC meetings and have been good friends when we needed them."

(Laurene kept a scrapbook of GOARC's activities from 1963. She was wondering if anyone knew of it's whereabouts. If you do, please give her a call.)

ENCOR LEASES LODGE IN COLORADO!

Jim Johnson, ENCOR's supervisor of Recreation Services, reports that ENCOR will conduct a series of week long vacations in the Rocky Mountains, each of which promises to be a most exciting experience.

Each week a group of no more than 12 men and women will travel with two ENCOR staff members and/or volunteers by Greyhound bus to Fort Lupton, Colorado. Using the Greyhound mode of transportation (growing in popularity in this era of energy problems!) will provide excellent preparation for more independent travel. From Fort Lupton, the group will be escorted by ENCOR's resident-vacation staff, Laverne and Earl Hammer, to Wild Basin Lodge which is located on Route 7, just 14 miles south of Estes Park, Colorado.

At the lodge, there is fishing in Copeland Lake, hiking on the mountain trails or horseback riding from the Wild Basin stables to the great sights of the Rocky Mountains. In addition, there will be tours of Fall River Pass, Trail Ridge Road and Bear Lake country.

The total cost for all this? Just \$120.00 per person. This includes one week of food, lodging, activities, and all travel and sight-seeing tours. The first week will begin June 26th. In all there will be seven trips with the last trip starting August 7th.

Contact Jim Johnson at ENCOR's South Family Service Office, 346-9195, for more details. Sign up today!

A REPORT OF THE GREATER OMAHA ASSOCIATION FOR RETARDED CITIZENS, APRIL 10, 1974

by
President Joe Friend

(Editor's note: Joe had to write a report for the State Association and we wanted to share it with you.)

As I reflect on this past year, it can be described by one word: "intense". We've tried many thrusts. Some have proven to be highly successful. Others have failed. So, we pick up and try again. And yet, through it all we hope to prove that volunteer human services and volunteer advocacies can be powerful forces for helping the handicapped to "make it" in their own community. Furthermore, we hope to prove that the professional community based agencies can grow and thrive in partnership with such volunteer ventures as ours. The following are some of the highlights of GOARC's past year:

Two Major Honors. GOARC won "Outstanding ARC Award for Programming" at the National Convention, Anaheim, California. GOYARC won the "Outstanding Youth ARC Award for Indirect Services" at their national convention, Boise, Idaho.

Public Attitudinal Change task force produced an excellent compilation of the tremendous number of letters sent to newspapers, radio, TV and individuals regarding society's attitude toward retarded citizens. Some of the letters are gracious. Others had to be firm and corrective. The Public Attitude Changers have inspired us all with their enthusiasm and spirit.

Youth. Their small "Core Group" experiment is a success. That one group comprised of 7 so-called "normal" persons and 7 so-called "retarded" persons developed into a rich cohesive action group. Now, there are 7 Core Groups organized throughout the area. More are in the making.

Pilot Parents. Their stable individual involvements with new parents of retarded persons has continued at an increasing rate. For this reason, they got together and drew up a grant proposal requesting their own staff coordinator. They plan to decentralize into small, lively units of Pilot Parents throughout the city. Also, they have been "on call" to other Nebraskans bringing their children to Omaha's hospitals.

Citizen Advocacy. They've come of age. They have chosen to narrow in on specific persons with critical human needs. In fact, they rewrote their grant along these lines. Another encouraging thing about Citizen Advocates has to do with their involvements in the mainstream of the GOARC effort. They serve on many monitoring activities, ad hoc committees and are present with us in general membership meetings.

Guardianship Advocacy. The Citizen Advocacy gang did it. They facilitated the first signed legal action for a guardian relationship. Others are now being planned. CA's opened a whole new avenue of service here.

Legislative and Governmental Action. We are deeply interested in getting parents and citizens to politic, lobby, testify, telephone, write and telegraph. There weren't as many volunteers testifying at hearings this year as there was last year. But, the letter writing, telephoning and telegraphing did increase. Next year we plan for a more intense volunteer involvement during the legislative sessions.

Membership Animation. This year, when persons joined GOARC, they were asked to declare whether they wanted to be "actively involved" or "supportive". The names of all those wanting to be active is being published. They will be organized according to senatorial districts. Each district will elect their own leader. We're hoping for many cohesive family-like neighborhood action groups throughout the Greater Omaha area.

Poverty and Mental Retardation. They've been involved in a large number of important actions. They planned, organized and testified with county commissioners regarding the terrible conditions of the building housing CHANCE Developmental Center and the subsequent location and remodeling of the SECOND CHANCE. They helped to start a NebARC Poverty and Mental Retardation thrust. An excellent pilot project was carried out with NU Medical Center in the testing for lead poisoning in children. They have set up many of their own Ad Hoc committees for specific actions. They did their own fund raiser to get their members to the State Convention (they are planning for NARC at Milwaukee too). They held their own planning retreat. The hard work and enthusiasm of this group is touching.

Nursing Homes. Although there are other monitoring task forces, this one has begun a new area of involvement. They've worked with state officials. They disseminate information regarding poor placements of retarded citizens in nursing homes. They've begun site visits. They are now working on an appraisal of the situation and a written position statement that will force service agencies and the community to see clearly what happens to retarded persons in nursing homes as well as to point out healthier alternatives.

Developmental Task Force. Here's another group who continually work at gathering data regarding the continuous development of retarded citizens. They've developed questionnaires. They've handled some sticky personal situations and grievances. They've assisted the community agencies with some new pre-vocational programs.

L.B. 403. A wide array of planning committees have been started by Omaha Public Schools in order to carry out the mandate of this law. Volunteer parents and volunteer citizens are involved in these committees along with OPS administrators. As president, I serve on the OPS Special Education Advisory Committee and have felt positive progress taking place week by week. But, we are far from done on this situation. We need to deal with L.B. 403 on many different levels at the same time.

PASS Advocacy. We've tried all sorts of monitoring mechanisms. Some worked. Some didn't. Now we see Glenn and Wolfensberger: Program Analysis of Service Systems as the backbone of all monitoring efforts. We've been working for two months to get ready for an intensive early summer of inspiring, training, and getting structured commitments from volunteer parents and citizens who will become efficient PASS Advocates performing monitoring and evaluations in all community based units.

Ad Hocacy is Here. We've learned that volunteer task forces can really move when they have a stated charge or goal from the president and a set period of time to fulfill the task. When the task is completed, the group can disband with a sense of achievement and they are more prone to be ready for another ad hoc task. The following are the sort of ad hoc task forces we've had going for the cause:

- On specific critical monitoring situations (5)
- On program tasks (5)
- On marriage and dating
- On specific problems of individuals (4)
- On legal advocacy
- On Intensive Training Home possibilities
- On joint parent/pro meetings with government officials, etc.

Toy Library. The toy library started by GOARC's Poverty and Mental Retardation Action group has now been "spun off" to ENCOR. ENCOR now employs a person to coordinate this former volunteer effort.

Lending Library. Thanks to Pilot Parent's initiative, GOARC Lending Library is fully stocked with the latest editions on developmental disabilities. There are library sub-

stations in various areas in the town. Both parents and professionals have been using this library to good advantage.

Calling Committee. There has been an active telephone calling committee this year. A legislative alert can be passed from the GOARC office to four volunteer calling coordinators. They in turn notify 50 volunteers who call 12 people each. This system is the one that gets letters, telegrams and visits with government officials underway. Also the general membership gets alerted to special meetings as well. An efficient system.

Special Education Task Force. In the past few months, this group has focused on work with school boards. They are interested in public attitudinal change possibilities within the schools. They have set up tours for public school officials and board members through ENCOR developmental centers.

The GOARC GAZETTE. Our editor consistently pulls together a highly readable monthly magazine. Requests to be placed on the GAZETTE mailing list come from many places in the nation, (e.g. PCMR, NARC, The Canadian Association, etc.)

Legal Advocacy. This is something for the future. We know our organization must sooner or later do something helpful in this area. There is such a great need. At present, an ad hoc committee is meeting and exploring this with interested lawyers in the area.

Our Failures. We've had many because we've tried many different things. I cannot bear to list them. But, they must be admitted. And, we do learn from them.

In GOARC, a person can only serve as president for two consecutive years. My two years is drawing to a close and I will be stepping down. I feel proud of members of GOARC for all the things they dared to try under my elected leadership. Together, these volunteer parents, volunteer citizens and volunteer professionals have plowed much new ground. Surely, many others will benefit from the new directions we took. I am proud to have served as their elected leader.

Respectfully submitted,



Joseph L. Friend
President
GOARC

WORK STATIONS IN INDUSTRY: IT'S WORKING IN OMAHA



Bill Scheibeler, Supervisor
Leonard Paletta, Trainee

This factory within a factory
at Lozier Corp. trains ENCOR workers.



Don McLarnan, Supervisor
Willie Rogers, Trainee

It takes hard work to
KEEP OMAHA BEAUTIFUL as
these ENCOR workers know.
Here they learn work per-
sistance and stamina as
well as the meaning of
ecology.



Karen Roubal, Trainee

"For the love of your pet"
ENCOR workers assemble and
package over a dozen different
items of pet products at the
Geisler factory.



Betty James, Trainee
Diane Schroeder, Ass't. Supervisor



Donna Metz, Trainee
Joy Arnetta, Supervisor

Preparing for a busy season, ENCOR
maintains this 72 room section at
Holiday Inn as workers train to
become maids.

ENCOR'S DEVELOPMENTAL HOME PROGRAM CELEBRATES ITS FIRST ADOPTION



David and Ona Mayer of Plattsmouth have served as a developmental home for 9-year-old Faith for over a year now. Faith has been part of their family since that chilly day in March, 1973, when she excitedly made the trip from Beatrice State Home to join the Mayers and their three boys, David Jr., 12, Kevin, 11, and Mark, 9, in Plattsmouth. The boys readily accepted her and wondered how they had gotten along without a "sister" to tease or to shelter up until then. For Mr. Mayer, there was no doubt about the fact that Faith was a "Daddy's girl".

Faith was legally the Mayers' foster child until March 26, 1974, when she became known as Faith Ann Mayer by their legal adoption of her. "We decided sometime ago that we wanted to adopt a girl, so it was in our plans to move from foster to adoptive care. It has worked out beautifully and as far as Faith is concerned, she was one of us from her first day here," Ona commented.

Not all of the children who are placed through ENCOR's Developmental Home Program are legally adoptable, but because of a long-term nature of each placement, strong emotional ties develop between the child and his family. It is a heartening thing for the ENCOR staff to find people who are willing to open their family to the care of a needy retarded child, and in some cases, to become legal guardians and even adoptive parents.

Presently awaiting a home is a 3-year-old boy who does not walk yet, but who crawls very well. Hopefully, with muscle strengthening exercises, he will be able to take that first step. At the other end of the age group, is a 13-year-old who wants very much to be in a home setting, but who is currently at Beatrice State Home. They are just two of a list of children who would like to have a success story such as Faith's.

The Developmental Home Program is located in the ENCOR South Family Service Office at 346-9195.

- - - - -

CHANCE HAS A NEW BUILDING

The Douglas County Board, on March 26, 1974, approved the purchase of a former day care center, located at 4602 North 30th Street for the location of the new CHANCE site. The parents of CHANCE who are members of the Poverty and Mental Retardation Committee have formed an Ad Hoc Committee to work with ENCOR personnel on the renovation of the building. They are hoping the renovation will be done quickly.

ON THE GO WITH GOYARC



Hello gang,

Well, it is almost summer, this is the last month at school and many of our group will be leaving for the summer. Some will be leaving for good, me for instance. This is my last article. I hope those people staying in Omaha will continue to work throughout the summer to keep the name of GOYARC built up to where it is now.

Elections are this month at our General Membership meeting and we have a lot of excellent candidates for all of the offices. I would like to wish all of the candidates good luck. GOYARC will be in good hands next year.

I am very proud at how our small groups have really taken off and done a fantastic job. I would like to give special congratulations to John Keener from the South Core Group. He has started a group of kids that have never been contacted with MR on their way to becoming very active volunteers.

One of the points of interest that will be getting quite a bit of discussion at our General Membership Meeting is the thought of a 6-month term of office for those elected. This will give everybody a chance to do what they can in an office. Many of our members are going to school, some even have jobs on top of that. Many times it has affected those in office toward the end of their term, and then it is up to the new officers to catch up. There are points both ways and there is no telling which way it will go. We will just have to watch and wait.

To conclude, I would like to thank Pat Henry who has been much help to me. Bob Perske and Joe Friend have also helped me a lot throughout my term. I hope that I will still be able to help out when needed in the future.

Thanks to all again,

Arlo Burk
President
GOYARC

PAT HENRY RETURNS TO BOYSTOWN

Pat Henry, Coordinator of Youth Activities, will graduate from the University of Nebraska at Omaha with his Masters in Social Work. He's returning to his counselor's position at Boys Town. This means, we're going to lose one of the best part-time youth directors that GOARC has had. In fact, part-time doesn't say it. In many weeks, he worked full time.

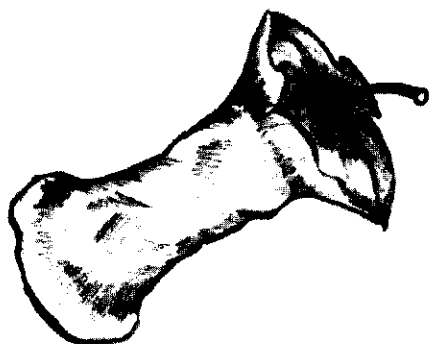
This likable young man has worked closely with the youth as they achieved new enthusiasm and new programs. The core groups through Omaha was one of his great hopes. That hope has materialized.

"St. Patrick will not be lost to GOARC, however. He will remain as a youth advisor although his duties at Boys Town will make it impossible for him to serve as a staff person.

Congratulations, Pat, on your degree, and on returning to a place of responsibility at Boys Town.



DOWN TO THE CORE



The SOUTHWEST CORE group treated Mom, Dad and all the family to a pot-luck supper. Looking ahead now to a picnic at the Henry Doorly Zoo and beyond that to their own Putt-Putt tournament. (Ask Kris Peterson, 397-3107).

In the WEST they took plenty of time coloring eggs, and then celebrating spring vacation and Easter with a party. Arlo Burk (333-5813) is hoping that the families can meet one another at a coming pot-luck dinner. There's a hike at Fontenelle Forest and a number of small group activities planned even before that.

BELLEVUE (the "baby Core") is just making its appearance as a group that will do great things. Their very first activity is a picnic planned for the Offutt Base Lake. John Keener (291-6263) or Rose Fisher (291-7047) can tell you more of what's ahead.

In the NORTHWEST, it was a trip to the Boys Town Dairy Farm featuring Mike Iole as director and a cast of 150 Holsteins. The hay mound and feeding the new calves from nipples bottles were the highlights. Nancy Schipper (571-8084) and Beth Huettner (571-4792) are working on some activities outside with this younger aged group.

The CENTRAL CORE had some trouble getting their first activity - kite flying off the ground. Then the problem was to keep the kites out of the trees. Maybe they should have planned on a tree-climbing activity instead. Enough of the fickle Nebraska spring. Jenny Lippold (556-9199) says they are working with some clever arts and crafts projects inside for now.



JIM AND ANNE MARIE MULLIGAN TO ENGLAND

Recently, Jim and Anne Marie Mulligan, two of our very fine GOARC volunteer members, will be moving to England. They will be working with James and Anita Loring, the famous leaders of the English Spastic Society. Their tour of duty with the Society will be two years. Jim and Anne will be co-directors of Coombe Farm, a 40 bed facility for severely physically handicapped adults. Jim and Anne have one goal: To move these residents into normalized living situations in the community. Coombe Farm is in Croyden, a suburb of London. They plan to leave September 1st.

It hurts to see them go. They've worked so well with us. But, they plan to be back and work on similar comprehensive community based programs for the physically handicapped in Omaha. After knowing and caring for Jim and Anne, there's no doubt that now England's really going to "Swing like a pendulum do".

YOUTH OF THE MONTH

Connie Giddens

There's a real estate company's sign in front of the Giddens house that brags "sold in three days". But, apart from the realtor, no one is very happy to see it there.

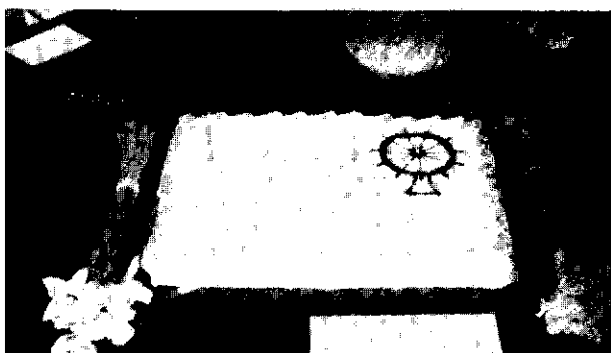
To their friends, it's a reminder that Connie and Christie Giddens are soon to move to Okinawa. Because of the great things we have come to know and share with them, this will be a tough goodbye.

Connie Giddens has served as some of the magic glue that has helped GOYARC's Southwest Core become such a close gang. Her interest in these friends and dedication to what they are all about mark her as the blue-ribbon kind of person that GOYARC calls their "Youth of the Month."

The Youth Advocacy program at the Beatrice State Home has been Connie's special project. After organizing this year's program for Omaha, she also took on leadership of visits to Beatrice by all of the state's local YARC's. Her own protege came home from Beatrice during the year making much of what Connie has been doing seem even more rewarding.

Christie Giddens is her younger sister, a 9th grader at Norris. Come late May, she will be leaving the Core group that she and Jenny Lippold organized in the Central area. The April 21st visit to Beatrice will also mark her final day with her special friend. Looking ahead, though, who else at the Beatrice State Home will have post cards and letters coming from Okinawa?

We'll miss you, Connie and Christie. But it's likely that some day soon we'll hear about another GOYARC, half a world away. If there's a Greater Okinawa YARC, we'll know who's behind it. Good luck!



Reminiscing, sharing experiences, and planning for future programs were on the agenda when Pilot Parents gathered to celebrate their second anniversary on February 18, at the ENCOR Conference Room.

I'D WALK A MILE !

Jeanne and Beth met last fall while Jeanne was still living in Omaha. Jeanne changed jobs and she and her husband moved to Herman, Nebraska later in the year. Despite the long drive, (Herman is 30 miles from Beth's house) Jeanne sees Beth every week.

Jeanne and Beth have lots in common. Both love to shop and go to shows, and now they are anxiously waiting for a creweling kit they ordered. And, both of them celebrate their birthdays on the same day!!!



CHARMING, DELIGHTFUL,
ENCHANTING.....

AND
!
DETERMINED,
LINDA
GLENN,

WILL POINT
OUT....

NEW DIRECTIONS

SATURDAY, MAY 18 (NOT MAY 11, AS ANNOUNCED EARLIER)
WESTSIDE HIGH SCHOOL'S LITTLE THEATRE, 87TH AND PACIFIC
9:00 A.M. TIL NOON (A HOPEFUL FULL MORNING)

**COLOR SLIDES OF SERVICES FROM
ALL OVER THE WORLD.**

EVERYBODY IN TOWN IS INVITED.

OUT OF THIS INTENSIVE SESSION,
GOARC MAY FIND SOME NEW DIRECTIONS!

THE 1974 NEBRASKA LEGISLATIVE SESSION IS OVER...

...BUT IT WAS A VERY GOOD ONE.

Here's a run down of the achievements:

- LB 1059 - The legislature appropriated \$180,000 for an ENCOR deficit
- LB 1054 - The legislature appropriated \$1 million for Region VI for the fiscal year 1974-75 (this is increased from approximately \$560,000 last year.)
- LB 1053 - \$8.4 million was appropriated as special education funds to put LB 403 (the Right to Education legislation) on a working basis
- LB 772 - This State Aid to Education Bill contains \$10 million for special education programs.
- LB 810 - This bill was passed as an amendment to LB 863. It allows for contracting with private programs if they are approved by the State Department of Special Education. The State Special Education Coordinating Council was also a part of this bill and NebARC will be represented on this council.
- LB 92 - The transportation bill that deleted the 4 mile limit and also deleted the upper dollar limit that can be received by parents, was passed during the early part of the session.
- LB 513 - This is the Health Department licensing bill that will focus on nursing homes and other facilities that house mentally retarded residents.
- LB 602 - Provides for improved building accessibility for handicapped citizens.
- LB 834 - Raises the level of ADC payments.
- LB 1010 - The bill to change the name of Beatrice State Home died since it was not a priority bill.

THANK YOU, SENATORS Orval Keyes, Richard Fellman, Eugene Mahoney, Harold Moylan, William Skarda, David Stahmer, John Cavanaugh, John Savage, Ernest Chambers, Richard Proud, George Syas, Duke Snyder, Glenn Goodrich, James Dickinson and Frank Lewis...and **THANK YOU, GOVERNOR EXON!**

(GOARC members...in your own way...thank your own Senator and the Governor.)

BITS and PIECES

Written by the
Developmental Task Force

It's free
It is tuitionless and nondiscriminatory.
It has sharp points and smooth corners.
It smells and feels and sounds and is.
It is all colors and everywhere.
It forces thinking by never explaining itself.
It is why every boy was born
and what he was born for.
It is learning.
When a light goes on in a human mind,
who has flicked the switch?
When that switch is on, what will keep it on?
What happens then?
Where will it lead?
Is it limitless?---this magical process
that is
DISCOVERY

Geoffrey Frost

All God's children have the right
to discovery about
themselves, the world.

These children are at

BENSON DEVELOPMENTAL CENTER



WHAT CAN YOU, AS PARENTS AND INTERESTED CITIZENS, DO TO INSURE IMPLEMENTATION OF LB 403?

Tom Miller has been doing some excellent work on LB 403. (The Right to Education Bill for the Handicapped.) He's done it as both a volunteer and a professional. Here's a most timely statement for parents by Tom.

1. Demand your child's right to an education from the local school boards. You as parents no longer have to put up with remarks such as, "We have no programs like that now, we don't have the money, we don't have the space, etc." Because of LB 403, your child has a right to be educated within the public school system.
2. Your child has the right to be in the mainstream of the educational system. As much as possible, you should demand that your child be placed either in the regular classroom setting if he is able to benefit from that educational setting; or in a special education setting within the regular school system. The word, "mainstream", means that as much as possible each handicapped child will have a right to be in educational programs or schools with other children.
3. You have the right as parents to look at the plans which are submitted every February to the Special Education Division of the State Department of Education. You also have a right to question those items in the plan you may not understand, and you definitely have the right to force the school districts to provide quality educational programs for your handicapped child. If you have the time, you should as much as possible, try to become involved in the actual planning in your school district.
4. After the school district places your child, you have a right to review the placement. You can talk to the staff who determined the placement, and if you are dissatisfied with the placement, appeal it to the State Department of Education. From now on, placement changes that are made for handicapped children should be well thought out and backed up with data that should also be explained to you, the parent.
5. You the parents should become actively involved in your school districts. This means that you should frequently get together with the teachers so that they can explain to you how your child is doing. Only through ongoing communication with your school's administrators and teachers can we make LB 403 a reality and a public school education for all children come true.

- - - - -
Thanks to the following persons for
their help in preparing the GOARC GAZETTE
for mailing:

Carolyn Goodrich
Betty Ferraguti (and daughter Laurie)
Sharon Urban
Grace Christensen
Icel Clark

BULLETIN BOARD

COMING..COMING..in the July GAZETTE a rundown of all the GOARC Board complete with mug shots.

OLYMPICS CHANGED

The Regional Special Olympics Meet will be held May 11 at Berquist Stadium (Norris Junior High) 10 A.M. Around 200 will be participating, so let's go out and support them!!

HONEY SUNDAY CO-CHAIRMAN

Norm Stava, from GOARC, and Jim Beatty, of the Jaycees have been chosen as the Honey Sunday Co-Chairmen for 1974. We're lucky to have such devoted young men. It's not too early to volunteer. Call Jim (422-3742) or Norm (422-8535). GOARC is looking for a part-time staff person to do the foot work of the campaign. \$50 a month for 6 months. Call Bob Perske.

On Sunday, May 5, Billie Cook and Gus Schoffner will be talking about ENCOR and GOARC on KOWH's "Community Issues and Answers" at 1:00 p.m.

May 13, 14, 15....ENCOR Parent, Staff, and Volunteer Orientation. GOARC Conference Room, 8:30 a.m. each morning.

For those of you who joined GOARC this year and received a special thank you note in place of a membership card... it occurred to us that some folks want their GOARC card. Call the office and they will mail it to you pronto.

GOARC'S WAITING ROOM NEEDS SPIFFING UP

The waiting room, first room you enter from 40th, leaves much to be desired. So..if anybody has some of the following items they're no longer using, they're invited to consider GOARC's need:

- a serviceable couch
- coffee table
- bright curtains
- bright rug

So that it will fit into a color scheme, please give GOARC the right to refuse.

Non-denominational religion class for the retarded. Starting April 22 from 3:30 p.m. to 4:30 p.m. at Madonna School. 2537 No. 62nd. Contact Sister Mary Evangeline at 556-1883.

Amy Alperson would like to babysit for a retarded child. She is 14 and lives in the area of 132nd and Dodge. She is an ENCOR volunteer. Call 333-1616.

MAY

CALENDAR

- 1 CHANCE Parent Group Meeting, 7:30 P. M., Place to be announced.
- 1 EMH Committee Meeting, 7:30 P.M., Place to be announced.
- GENERAL MEMBERSHIP MEETING. OUR BIGGEST NIGHT OF THE YEAR...THE AWARDS AND ELECTION NIGHT!**
- 2 First Federal Savings and Loan, 2101 So. 42nd St., 7:00 - Coffee, 7:30 - Program
- 4 "Integrating the Handicapped Child into the Classroom" seminar sponsored by MCRI, Whitson Hall, 42 & Dewey, 9-12 Noon, 1-5 P.M. Registration forms from Nat Givner, MCRI, 541-4452. Fee: \$10
- 6 CA Training Session at GOARC (140 South 40 Street), 7:30 P.M.
- 6 Pilot Parent Committee Meeting, time and place to be announced.
- 7 CA training session, GOARC, 7:30 P.M.
- 7 Childrens Memorial Hospital Parent Group Meeting at hospital, 7:30 P.M.
- 7 GOARC Executive Committee Meeting, at GOARC, 7:30 P.M.
- 8 CA Training Session, GOARC, 7:30 P.M.
- 9 CA Advisory Committee Meeting, 5:15 P.M., GOARC Conference Room
- 9 Regional Special Olympics (see page 19) NOTE: Starts at 9:00 A.M.
- 11 **A VERY BIG SATURDAY MORNING**
- 11 Madonna School Luau at Holiday Inn, call 556-1883 or 571-0640 for tickets
- 15 Madonna School Parent Group, 7:30 P.M. at Madonna School
- 15 H & LR Public Attitudinal Change Committee, 7:30 P.M., 5718 A Street.
- 16 H & LR Committee on Voc. Training, 7:30 P.M., at Scholer's 3134 No. 78 Street
- 16 Poverty and Mental Retardation Committee Meeting at GOARC, 7:30 P.M.
- 18 "New Directions for Programs" (see page 15)
9:00 A.M. - 12:00 Noon
- 20 CHAP School Parent Group, 7:30 P.M. at CHAP
- 20 Pilot Parent Meeting, GOARC Conference Room, 7:30 P.M.
- 21 GOARC Board of Directors Meeting, 7:30 P.M.
GOARC Conference Room
- 23 Benson Developmental Center Parent Group Meeting, 2:00 P.M. at Benson Developmental Center

Shirley Dean
116 So 42nd Street
Omaha, Nebraska 68131

U.S. Postage Paid
Omaha, NE
Permit Number 109

the GOARC

140 South 40th Street
Omaha NE 68131

July/August, 1974 Issue
Editor: Jan Novicki

GAZETTE

A SONG FOR ACCEPTANCE

AS WE ARE, AS WE ARE,
AS WE ARE WE WILL SEEK YOU;
WITH OUR STRENGTH AND WEAKNESS TOO,
OH, HOW WE HOPE WE WILL MEET YOU;
SO WE WILL STRUGGLE TO LIVE AND GROW,
LIVE AND GROW FOR YOU;
AS WE ARE, AS WE ARE,
WE BELIEVE YOU ARE FOR US!

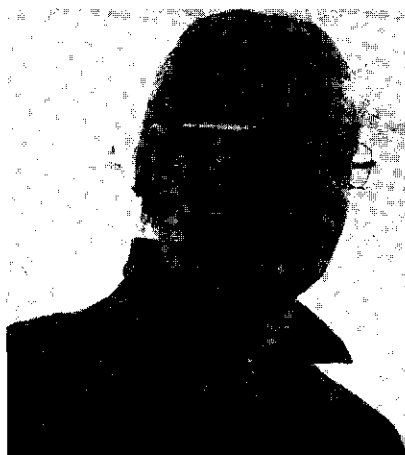
BP

(TUNE: "EDELWEISS" FROM
SOUND OF MUSIC)

Healthy: Healthy And
ARC Gets Healthy
Hike-Bike-Athon
August 24
page 23)



THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



(Editor's note: The following is a letter sent to the parents of the six young men who tragically perished in the Missouri River, July 2, 1972.)

Dear Friends:

It's been two years this month since your sons lost their lives in the Missouri River and I want to send a kind word to you. This is an attempt to reflect the thoughts of hundreds of persons in our town who feel the same kindness for you because of what happened on that fateful July 2, and the days thereafter.

We recall the anguished numbness followed by utter rage that six developing young men's lives could be snuffed out so quickly. You felt it at its almost unbearable depths. But, some of us will never remember another time in our lives when so many persons from so many walks of life felt it with you.

We still recall those six funeral services carried out -- one after another -- during that ten-day period. It will be impossible to forget that those places of worship were packed with retarded citizens, government officials, parents, professionals, citizen advocates, youth volunteers, neighbors and friends. It was a time when all kinds of people from our town filled seats, stood in aisles, side rooms and outside in an attempt to share your suffering and help to commend your sons into God's good hands.

Many of us had a nagging fear that the dream spawned in our town whereby retarded citizens be allowed to live the fullest life possible in their own community, would be squelched. We feared that folks who believed retarded citizens belong in institutions would now rise up. But, even the enemies to our cause were kind. None attacked us at this, our most tender spot.

Nevertheless, we can never minimize the awful pain you once felt nor can we ever justify what happened. We can tell you that the loss of Jesse Barber, John Hogan, Gary Olson, John Purnell, Ron Schultz and their counselor, Tom Madsen, has succeeded in shaking some of us in a way we'll never forget. It drew us together so that as long as ENCOR and GOARC are alive and thriving, much of what we do for human beings who happened to be retarded will be influenced by that tragedy of 1972!

Life and development has moved on. Many of the two Johns', Gary's, Ron's and Jesse's friends are living in supervised apartments or independently. Many have moved on to competitive "work stations" in regular industry or they hold down a job on their own. Had they lived, your sons, with their spirit, would have continued to achieve the same goals. Many of counselor Tom's colleagues have become the leaders within ENCOR's system of comprehensive community based services. It is without a doubt that Tom with his dedication would have been one of our best leaders too.

Some of us feel that 1974 will prove to be our biggest year. Expectations are high. Giant strides are taking place toward fulfilling the hopes and dreams of our town with regard to retarded citizens. But, as this takes place, the tragic loss of 1972 will continue to linger in our minds. We choose to never forget you nor forget your sons.

Sincerely,
Bob Perske

OUR PRESIDENT SPEAKS



During the past three months, many GOARC members have been involved in the PASS orientation and training sessions. I would like to thank, personally, each of you who have taken the time to become a PASS evaluator. For those who have not taken PASS training, I strongly encourage you to take these training sessions.

PASS evaluation will be one of the most critical elements in achieving our objective of normalization for our retarded citizens. Many of you may have thought that PASS evaluation would be used primarily in connection with ENCOR programs. While this may have been true six months ago, it is no longer completely valid at this time.

Two major changes have taken place during this period:

- 1) LB 403 has been enacted by the State Legislature. This law makes it mandatory for local school districts to make educational services available to all children. Many of you have worked many hours to provide advice to the school districts for the implementation of educational programs for our retarded citizens.
- 2) ENCOR, as of July 1, 1974, became a program office of the Eastern Nebraska Human Services Agency.

As a result of these major changes, GOARC should be deeply involved in the planning and evaluation of the programs which provide services to our retarded citizens. One important aspect will be the above mentioned PASS evaluation. Another aspect, will be working with the individual program service centers, such as specific schools, workshops, and alternative residents.

On a pilot basis, George Armstrong is organizing the Sarpy County members of GOARC to concentrate on the specific problems of providing service to the retarded in Sarpy County. In the future, we hope to have similar groups organized for each legislative district in Douglas County.

I'm very enthusiastic about the potential, during this next year, to make another giant step toward achieving our goal of normalization. I realize that this is going to take a lot of continued hard work on the part of each of us, and I want to thank you in advance for your support and cooperation.

Sincerely,

Gary Taylor
President
GOARC



**ALL KINDS OF PEOPLE ARE LEARNING
A COMMON LANGUAGE THAT WILL BENEFIT
RETARDED PERSONS. IT'S
PASS**

Classes of PROGRAM ANALYSIS OF SERVICE SYSTEMS are continuing.

The more people we can train
The better planning and monitoring
All of us will be able to do.

INTERESTED? CLIP THE COUPON. SEND IT.

I WANT TO ENROLL IN A PASS CLASS.

Name _____ Address _____

Phone _____

- () I can be available for 2 consecutive evenings (7 P.M. - 10 P.M.)
() I can be available for a Saturday class (9 A.M. - 5 P.M.)

Send to: GOARC
140 South 40 Street
Omaha, Nebraska 68131

TAKE THE GROUP FLIGHT TO MILWAUKEE

The Annual Convention of the National Association for Retarded Citizens is being held close to Omaha. Won't be that way for many years to come. It's at Milwaukee. And, if we can get 40 people of all kinds and shapes on the same plane to and from Milwaukee, the flight fares will be cut in half. (Round trip air fare is \$100.00. Round trip in groups of 40 or more comes to \$51.76!)

Also, arrangements are being made to reserve a floor in a hotel with reasonable rates for Nebraskans. It's the Plankington Hotel. (One room with double bed, \$16.00. One room with twin beds, \$18.00. One room with two double beds, \$22.00.)

Travel arrangements are as follows:

Leave Tuesday, October 1, 1974
Return Saturday, October 5, 1974

Here's our chance, professionals, citizens, parents, and youth to all go as one family! Let's do it. If you plan to go, contact Dan DeLong, (402) 21-9055. Since he has a long distance phone, calls can be relayed through the GOARC office, 556-1180 in Omaha.

ARCHBISHOP SHEEHAN CONFIRMS SEVEN

Archbishop Daniel Sheehan ministered the Sacrament of Confirmation to seven young people who are retarded on May 16 at St. Pius X Church.

Sister Kathleen Avery (a GOARC member) had been working with this group for 5 years, first preparing them for communion and now for confirmation. She is leaving Omaha for a new assignment in Detroit, Michigan. We'll miss her.

Those receiving confirmation:

Ann Kilker
Kevin Gleason
Steve Welborn
Susan DeMay
Linda Trumble
Michael Fritz
Joel Severson
David Watt, a participating student

It is also noteworthy to mention that Susan DeMay's sponsor was also her citizen advocate, Jan Henny.

SEPTEMBER 5 !!

SEPTEMBER 5 !!

PRESENTING THE ...

GERALD TAYLOR, PRESIDENT

12820 Marcy

Occupation: CPA

Spouse: Norma

Children: 3

Has been a member of GOARC
for 5 years. Honey Sunday,
Ad Hoc Committees, and
Legislative Committee

Non-Parent



NORM STAVA, VICE PRESIDENT

5083 South 106 Avenue

Occupation: Northwestern Bell

Spouse: Karen

Honey Sunday Chairman

Non-Parent



GEORGE ARMSTRONG, SECOND VICE PRESIDENT

1311 Willis Avenue, Bellevue

Occupation: Retired -- USAF

Spouse: Helen

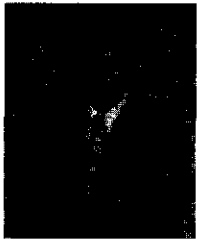
Children: 8

Ad Hoc Committees

Parent

... NEW GOARC LEADERS

ARLENE LEE, RECORDING SECRETARY
3132 North 59th
Occupation: Secretary, ENCOR
Spouse: Jack
Member of GOARC for 6 years.
Parent



PAT JUNG, TREASURER
9442 Brownley Drive
Occupation: Accountant, Peat-Marwick & Mit
Spouse: Connie
Pilot Parents, Ways and Means Committee
Parent



JOE FRIEND, PAST PRESIDENT
2727 Sharon Drive
Occupation: Omaha Police Department
Spouse: Jenny
Parent

SHIRLEY DEAN, CORRESPONDING SECRETARY
116 South 42nd
Occupation: Coordinator of Adult
Guidance Services, ENCOR
Pilot Parent Co-Chairperson
Non-Parent



BOARD OF DIRECTORS



ROSE ANDERSON
915 So. 69th
Spouse: Erland

Parent



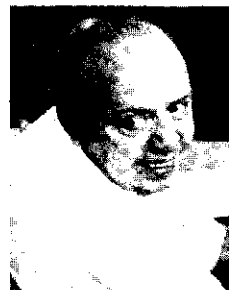
MARY CLARK
5706 So. 95th Plaza
Spouse: John
Children: 3
GOARC member for
2 years

Parent



JACK CONRAD
3214 North 45th
Occupation: Loziers Corp.

Non-Parent



JACK DEMAY
8308 Hillside Drive
Occupation: Leo
A. Daly
Spouse: Helen
Children: 3
Special Education
Committee
Parent



RICK DUFFER
Cottage 22,
Boystown

GOYARC

Non-Parent



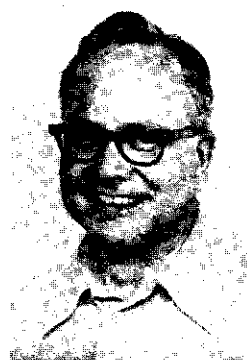
SISTER MARY EVANGELINE
2537 No. 62nd
Director of
Madonna School

Non-Parent



LINDA GLENN
116 So. 42nd
Executive Director of
ENCOR

Non-Parent



LEIGHTON GOODRICH
7637 Springfield Dr.
Occupation: Supervisor
Nebr. Inspection
Bureau
Spouse: Caroline
Children: 1
Past President GOARC,
Human and Legal Rights
Committee
Pilot Parents
"Parents of Year"
Parent

BOARD OF DIRECTORS (con't)



LAURA LEBBS HOFFMAN
1915 So. 44th St.
Spouse: John

Non-Parent



SAUNDRA KOUREY
9216 Ohio, Apt. 1
Occupation: Teacher,
Special Ed at McMillan
Junior High
Citizen Advocate

Non-Parent



BRIAN LENSINK
2427 So. 97th Ave.
Occupation: Executive
Dir. of Douglas Co.
Office of Human
Services
Spouse: Kathie
Children: 2

Non-Parent



JANE LONNQUIST
9441 No. 30th
Spouse: Ladd
Children: 1

Non-Parent



MARTIN MONDOR
3137 Vandenberg
Occupation: USAF
Spouse: Betty
Children: 2
Membership Committee

Parent



MARK MOON
PSC #2, Box 6747
Occupation: USAF

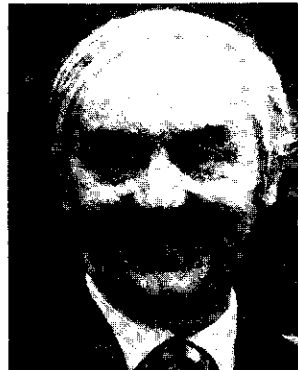
GOYARC

Non-Parent



JIM MULLIGAN
515 No. 41st Ave.
Occupation: ENCOR
Spouse: Anne Marie
Volunteer Action
Committee

Non-Parent



PAUL PEARSON, M.D.
4936 Ruggles
Occupation: Pediatrician,
Children's Rehab.
Institute
Spouse: Gladys

Non-Parent



JOHN PLEISS
4693 Pine
Occupation: Retired
Spouse: Josie
Past Treasurer of GOARC

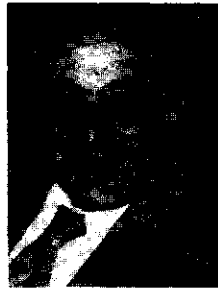
Parent

BOARD OF DIRECTORS (con't)



TOM PORTER
3035 Belvedere Blvd.
Occupation: Account
Clerk
Spouse: Fran
Children: 5
Pilot Parent

Parent



CHUCK SCHORR
10014 Rockbrook Rd.
Occupation: Attorney
Spouse: Gigi
Children: 3
Pilot Parent

Parent



ED SKARNULIS
1708 Van Camp Ave.
Occupation: Director of
Residential Division
Children: 2
Ways and Means Committee

Non-Parent



CAROL STEFFEN
5441 So. 102nd
Occupation: Housewife
Spouse: Don
Children: 2
Legislative Committee
(State and Local)

Parent



DAN STOCK
4205 No. 93rd
Occupation: Safety
Director, Bee Line
Motor Freight
Spouse: Claudia
Children: 4

Parent



SHARON URBAN
4818 Sahler #8
Occupation: Housewife
Spouse: Rudy
Children: 1
"Volunteer of Year"

Parent



DIANA WAGGONER
9606 Binney
Occupation: Community
Liaison for Dist. 66
Spouse: Donald
Citizen Advocacy
Advisory Committee

Non-Parent



ROSEMARY WAITS
5718 A Street
Occupation: Housewife
Spouse: Tom
Children: 5
Co-Chairperson of Attitudinal Change Committee
TMR, PTA President

Parent



EDNA WATSON
3824 No. 17th
Occupation: Housewife
Spouse: Oscar

Parent

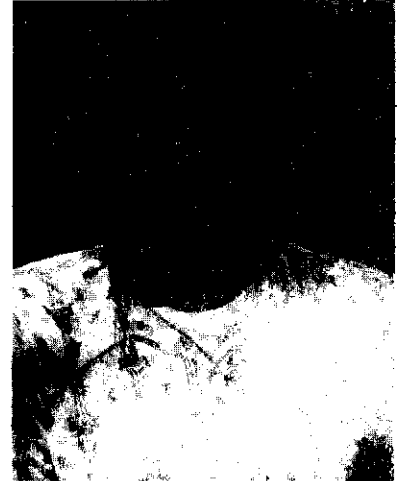
WORK STATIONS IN INDUSTRY WATCH 'EM GROW!



Bob Wennihan
Places "job ready" clients
in competitive jobs.



Lois Rood
Directs the
Program



Bill Scheibeler
Bids for and staffs
work stations

NOW....

Clients work directly on the floor of an industry
to complete contracted work.

All work stations are self-supporting, including
supervisors' salaries and clients' wages.

All contracts are awarded on the basis of competi-
tive bids.

Excellent examples of work stations will be presented
month after month in the GAZETTE.
Such places as...

Nebraska Methodist Hospital (Dishwashing Operation)

See page 14

Lozier's (Shelf Fixture Mfg.)

Holiday Inn (Main Service)

Trathoffler Inc. (Independent Shoe Mfg.)

Geisler's (Pet Food Industry)

Keep Omaha Beautiful (Recycling Plant)

....And many more will follow.

- - - - -

ENCOR EXPLAINED

(Newspaperman, Ken Burrows, is doing a series on ENCOR as it is currently organized. The following story and organizational chart is the first in a series on ENCOR.)

The phrase "creative partnership" is no stranger to citizens involved in the work of either GOARC or ENCOR, the two agencies which form the partnership. Each agency has its own mission in this partnership....GOARC's to enable and direct volunteers to serve as advocates and as catalysts for the mentally retarded and their families; ENCOR's to administer funded community based services for the mentally retarded and their families.

It sounds simple enough, but to many involved in the work of GOARC, the machinery that keeps ENCOR running remains a complex mystery.

What sort of mechanism operates an agency that, last year, served more than 1,100 clients and spent in excess of \$3.2 million doing it? The most recent organizational chart of ENCOR reveals a diverse collection of people, positions, programs, services and other functional cogs.

ENCOR begins with input from the five counties it serves...Cass, Dodge, Douglas, Sarpy, and Washington...through representation on a "Five-County ENCOR Governing Board." The five members making up the Board are Norman Magnusson (Sarpy), Martin Zoz (Cass), LaVerne Marquardt (Dodge), Daniel Lynch (Douglas) and Floyd Triplett (Washington).

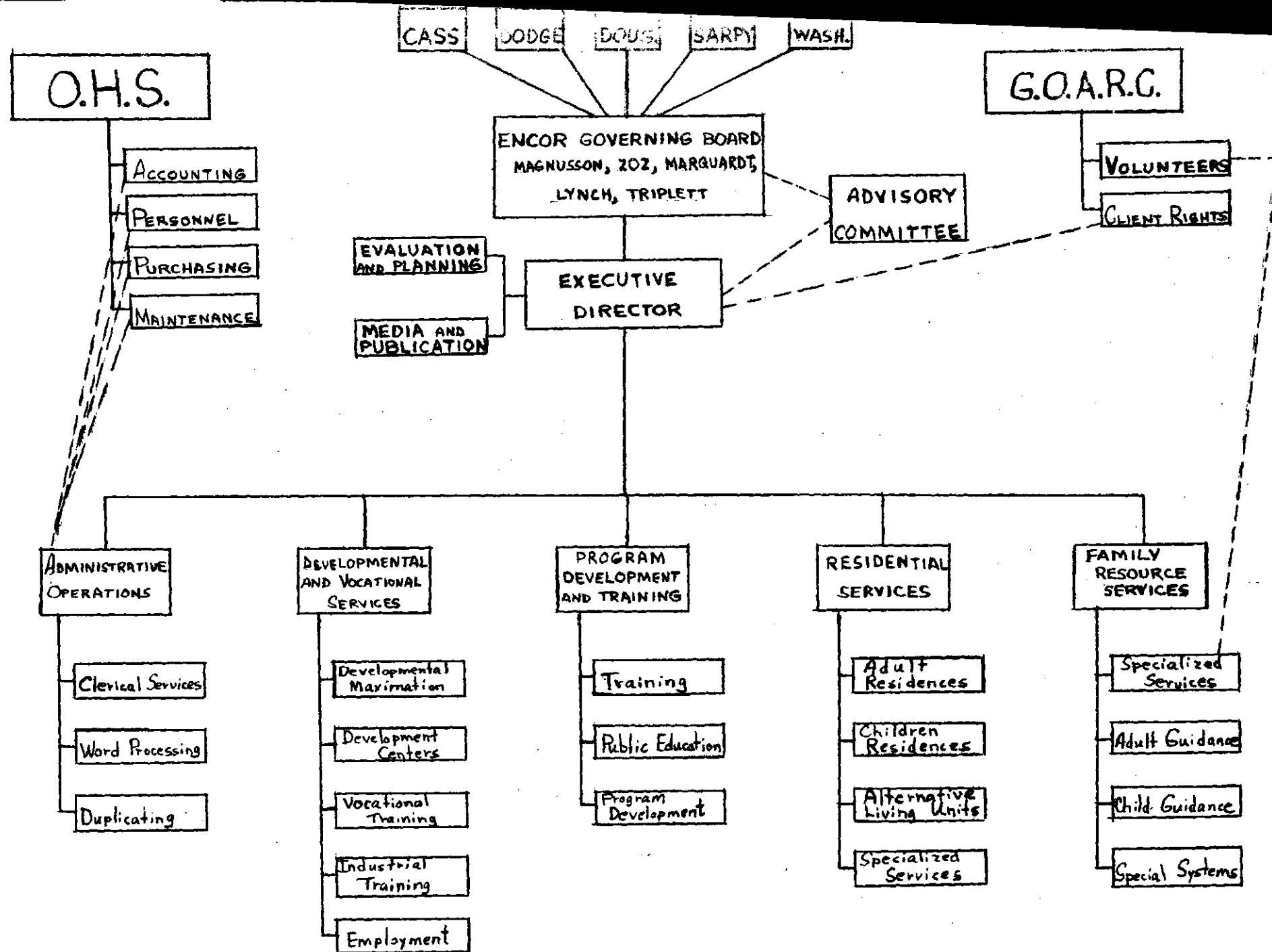
The focus of the ENCOR administrative organization then rests in the executive director, Linda Glenn, who is the link between the Governing Board, to which she is responsible, and nearly everything ENCOR does.

Under Ms. Glenn, the work of ENCOR is divided among five divisions:

- 1) Administrative Operations: handles secretarial and other clerical services; also coordinates with the Office of Human Services (OHS) in areas of accounting, personnel, purchasing and maintenance.
- 2) Developmental and Vocational Services: includes programs and services to assist in and promote the development and vocational training of the mentally retarded of all ages. Such services as developmental maximization, coordinated early education, vocational training, industrial training and employment fall under this division.
- 3) Program Development and Training: the newest division, it is designed to coordinate development of new agency programs and to handle training of new personnel. This division will also handle public education work, including tours of ENCOR facilities.
- 4) Residential Services: this division is divided by geographic location into five areas, with each area including resident facilities for adults, adolescents, and children. Alternative living units are the responsibility of this division. New to the residential services division are specialized services of the behavior shaping unit, the structured correctional unit (for offenders) and a crisis assistance unit.
- 5) Family Resource Services: in addition to providing guidance services for adults and children, this division offers specialized services in the areas of speech and language, medical health, psychology and recreation. The division also oversees central records and transportation and is in charge of central inquiry.

Each division is headed by a director, who is responsible to Ms. Glenn. The number of personnel and programs varies from one division to the next.

Future articles will detail each of the five divisions of ENCOR.



CONGRATULATIONS ENCOR
FOR BIDDING AND WINNING THE DISHWASHING
CONTRACT AT...



FACTS:

40 hour week (11 A.M. - 7:30 P.M.) 365 days a year with rotating holidays...
It's self supporting (supervisor included)...The supervisor is Jean Jones...
The Staff: Cheri Hart, Emil Pollak, Jim Richeson, Mellie Long, Deidre Owens,
Betsy Nielsen, Charles Miles, Lee Beckwith, Cheryl Jordan, Rose Riederer,
Sondra Brooks, Merl Drey, Terry Elmore...All staff expected to move toward
jobs in the open market.

THESE PEOPLE HAVE FOUND A RICH MEANING IN THEIR WORK...THEY HAVE A PART IN
HELPING PEOPLE GET WELL...AND THEY HAVE A PART IN HELPING MAKE THE WORLD A
HEALTHIER PLACE!!

WE MISS YOU , VICKI

Vicki Spidle Boehr died of cancer on May 28, 1974, after less than a year of battling the disease. We will always remember Vicki as a friend and very courageous lady who worked with us at the Developmental Maximation Unit for almost two years. Vicki was a bright, bouncy redhead whose favorite expression was "Oh, you guys!" - whenever she thought someone was putting her on.

Vicki, 20, worked at the DMU until three weeks before she died. In spite of the fact that she and everyone else knew that her chances of surviving were very slim, Vicki would never allow any special treatment given to her. She was very much into her work and that always seemed more important to her than what was happening inside her body.

Vicki will be missed for a very long time by those of us who knew her. She was a very candid person who taught us all a lot about courage and unselfishness.



The above drawing of Brian Lensink, Director, Office of Human Services, Governor J.J. Exon, and Vicki working with one young life appeared on the front of last November's GOARC GAZETTE. This drawing was enlarged and placed front center in the church during the memorial service for Vicki.

NEBARC REQUESTS SENATORS INVESTIGATE STATE DIRECTOR OF OMR

The following is a resolution passed by the NebARC Board of Directors:

WHEREAS _____

The State Office of Mental Retardation appears to have broken down as the normal efficient communication link between regional offices of mental retardation and important state agencies and departments resulting in poor working relationships.

AND WHEREAS _____

This faulty communication and problem solving has been evidenced in the failure to more efficiently solve problems related to:

1. LB 403
2. Supplementary Security Income Payments
3. Certification of clients participating in Regional OMR programs, and the Department of Social Service
4. High rate of O.M.R. staff turnover
5. The lack of appropriate consultation services to the 6 regions
6. Erosion of the original intent in the establishing of autonomous regional programs.

THEREFORE _____

We, the Nebraska Association for Retarded Citizens do hereby on Saturday, July 13, 1974, by majority vote of its Board of Directors, request each Senator to consider thoroughly an investigation of the functioning of the Director of the State Office of Mental Retardation, of the functioning of the Director of the State Office of Mental Retardation and direct the Executive Committee to advise Governor Exon of this action.

A CRY FOR HELP

Recently, ENCOR Central Inquiry received a phone call from a woman who wants to know if there is an insurance company which will include her two children on a life insurance policy. She explained that so far, she has been unable to have the children covered, because both children are retarded citizens.

If anyone knows of a life insurance company that will provide a policy to cover these children, would you please call ENCOR Central Inquiry at 556-5600.

PARENTS SIZZLE; SCHOOL OFFICIALS FEEL THE HEAT

Some of July's heat may have been caused by the rumblings of a volcano that's about to erupt--the rumblings of parents who are beginning to apply pressure on the Omaha Public School system to come up with some answers about the celebrated law that came from LB 403.

Beleaguered school officials, perhaps preoccupied with other problems such as transfer policies and the imminent ruling of a District Court judge on integration, appear to be ducking, dodging, parrying and lying low in the hopes that the 403 heat will blow over.

But the pressure continues to build. There were these developments:

July 2: About 150 parents and friends and members of the Omaha Public Schools Special Education Advisory Committee met at sweltering, un-airconditioned J.P. Lord School. Assistant Superintendent Dale Samuelson was absent. Lord School Principal Richard Galusha stood in for Samuelson, attempting to field a volley of questions. Many he could not, or would not, answer.

--Many at the meeting contended they had not had a chance to help in the planning of programs as mandated by 403.

--Some expressed fear that OPS would not contract for services with private schools.

--Galusha said OPS did not have enough money. However, State Senator David Stahmer told the group that state funds were available.

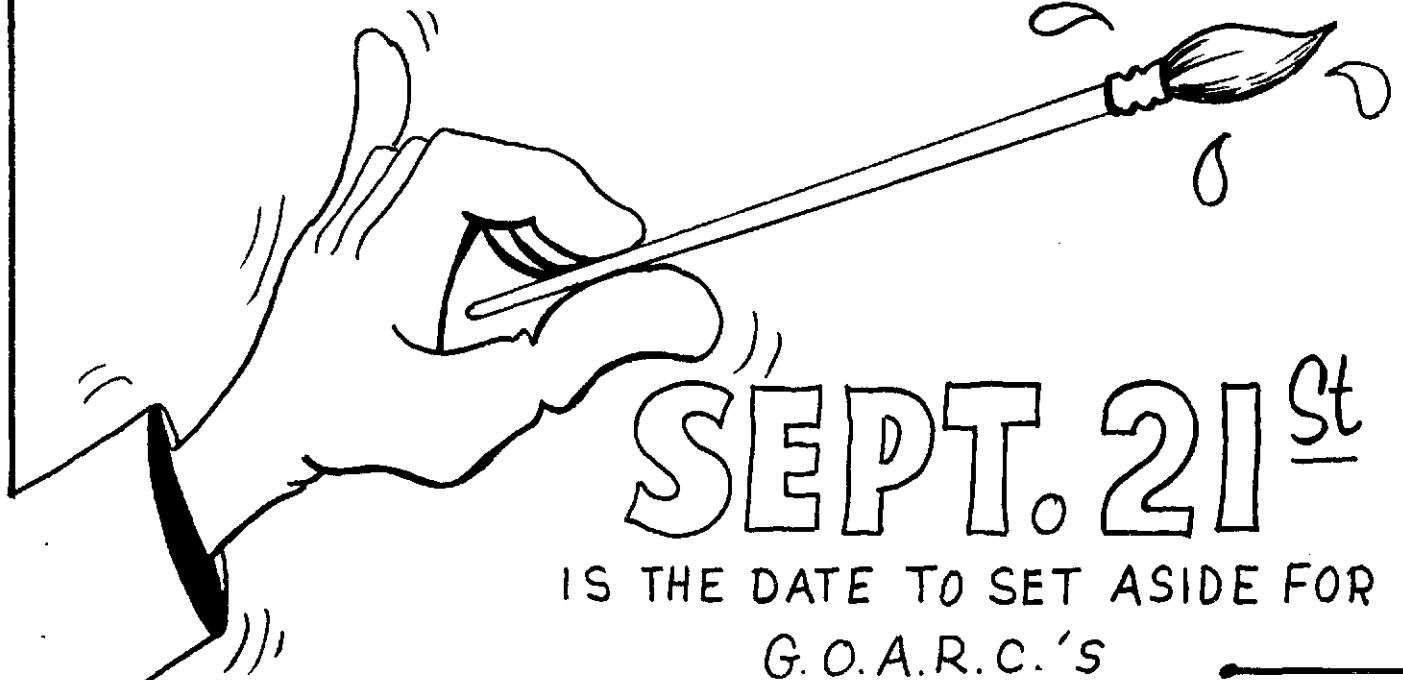
--Climax of the meeting came when Stahmer asked how many would like a legislative hearing. There was loud applause. Stahmer promised he would try to arrange for hearings as soon as possible.

July 15: The Omaha Board of Education was officially notified at its regular meeting that some citizens are unhappy with plans involving LB 403.

Specific recommendations: that an experimental kindergarten include trainable retarded children; that retarded children be admitted to J. P. Lord; that tuition be paid for children attending private schools for retarded children; and that portable classrooms not be considered exclusively for the retarded.

Charles Lemr, who made the recommendations to the board, promised that more were forthcoming.

PLAN AHEAD



SEPT. 21st

IS THE DATE TO SET ASIDE FOR
G.O.A.R.C.'s

1st ANNUAL BALL

... DOOR PRIZE....
... GOOD MUSIC...
LOTS OF SURPRISES

BRING YOUR
OWN
BOTTLE

9:00 P.M. - 1:00 A.M.
NATIONAL GUARD ARMORY
71st MERCY ROAD

FOR TICKETS CALL
BETTY FERRAGUTI

556-5820
OR

GOARC OFFICE
556-1180

Admission - \$ 3.25 - Per Person

THE 1974 SWEAT GANG IS IN OMAHA AND WORKING



Our beautiful Summer Work Experience and Training crew are now on board. They're working long, rich, and productive hours. The honored workers for this year are:

Norita Arkwright, Omaha
Arlo Burk, Omaha
Gail Cleveland, Bellevue
Dean Daigger, Scottsbluff
Jan Elston, Omaha
Lorraine Jensen, Plattsmouth
Terri Knauss, Omaha
Shelly Menolascino, Omaha
Kim Rains, Grand Island
Marilyn Wieseler, Wayne
Lisa Worrall, Omaha
Karen Hoffman, Coordinator
Sue Smith, Assistant Coordinator

Here's some of the things they are going to be doing. Two weeks of intensive orientation...Be committed to an institution for twenty-four hours...Work at thinking-themselves-into-the-skin of handicapped persons...Receive individual work assignments at community-based programs throughout the area...Take an intensive week of PASS training...Tour western Nebraska community-based facilities... Tour Beatrice State Home and Martin Luther Home...Attend teaching-supper seminars with various local leaders in the field of mental retardation.

SWEAT was a program started by the government. Then it ceased to be an officially funded program. Regardless, officials of NPI, ENCOR, and GOARC, decided they'd

(Continued page 20)

(SWEAT article, page 2)

never let a good thing like this die. Every summer an exclusive group of well-trained young people come together for this intensive introductory training program. Many ex-SWEAT'ers have developed as strong workers and leaders throughout the area's community-based systems. It's intriguing when one thinks that Linda Glenn, Karen Hoffman, Sue Smith, Kristy Haman and many others were formerly involved in SWEAT.

This kind of SWEAT keeps us all young.

CEEP ORGANIZES PARENT ADVISORY GROUP

That excellent Children's Early Education Program, whereby "delayed" children are integrated with so-called normal children in pre-school situations throughout the town, has another success to their credit. The parents have organized into their own parent groups, autonomous of the CEEP staff. The central advisory committee is chaired by Judy Schenkelberg with Peg Christianson, Joan Garro and Gigi Schorr on board with her. The parent representatives for all CEEP centers are:

Marge Sobczyk	Wentworth Children's Corner
Judy Schenkelberg	Early Learning Place
Peg Christianson	
Ruthalene Stewart	St. James Home and Day Care
Judy Noland	Dewey Street Children's Corner
Joan Garro	Melody Manor
Elsie Pfifer	Whitcom's Child Care

A committee composed of one parent from each CEEP center will do such things as welcome and offer support to new parents and students in the program, plan activities involving parents, either by center or program-wide, monitor the services offered, as well as other pursuits of their choice.

NEW PILOT PARENT TRAINING SESSION

The Pilot Parents group will be holding a new training session beginning October 7, 1974. The new session will run for 5 consecutive Monday evenings, each beginning at 7:30 P.M.

After the training is completed, the Pilot Parents meet the 3rd Monday of each month to discuss their work and continue their education. There are also numerous social events planned for this year. Anyone interested in becoming a GOARC Pilot Parent or learning more about the program should contact the GOARC office, Fran Porter at 451-0564, or Sherry Bauer, 571-7354.

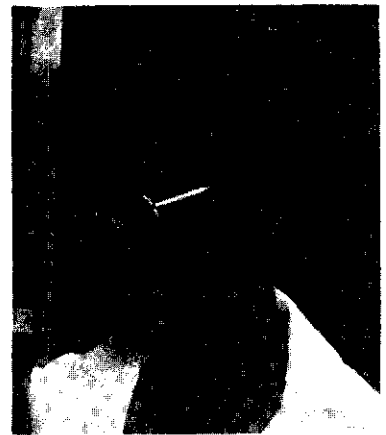
LAWSUIT AGAINST BSH TRANSFERRED TO OMAHA

Bruce Mason, one of the attorneys for the plaintiffs, announced the receipt of a letter which will transfer the "right to community life" lawsuit to the Federal District Court in Omaha. Formerly, it was to be litigated in the Lincoln courtroom of Judge Urbom. However, many cases having to do with the incident at Wounded Knee have over-loaded the docket. For this reason, the trial will be conducted by Judge Albert Schatz.

Mr. Mason further stated that the trial will now definitely be held in the fall court session, and will have been completed before the year is out.

U.S. JUSTICE DEPARTMENT LAWYER TO ASSIST IN TRIAL

Ms. Margie Utley, of Washington, D.C., came to Omaha to again work with Bruce Mason, Marcia Burgdorf, and Tom Moser in preparation for the lawsuit. While in Omaha, she visited with many volunteers and professionals and had opportunity to travel through many of the community based services. It was obvious that this brilliant young lawyer was quick to orient herself and go to work as a member of the existing law team.



----- ENCOR AND BOYS CLUBS OF AMERICA: ANOTHER BREAKTHROUGH

ENCOR has linked together with Boys Clubs of America to offer young clients the opportunity to integrate with normal boys their age in normal recreation activities, according to Diane Kratochvil, Director of Volunteer Services. She states that volunteers are needed to work with ENCOR clients in Boys Clubs activities. The training program will be a joint venture by ENCOR and the clubs. Such beautiful opportunities: day camp, week-long camp, swimming, softball, field trips, athletics, wrestling, boxing, baseball, music, tennis, fishing, field and track, canoeing, camping, skin diving, photography...and would you believe there's more!

Thank you, Boys Clubs of America for seeing that retarded citizens are part of your human race!

GOODBYE "HOSTELS". HELLO "HOMES".

On June 20, the ENCOR Governing Board voted to eradicate the term "hostels" from all written and verbal vocabularies within the ENCOR system of services. They voted to replace the stricken term with two very common, human words: "homes" and "residences". Linda Glenn, ENCOR's Executive Director, sent the following memo to ENCOR staff following the meeting of the Board:

At the June Board meeting, a motion was made, seconded and unanimously passed that no longer will any staff, Board member, or related person that we have control over, refer to ENCOR residences as hostels. They will be residences or homes in our vocabulary. The fact that the Board put this into a motion illustrates how strongly they feel about it. I would like all staff informed of this and perhaps even run programs on themselves to try to get a difficult thing like terminology to change in their own vocabulary. They are certainly correct in our need to change, which we should have recognized years ago. The confusion in the community of our terminology in regard to residences has only hurt us rather than assisted us in the understanding of what we're attempting to do in Residential Services for our clients. We should attempt to assist staff with this change by nicely correcting them every time they slip into using the word hostel in the future. I expect you to do the same for me.

Those of us in the various GOARC voluntary advocacy systems have waited for this directive for a long time. Now that it has come, all of us in the volunteer thrust must "watch our mouths" as well. From here on out, "hostel" is a dirty word!

ANOTHER CITIZEN AGREES TO SIGN AS LEGAL GUARDIAN



Bruce Pauley is a Citizen Advocate for twelve-year-old Sean O'Grady and is serving as a vital part of Sean's life in this important phase of his growing up.

In addition, Bruce has now agreed to be legal guardian for Gerald Matthew Graesser, pictured here. Jerry was relinquished at birth by his mother and placed in Beatrice State Home at the age of a few months. He left there a month ago and is now at ENCOR's Developmental Maximization Unit. Jerry is an adorable 18-month-old with brown hair and big blue eyes; he's also a lucky young man to have the interest of a concerned individual guardian such as Bruce.

GOARC'S HIKE-BIKE-ATHON: GOARC'S DIFFERENT AND THAT MAKES ALL THE DIFFERENCE

Hi!

Did you know that there is going to be another hike-bike-athon here in Omaha? There's been so-c-o many!!! I guess I feel different about this one than I do about the rest 'cause I know that the \$\$\$ made off it does a whole lot more in my mind than the \$\$\$ collected on the others.

You see I'm talking about GOARC's hike-bike-athon that will be held on Saturday, August 24, 1974, all day. In my mind, GOARC has it head over heels over those other groups because it is providing so many neat services like citizen advocacy, training sessions of LB 403, GOYARC and it's small social groups, monitoring of community services and a heck of a lot of beautiful staff who are out turning on other professionals and lay people to our philosophy. WOW! Nobody else's hike-bike-athon gets a chance to support these kinds of activities. I guess that's why I never participated in any of those others but I am going to participate in this one.

Won't you join with me and get others involved too!! Call GOARC today for your application.

Being different makes all the difference!!!

Warmest regards,

Anne Marie Aita Mulligan
(Wife of the Hike-Bike-Athon Chairperson but that has nothin' to do with my interest -- honest!!)

Clip and Send

Dear Jim Mulligan:

I'm taking the advice of Anne Marie.

**I WANT TO VOLUNTEER FOR THE
HIKE-BIKE-ATHON, AUGUST 24**

Name _____

Address _____ Phone _____

Mail to: GOARC
140 South 40 Street
Omaha, Nebraska 68131

GOARC LETTERS

Mr. Robert Perske
Executive Director
GOARC

Dear Bob:

The last issue of the GOARC GAZETTE just arrived, and it was read not just with great interest but with what can only be described as an emotional involvement. For one who has worked in the field of mental retardation for 35 years, the kind of information which fills the pages of this last newsletter is deeply rewarding and very encouraging. How I wish I had the time to spend some days in Omaha to really meet, at leisure, some of the fine people in GOARC and at ENCOR who do such magnificent work.

With warmest personal regards,

Gunnar Dybwad
Professor of Human Relations
Brandeis University
Waltham, Massachusetts

MARK YOUR CALENDAR !!!

September 5

**FIRST FEDERAL SAVINGS AND LOAN
42 ND AND CENTER**

GOARC General Membership Meeting

WE NEED YOU !!

BULLETIN BOARD

Wanted: Any person who wants to commit themselves for one year as a caller on the GOARC Calling Committee. The calls will be made to the General Membership of GOARC. For additional information, contact Billie Cook, 556-1180.

We need you

WE SIT BETTER INC.
346-1600

"We'd be glad to and in fact already do."

\$2.00 hr. minimum 4 hrs.

Thanks for helping us
get the GAZETTE out:

Caroline Goodrich
Sally McFarland
Sharon Urban
Grace Christensen
Irene Nielsen
Icel Clark

BUY CHRISTMAS CARDS FROM NARC AND HELP GOARC

Please notice the inserted flyer announcing Christmas Cards for sale. Everytime you purchase Christmas Cards from NARC, GOARC gets 35 percent. Please note that you may order personalized cards. Be sure to use the brochure in this edition of the GAZETTE. There are other items in the brochure that you may also wish to order.

LOOKING FOR A SITTER?

These agencies were contacted about sitting with retarded children. Here are their comments and fees.

ABC SITTER SERVICE
551-5527

"We would consider sitting for a person with MR or other disabilities depending on the amount of care necessary .

\$2.00/hr. -day

\$25.00/24 hr.

LIL' PEOPLES DAY CARE
CENTER 453-7914

"Only when we aren't filled we would consider it; we prefer regular day care.

\$1.00 hr. Day only

\$17.50 5 days

PIED PIPER SITTER SERVICE
558-9419

"Yes, if the client was ambulatory and had good self help skills. Extra charge for difficult cases.

\$1.00 hr. day

\$15.00 night

Additional - sitter's transportation

CALENDAR

August

- 5 Citizen Advocacy Advisory Committee meeting, 7:30 P.M. at the GOARC office.
- 5 Pilot Parent Committee meeting, 7:30 P.M., place to be announced.
- 6 GOARC Executive Committee meeting, 7:30 P.M. at the GOARC office.
- 7 Citizen Advocate Training Session, 7:00 P.M. at the GOARC office.
- 8 West Developmental Center Parent Coffee Hour, 9:00 A.M. at the Center.
(This is tentatively scheduled.)
- 8 Citizen Advocate Training Session, 7:00 P.M. at the GOARC office.
- 13 Advocate Rescue Squad Training, 7:00 P.M. at the GOARC office.
- 14 Developmental Task Force, 7:30 P.M., tentatively scheduled and the place
is to be announced.
- 19 Pilot Parent Group Meeting, 7:30 P.M., place to be announced.
- 20 Sarpy Developmental Center Parent Meeting at Mrs. Kniefelkamp, R. R. 3,
Omaha, NE, 7:30 P.M.
- 20 GOARC Board of Directors meeting, 7:30 P.M. at the GOARC office.
- 24 GOARC HIKE-BIKE-ATHON
- 28 Developmental Task Force, 7:30 P.M.,
tentatively scheduled and the
place is to be announced.

September

- 5 OUR FIRST BIG GENERAL MEMBERSHIP
MEETING OF THE SEASON.

**THE ELECTIONS ARE COMING.
THE FUTURE OF RETARDED
CITIZENS DEPENDS ON YOUR
VOTE. DON'T BE CAUGHT
HELPLESS, REGISTER NOW!**

Shirley Dean
 4842 Sahler #107
 Omaha, NE 68104

ADDRESS CORRECTION REQUESTED

Omaha, NE
 Permit #109

the GOARC

140 South 40th Street
Omaha NE 68131

GAZETTE

SEPTEMBER, 1974 ISSUE

EDITOR: JAN NOVICKI



DEVELOPMENT

WE ARE FEELERS OF THE WALLS...HAND PLACED BESIDE HAND...
TOUCHING EVERY SURFACE...OF WHATEVER-IT-IS THAT CLOSES
US IN...KEEPING US CAPTIVE...IN OUR NARROW WORLDS.

A PUSH AGAINST A SURFACE...THAT DOES NOT GIVE...BRINGS AN
INNER RAGE...WE HATE THE LIMITS...THAT CLOSE US IN...
KEEPING US TRAPPED...IN OUR NARROW WORLDS.

THEN COMES A SPOT...THAT STARTS TO MOVE...THRILLING HOPE...!
A HARD PUSH...THE WALL FALLS AWAY...AND WE MOVE INTO FRESH
AIR...OUTSIDE OUR NARROW WORLDS.

IT FEELS GOOD OUT THERE...IT FEELS FREE...BUT, IT SCARES
US TOO...THEN PEOPLE SPEAK...SOME SAY, "SHAME ON YOU"...
AND OTHERS SAY, "GOOD FOR YOU"...BUT NEVER MATTER...
TODAY WE LIVE IN WIDER WORLDS.

BP

TWO BIG FIRSTS IN SEPTEMBER!
1st General Membership Meeting
Sept. 5 (See Pg. 6)
First Annual GOARC Ball
Sept. 21
(See Pg. 8)

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



Good Grief!

Newspaperman Ken Burrows was asked to come up with an organization chart showing all components of ENCOR's Comprehensive Community Based Service Functions. And when he was finished, the typed chart was little less than a yard wide. It was packed with all kinds of important functioning groups. Here's a few:

Word Processing...Developmental Maximation Programs...
Coordinated Early Education Programs...Community
Pre-Schools...Developmental Center Programs...
Adolescent Education...Industrial Training Support...
Integrated Employment Programs...Work Stations in
Industry...Program Development and Training...Adult
Residences...Children's Residences...Alternative
Living Units...Structured Correctional Units...Crisis
Assistance Units...Central Inquiry...Adult Guidance
Services...Child Guidance Services...And that's only
a few.

Then, some of us had the chance to work with Carol Dennison who conducts tours through the system. It became clear that many of these functional units are developing in the direction of "family-like" and "people-work" operations which are off limits to visitors. Everything is moving from the material (i.e. buildings, equipment, etc.) to the human (i.e. teaching, inspiring and helping).

Furthermore, it has all become so complex. One is reminded of the fable about the caterpillar who was moving over the ground efficiently until someone asked him how he moved all of his legs at the same time. As soon as he started to think about it, he started to stumble all over himself. Now that our comprehensive service is so complex, how can the average human mind deal with it? Allow me to offer some hints:

1. Don't let yourself be intimidated by the complexities and the loose ends of the present! Healthy life has to do with facing complex things.
2. Resist being cynical about the complexities. History tells us that nations collapse from within only when the citizens become bitter and cynical.
3. Keep the system living. Health has to do with moving...changing...pulsating...taking on new functions...passing off old established ones.
4. Become working partners with everybody who is willing. That could mean agencies like Omaha Public Schools, District 66, Children's Rehabilitation Institute, Madonna School, CHAP School and many others.
5. BUT BEST OF ALL, IN THE MIDST OF THE COMPLEXITIES, NEVER STOP TRUSTING YOURSELF AND WHAT YOU, AS ONE PERSON OF MANY, CAN DO FOR THE CAUSE.

All of us are working hard in our own way, with our own talents, for the day to come when retarded citizens will be accepted and understood as members-in-full-standing of the human race. It would be a shame to have come so far and stumble short now!

Bob Perske

OUR PRESIDENT SPEAKS

During the past month a number of good things have taken place.

The first annual hike-bike started with a bang. Over 100 hikers and bikers traveled between 20 and 30 miles, and raised approximately \$4,000 for GOARC.

The Omaha Public School District has indicated that the majority of the recommendations made by the special LB 403 committees will be implemented this fall. In this connection a special coalition of parents of the handicapped has been organized to provide parental input into the OPS special education programs. If you are interested in being a member of this coalition please contact Bob Perske

A number of us have attended PASS orientation or training sessions this summer. If you have not and want to participate, please contact the GOARC office.

ENCOR has established the position of Ombudsman, who is responsible for investigating situations where the human and legal rights of ENCOR clients have been abused. Carl Sullivan, the Ombudsman, is located in the GOARC office if you need to contact him. We believe this is an important program which needs all of our support.

Diane Kratochvil, the ENCOR Volunteer Coordinator, is now located in the GOARC office. Diane will recruit volunteers for both ENCOR and GOARC programs. This will give the volunteer the option to determine the type of volunteer work they wish to do and hopefully increase the number of volunteers for both programs.

LouAnn Olsson, Coordinator of the Citizen Advocacy Program has resigned. We wish her the best in the future.

Laura Torney has been appointed Coordinator of the Citizen Advocate Program. Laura needs all of our support in this important assignment. If you are interested in being an advocate, please contact Laura.

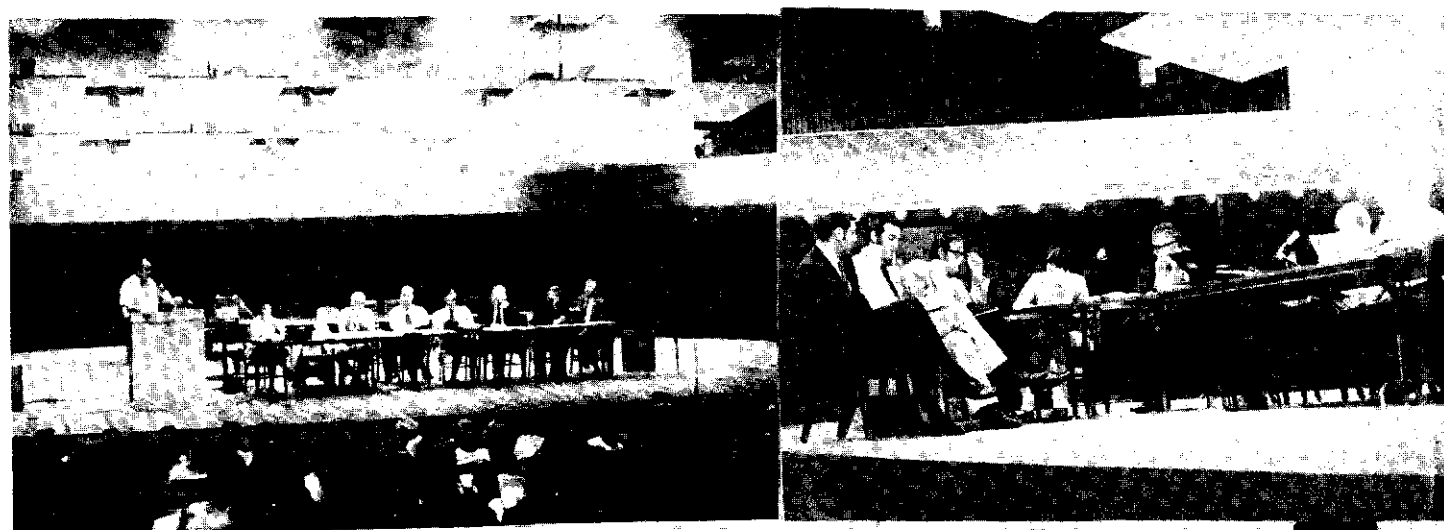
I hope to see as many of you as possible at the NARC Convention in Milwaukee.

I am looking forward to a very successful year. I hope you are too. If so, let's all work hard together to improve the programs for our retarded citizens,



Gary Taylor
President
GOARC

WHAT A TIME FOR THE HANDICAPPED PERSONS' "RIGHT TO EDUCATION"



PARENTS, CITIZENS AND PROFESSIONALS HAD A ROUGH SCHEDULE :

JULY 2 - THE "HOT" MEETING AT J.P. LORD SCHOOL

JULY 19 - PARENTS MEET WITH MIKE BLANKENSHIP, SCHOOL BOARD MEMBER

JULY 22 - QUESTIONS RAISED AT THE SCHOOL BOARD INSTRUCTIONAL COMMITTEE

JULY 23 - PARENTS MEET WITH FRANK STANEK, SCHOOL BOARD MEMBER

JULY 25 - SENATORS STAHMER, CAVANAUGH, SAVAGE, GOODRICH, LEVIS, WHITNEY NORE AND DR. COLGAN CONDUCT A HEARING. (PARENTS TESTIFIED UNTIL AFTER MIDNIGHT),

JULY 26 - SENATORS HEARING WITH SCHOOL ADMINISTRATORS

JULY 29 - PARENT STRATEGY MEETING

JULY 30 - PARENT STRATEGY MEETING

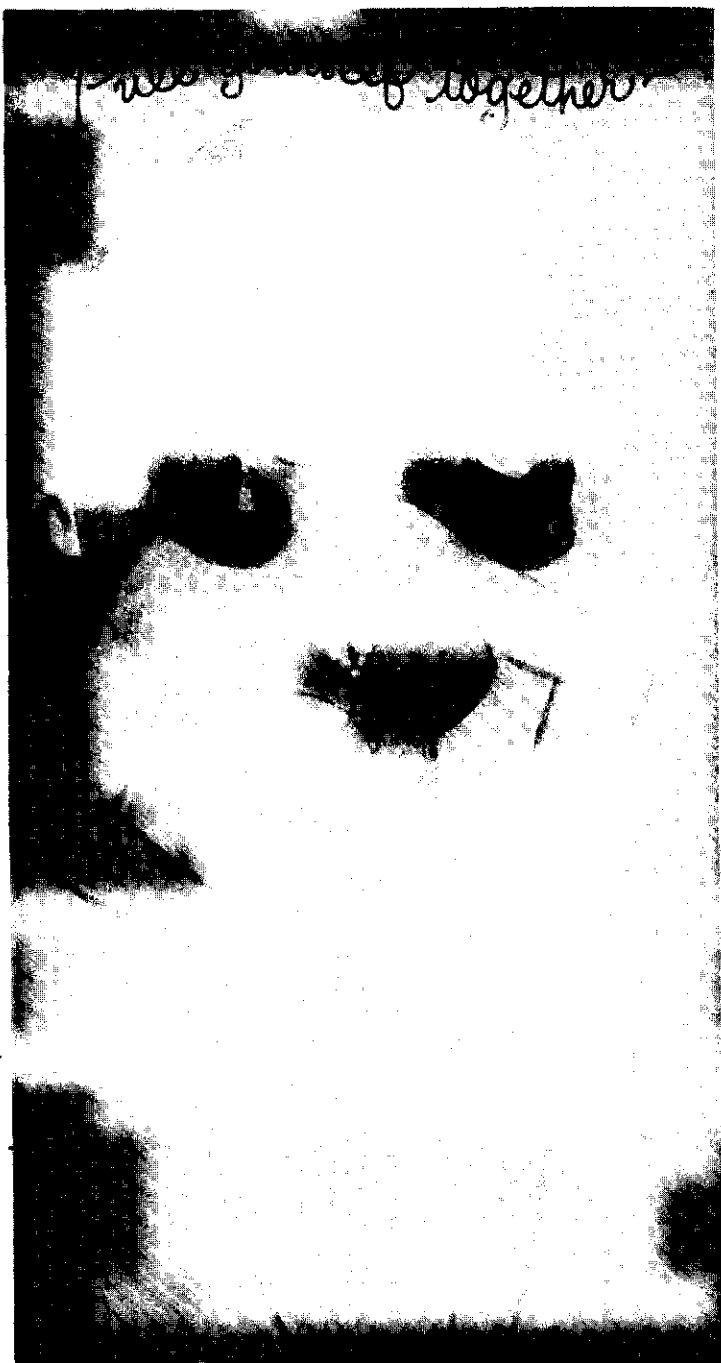
JULY 30 - THE SCHOOL BOARD BUDGET HEARING

AUG. 12 - SCHOOL BOARD CONDUCTS HEARING FOR PARENTS AT NATHAN HALE JR. HIGH

**Aug. 13 - A Coalition of Parents Representing All
Handicapped Children Is Formed (Strong
leadership emerged from parents)**

AUG. 20 - ASSISTANT SUPERINTENDENT DALE SAMUELSON AND ASSOCIATE SUPERINTENDENT JOE HANNA SPEAK TO GOARC BOARD,

**.....NOW WE WATCH AND WAIT UNTIL SCHOOL
STARTS TO SEE IF PROMISES ARE KEPT.**



**FOR OUR FIRST
GENERAL MEMBERSHIP
COME TOGETHER**

THURSDAY, SEPTEMBER 5

**FIRST FEDERAL SAVINGS &
LOAN, 2101 SO. 42 ST.**

FEATURING:

- 1. PRESIDENT GARY TAYLOR
PRESIDING**
- 2. LAWYER BRUCE MASON
WITH AN UPDATE ON
LAWSUIT AGAINST
BEATRICE STATE HOME**
- 3. CITIZEN ADVOCATES
THEIR HOPES, GOALS
& DIRECTIONS**
- 4. CANDIDATES FOR
POLITICAL OFFICE.
THEY'LL BE HONORED
AND INTRODUCED**

**7:00 P.M. COFFEE & CONVERSATION
(A SOCIAL TIME)**

7:30 P.M. THE PROGRAM BEGINS

**AFTER THE PROGRAM...STAY...VISIT...
COFFEE, ROLLS & FRIENDLY CONVERSATION**

ON THE GO WITH GOYARC



KRIS PETERSON

Hello and I hope that everyone's Summer has been an enjoyable one. It has been a good few months for GOYARC, but also very busy ones.

We started off the Summer by attending the NebYARC convention in Milford, Nebraska, June 14-16. Approximately 18 GOYARCers were in attendance. Perhaps the highlight of the conference was the showing of the play, "Down By the Marsh", put on by Omaha's own Southwest Core Group.

Aug. 7-11 were the dates for the 8th Annual Youth NARC Conference in Kenosha, Wisconsin and 8 Omahaese were present at that awesome event. We also presented a workshop up there on the Core Group concept and it went off very successfully. Already, six other states are adopting the idea of Core Groups in their own locals. I think all of us who were in attendance concede that it was a very, very worthwhile experience.

Looking ahead, we will be having a retreat the latter part of September for both old and new members so I am hoping that that goes super well. We really need to bolster our membership list.

Core Groups have been keeping active throughout the summer and hopefully, they will continue to do so into the Fall. This summer saw the reorganization of the Northwest Core and they appear to be doing quite well. One of my own goals for the Fall will be the organization of other Cores in areas of Omaha where there are none.

Well, there is alot of other things that can be said about GOYARC happenings but space does not allow me to go into all of the glorious details!!

kris

PLAN AHEAD



1st ANNUAL BALL

... DOOR PRIZE....
...GOOD MUSIC...
LOTS OF SURPRISES

BRING YOUR
OWN
BOTTLE

9:00 P.M. - 1:00 A.M.
NATIONAL GUARD ARMORY
71st MERCY ROAD

FOR TICKETS CALL
BETTY FERRAGUTI

556-5820
OR

GOARC OFFICE
556-1180

Admission - \$ 3.25 - Per Person

YOUTH OF THE MONTH JOHN KEENER

John Keener's influence was felt in GOYARC even before most of the youth knew his name. John and his family moved to Bellevue from Colorado Springs. He looked around in the first month in Bellevue and found no viable youth effort organized on behalf of retarded citizens. It was time to start one, and that he did.



GOYARC first heard of John when we received a letter from his state senator who John had contacted and asked for help. Past youth efforts in Sarpy County had failed because of the distance from Omaha where most activities were held. But at the time of John's inquiry, GOYARC had committed themselves to small neighborhood Core Groups. John Keener and Rose Fisher worked together with their Bellevue friends to organize the FUN Core.

Since John got a taste of GOYARC, he's been in the thick of the action. He was elected Secretary-Treasurer early in the summer by a vote that amounted to popular acclaim. The Core in Bellevue has taken a direction different from its Omaha cousins. John's imagination has helped convince GOYARC that the Core can be adapted to specific neighborhood needs.

John and the Keener Family will soon be moving further South than Bellevue, Nebraska. Panama will be the next place they will call home. But John is already anticipating that he'll be involved in Youth ARC work there. In fact, at the National Conference, John began to organize what will be Panama's first youth effort in this field. Good luck, John. The Panama people will soon know you. No doubt they will come to like you as much as we have.



ENCOR AND GOARC HAVE AN OMBUDSMAN



Here's a beautiful and innovative addition to Omaha's comprehensive community based system of services. It came with the hiring of Carl V. Sullivan, ENCOR/GOARC Client Ombudsman and Human Rights Officer. Carl is charged with the task of handling client grievances, investigating abuse and dehumanization, as well as to generally cut red tape for retarded citizens attempting to make a full life in the community.

Carl, who came into this human rights service, has been known in this city as a man who is both "straight and articulate". He's proven to all of us that he's capable of working long hours. He's enthused. He cares for people as individuals.

As this new Human Rights venture begins, the Client Ombudsman and Human Rights Officer's salary will be paid for by ENCOR. GOARC has provided the office and support services at their establishment at 140 South 40th Street. Rental, utilities and support services will be split between GOARC and ENCOR.

As the job description and objectives evolve, Mr. Sullivan will be reporting to an array of advisory committees so that he will not have direct reporting to either GOARC or ENCOR. This frees him to be a more impartial judge in cases that might be embarrassing to either of the agencies. It is expected that his involvements will do much to keep both GOARC and ENCOR open, honest, and making positive changes in their service systems.

Sullivan was formerly the Acting Executive Director for the North Branch YMCA and has served as Black Studies Consultant to the Omaha Board of Education. He has been extremely active in the Omaha community and is a well known leader in a wide array of human service projects.

* * * * * LAST CALL FOR NARC CONVENTION!!

ENCOR and GOARC are trying to put their pennies together so that a chartered bus will transport persons to the NARC Convention, Tuesday, October 1 through Saturday, October 5, 1974. Furthermore, arrangements have been made to rent a cluster of rooms at a nearby clean, modest priced hotel (2 blocks from the convention site). Now, we need to know who would like to go. If you're interested in attending the NARC Convention, call the GOARC office IMMEDIATELY. The deadline for applications is only a few days away!!

SEPT. 7TH 9:00 AM TO ?

you are invited to attend a

"**CUT-A-THON**" at



The Ladies Room

specializing in precision haircutting for
women, men, and children.....1120 SO. 105th

PROCEEDS WILL GO TO THE GREATER
OMAHA ASSOC. for RETARDED CITIZENS

DONATION: \$5.00 for haircut..... \$1.00 for shampoo
no appointment needed — come as you are!!

LET'S ALL DO OUR PART TO **HELP RETARDED
CITIZENS** MAKE IT IN THE COMMUNITY !

call 391-3885 for information

Dee Maly

Barb Varley

Phil Eades

Susie Bernard

...and other hairdressers in Omaha

EXPERT IN VOCATIONAL TRAINING VISITS OMAHA



Dean Settle, Executive Director of the Elks Training Center, Wichita, Kansas, was the guest of ENCOR and GOARC during the week of July 15. Dean has proven himself as the leader of one of the most effective, completely industrialized systems of vocational training and work stations in the nation. He is a leader in CARF (Committee on the Accreditation of Rehabilitation Facilities). CARF offers an accreditation which must be passed in the next three years if vocational training ventures continue to receive federal vocational and rehabilitation funds.

Dean walked into every nook and cranny of the ENCOR vocational training centers and work stations. He offered his own evaluative comments and gave vocational training staff new goals and ideas. Some of his statements are as follows:

"I've never worked with a handicapped person who didn't understand money."

"They have the right to become taxpayers instead of tax takers."

"In your vocational training efforts, you have too many generalists and very few industrialists."

"There are two kisses of death in this business. One is the social worker who doesn't understand profit. The other is staff who've never worked in industries first."

"You need the services of an industrial engineer who can teach you such things as work flow, quality control, inventory control, jig making, time/motion studies, to name only a few."

"Your bids should be 100% over labor costs. If this is not true, it's

ntinued from page 12)

the client who eventually gets exploited. You need to be honest and realistic in your bids."

"Here in Omaha, the hotbed of normalization, you've yet to work up programs for paid vacations, unemployment compensation, insurance programs, etc."

"When you finally seek accreditation for CARF, if your worst program is not accredited, then all will lose accreditation."

"Volunteer consumer advocates and citizen advocates do have simple questions they can ask and demand a response. Here's some of them:

1. Have time/motion studies been conducted on each operation in the past quarter?
2. Has there been a review of all long-term contracts this past quarter? (If you don't keep renewing your contracts, eventually the client will be exploited.)
3. What's the going rate for this same type of job in the community? (This must be documented. Wage and hour laws demand it.)
4. Are there any clients not receiving a wage adjustment in the last three months?
5. Are all overhead items listed in each bid? (e.g. transportation costs, jig costs, storage costs, salary for immediate supervisor, etc.)"

"I question your utilization of space. You seem to have lots of wasted space."

"ENCOR has many beautiful programs. But, I hope you never allow vocational training to become one of the step-children."

"You need to get all of the cosmetic problems in order before sending your clients out on a job. I mean, see that their teeth are fixed and that their facial features can be fixed as much as possible."

As you can see, Dean Settle was most stimulating to us all!

* * * * *

GOARC RECEIVES WHERE DO THE CHILDREN PLAY?

That excellent film, Where Do The Children Play?, produced by the National Association for Retarded Citizens, is now in our library. It's there as a gift from Dr. Frank Menolascino, Clinical Director, Division of Social and Preventive Psychiatry, NPI and Vice-President of NARC. This is the film that was shown on television throughout the nation last year, that has to do with the development of children and community based services. The film is 14 minutes and 22 seconds long. It's excellent for small group meetings. It can be used and checked out for free!

* * * * *

MARYLAND ARC WINS "RIGHT TO EDUCATION" LAWSUIT

Another legal victory was won for the right of education. "The Maryland Association for Retarded Citizens obtained a ruling from a Baltimore County Circuit Court Judge that all handicapped children, including severely retarded ones, are entitled to an education at public expense." "...If the local school system does not have the proper facilities children must be placed in programs - not on waiting lists - at private day-care centers, public or private residential facilities, and home or hospital classes."

PCMR Message
May 1974

* * * * *

"I remember an interesting debate I had with a fellow Senator of mine in California. We were debating special education classes, and he said, 'Oh, you spend all this money on these kids and you work with them two years and all they learn is how to go to the toilet.' He is a good man. He is not evil. He just did not know. I said, 'Senator, if I had to choose to learn one of two skills in my life, and one was reading and one was toilet training, I would take toilet training. That is very, very important learning.'"

The Honorable Clair W. Bergener
U.S. Representative, California

POTENTIAL BABYSITTERS ARISE !!

Parents are having a hard time meeting because of problems in finding qualified babysitters.

ENCOR is now in the process of recruiting babysitters. (By this Fall a training session will be set up).

If you are interested or know of someone who is, please put in a call immediately to Sue Kinney, 451-1773.

It's a neat way to become involved and also earn some extra money!

* * * * *

WOW! PILOT PARENTS RECEIVE GRANT FROM DEVELOPMENTAL DISABILITIES

It happened August 21, 1974. The State Developmental Disabilities Council awarded GOARC's Pilot Parents with an \$11,164 grant (it's a 70/30 grant, where we raise \$4,784). The Coordinator will be charged with the duties of setting up Pilot Parent and Parent Education functions throughout the greater Omaha area. This will include working with parents of children with cerebral palsy and epilepsy, who will be invited to train and participate in the Pilot Parent Group.

This is a 10 month pilot project. Again, GOARC takes a risk and has their sights set for increasing the intensity of a program and making it really fly. With each program like this, we're proving that volunteers can be a powerful human service force in the community.

* * * * *

SHEILA GEORGE HEADS ENCOR'S NEW RESOURCE MATERIAL CENTER

Soon to become a reality is ENCOR's Resource Materials Center. All resource materials in the center will be available through a checkout system to ENCOR staff, parents, community agencies, and others showing interest in available materials.

Over the past four years ENCOR has accumulated a large quantity of resource materials which are scattered throughout the various ENCOR facilities. Some of these are written materials including books and periodicals relative to the field of mental retardation, staff position papers, agency grants, and clipping service files; program information and training packets in the form of 16 mm films, video tape, slides, and transparencies, and audio visual equipment.

A primary objective in establishing the Resource Materials Center is to assess the current availability of all materials for the purpose of accountability and avoiding duplication. Negotiations are currently underway with GOARC to also avoid duplication of materials which they have made available for use in many ENCOR facilities.

Hopefully, within a few months all available resource materials will be inventoried and cross-referenced, and a request procedure for use of the available materials established. Plans are also being made for an in-house publication to be distributed on a regular basis, listing new materials available through the center.

Any questions concerning the Resource Materials Center should be directed to Sheila George at the ENCOR Central Annex (556-7515).

* * * * *

NEW BEGINNINGS

With September comes school. GOYARC's Sunday School at Kountze Memorial is already in session. Kris Peterson heads up the coming school year. Along with her GOYARC advisors, Bill and Judy Petersen, the summer hours of planning are about to pay off. It was a proud day last June when the program had its first birthday. Rick Duffer, Robin Bergerson, Tony Smith, and Stan Williams are no longer the rookies they were when Sunday School started. For Kris and Team, it should be a good year.

The program at Kountze is designed for younger handicapped children. Any parent is welcome to contact Kris (397-3107) or the Petersens (393-8242) if they would like to know more or would be interested in enrolling their child. Transportation on Sunday mornings has been a difficult problem. Help in that area is really needed!

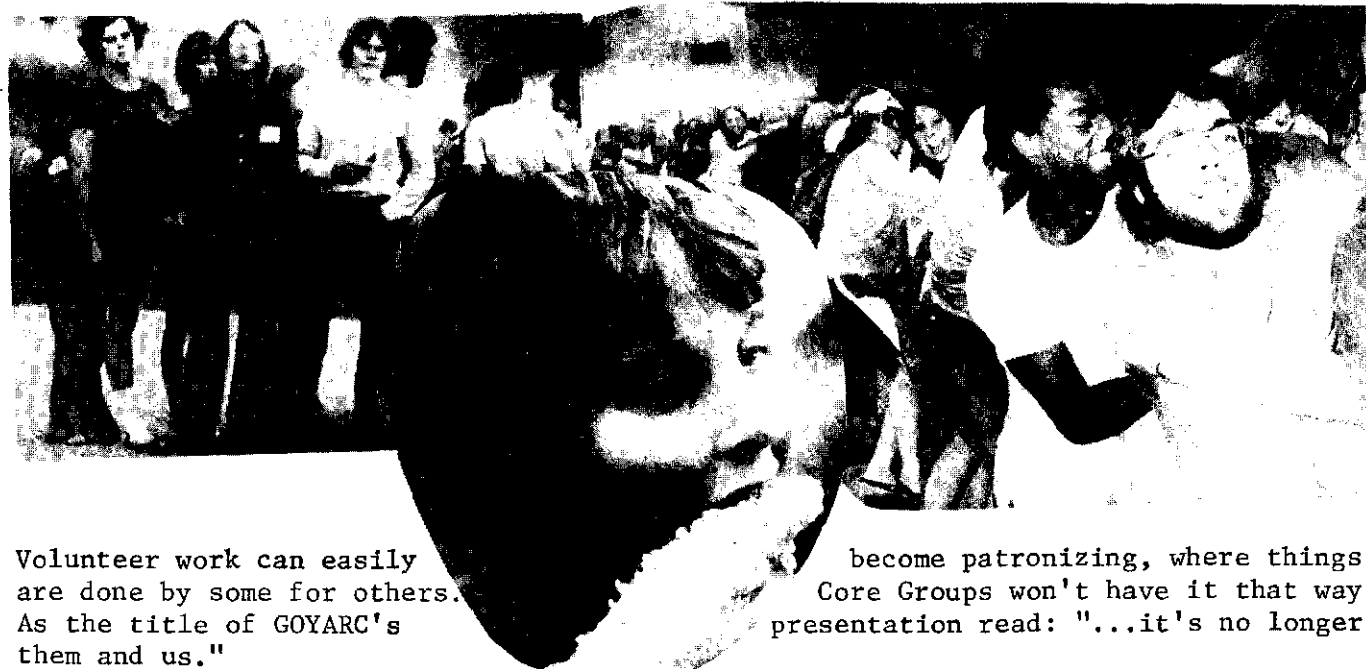
Something new is coming this year. The Sunday School group realizes that adolescents, whether they have retardation problems or not, have a similar need for spiritual growth. Maybe that is where the similarity with the children's program ends, though. They are working with their advisors and Pastor Charles Harmon of Boys Town to design a unique program of Sunday Raps for Teens. Give that some thought. If you are interested in being part of it, give them a call.

YOUTH CONFERENCE: "WE CANNOT BE SATISFIED WITH YESTERDAY'S GLORY"



Someone said that they heard that it was in Kenosha that the AMC cars were built. But apart from that, the 8 GOYARC delegates to the NARC-Youth Conference in that Wisconsin city knew very little about what great things would be there in August. Carthage College on the shore of Lake Michigan at Kenosha was the site of the largest Youth conference on mental retardation in the world. GOARC sure can be proud of its youth who played a leading role at this National Conference.

GOYARC was the only youth group in the nation invited to present a workshop. They had lots to say about the small, integrated Core Groups which have been pioneered in our area. The delegates heard from Tony Smith, Rose Fisher, Steve Beem, John Keener, Cliff Penny, Tim Norris, and their leaders Kris Peterson (President) and Pat Henry (GOYARC Youth Coordinator). It wasn't so important to say what was working in Omaha. At stake was convincing youth from across the nation that it could work even better in their own home areas.



Volunteer work can easily be done by some for others. As the title of GOYARC's presentation read: "...it's no longer them and us."

become patronizing, where things Core Groups won't have it that way. presentation read: "...it's no longer

Kenosha is Paul Bunyon country. And so the nite programs featured log-rolling, watermelon seed-spitting contests and a corn roast on the Lake shore. Nebraska joined the Northern states in a tug-a-war battle against the South. All of NebYARC traveled together and found that even a long bus ride can be fun.

The Conference Committee had chosen as their theme: "We cannot be satisfied with yesterday's glory". Maybe that's why they looked to GOYARC to help present it. Congratulations to our Youth Gang. Keep growing!!

ENCOR EXPLAINED: THE DIVISION OF RESIDENTIAL SERVICES

(Editor's Note: This is the second in a series of five articles written by Newspaperman, Ken Burrows. We think they're so good you should save the articles for future reference.)

It's around-the-clock work. It's a crucial testing ground. And it's in a perpetual process of change. The descriptions all apply to ENCOR's Division of Residential Services. But, of course, they do not tell the whole story.

The "whole story" of Residential Services is an on-going narrative that is being regularly rewritten as ENCOR finds newer and better ways to promote the movement of mentally retarded persons into normal living situations in the community.

In a very real way, it is here that many of ENCOR's clients take on their greatest challenge: whether they can handle day-to-day living independently. It's a crucial test, but they are passing it.

The three big words around Residential Services these days are Alternative Living Unit -- so big, in fact that they have led Division Director Ed Skarnulis to detail the evolution that has brought them about.

Skarnulis says the evolution is proof of the maxim "necessity is the mother of invention," and it also is symbolic of ENCOR's expressed goal of providing the widest possible variety of alternatives in residential services to mentally retarded persons.

But the ALU's were not born "cold". They had predecessors, all of which are still operating in Residential Services today.

Since 1968, ENCOR has seen the establishment of 13 group homes for children and adults. In the last three years a total of 15 developmental homes (long-term, single child foster homes) and 16 co-resident apartments have been set up. (These apartments serve from one to three adult clients and are staffed by associates--adults from the community who live with mentally retarded persons, sharing expenses and providing support, friendship and guidance.)

ENCOR's Residential Services also operates a Crisis Assistance Residence, which provides respite care for mentally retarded persons whose families need a much-deserved vacation or who are experiencing family problems such as ill health, divorce, etc. This, in turn, has led to a "crisis home" concept -- couples (or families) who contract with ENCOR on an as-needed basis to provide crisis care.

All these alternatives have proved useful and productive. The need for them is obvious (e.g. the July, 1974, Residential Census Summary showed all but one of the group homes to be filled to capacity). But late last year and early this year, a review of these alternatives revealed some problems.

Costs were high, and growing. The group homes--frequently filled to capacity--were often becoming permanent homes for clients, instead of providing short term service, and they were tending to become mini-institutions. Parents of mentally retarded children were not taking their children back into their natural homes as expected, choosing to leave them in group homes even though it was no longer necessary. Longer time and more money were needed to start up new homes, and opposition from the community was sometimes heavy.

(continued on page 18)

(continued from page 17)

As a result, parents are being encouraged to keep mentally retarded children in their home, and ENCOR provides in-home services (time saving appliances, special equipment, home teachers, handyman services, etc.) to assist them.

For those mentally retarded persons who, for one reason or another, must leave their natural home, ALU's are being encouraged as a much more natural--and less expensive--means of providing the service they need. The definition of an ALU is purposely not narrowed to any one set of specifics. It can mean anything from a mentally retarded child living in a home in the community to a mentally retarded adult who has his own individual apartment. The one constant thread is that in all cases, ALU's are proving to be a more normalizing living situation for the mentally retarded person than what was available in the past,

The ages of home teachers and residential associates living with the mentally retarded persons in ALU's will vary from young married couples to middle-aged and even senior citizens who all have in common a desire to provide humane and dignifying service to ENCOR clients.

ALU's will also be a part of a new program coming to Residential Services. The specialized services field of the division is launching the first program in the nation to provide community based services to criminal offenders who are mentally retarded.

Presently set up on a 20-month trial basis, this "structured correctional" program plans to establish four ALU's--two in homes and two in apartments--that will serve as much more humane living situations than incarceration or institutionalization for those mentally retarded persons convicted of criminal offense.

Needless to say, the Residential Services Division of ENCOR is high on the potential in ALU's. But the new has not displaced the old. At present, Group homes and developmental homes continue to be large parts of this division's work, along with other residential programs. The key is, as director Skarnulis says, "to meet the needs of each individual in whatever unique ways that person has to be served."

* * * * *

SOCIAL HISTORY

August, 1973
Lander, Wyoming

Her name is 'Betty Lou'.
Her home is 'the school'.
Her job is 'to take care of the babies'.

Her new baby is 'Patty'.

Patty is three.
Betty Lou is forty-two.

Betty Lou doesn't remember
When she came to the institution.

Will Patty ever know?

Bertine Loop

ENCOR'S VOLUNTEER SERVICES DIVISION TRANSFERS TO GOARC



GOARC has been known for its voluntary, catalytic, stimulative, advocacy and human service thrusts. For this reason, Linda Glenn, Executive Director of ENCOR, and her staff have decided to transfer their volunteer services program into GOARC's system. ENCOR's volunteer service is charged with the task of finding volunteer citizens who will work directly with clients in many facilities and programs for retarded citizens in our area. The director of the volunteer services system is Diane Kratochvil. As of August 1, she will be officing in the GOARC building. Her duties will be the same. However, persons coming to GOARC wanting to work as volunteers, will have one more option they can use for serving retarded persons.

This operation will be evaluated at the end of three months, and then again at the end of six months. If all goes well, GOARC will be responsible for obtaining volunteers to work on the various ENCOR services.

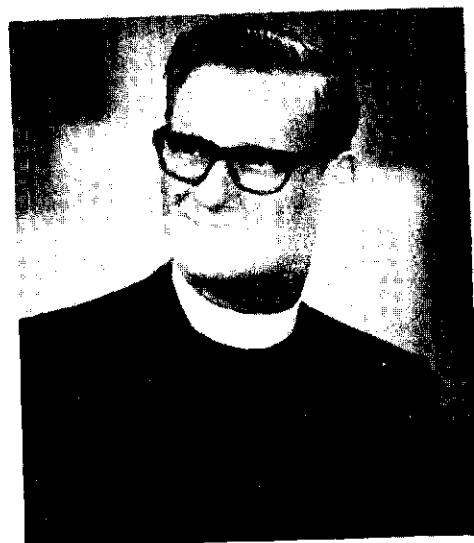
All of us are hoping that Diane's efforts and those of her volunteers will be enhanced because she will be working as a member of the GOARC staff.

* * * * *

ST. TIMOTHY'S CONTINUES TO ADVOCATE FOR GOARC

St. Timothy's Lutheran Church has been known to us for a long time as a group advocate on behalf of all of our GOARC missions and causes. The pastor, Wallace Setterlund, has been on call for service at General Membership Meetings. He has given time to tour work stations such as the one at Nebraska Methodist Hospital. He and his congregation have been known by all of us for the beautiful way they have worked mentally retarded citizens and their families into the fellowship of the church.

Recently, a check for \$150 came from St. Timothy's Lutheran Church. What can we say! All of us are touched by the Christian concern St. Timothy's Lutheran Church has continued to show GOARC.



BELLEVUE ORGANIZES ITS DISTRICT FOR HANDICAPPED CITIZENS

George Armstrong and Karen Faison have been busy! They've sent out the call as follows:

"Let's get together! There are many common issues that unite us as parents and professionals interested in the welfare and education of handicapped citizens in Sarpy County. Recent legislative action (such as LB 403), the school board, past hassle of our residence for retarded citizens in Bellevue, the need for pilot parents who are especially concerned with other parents in the military, job placement in Sarpy County for handicapped citizens, and such issues as attitudinal change need to be confronted by us in a common, united way."

With this call, all kinds of parents, citizens, and advocates are invited to join together in this particular district of greater Omaha. If you're interested, call George Armstrong (291-4691) or Karen Faison (558-1115 office; or 291-5270 home).

This first district was started when President Gary Taylor called some Bellevue folks together and invited them to start a pilot project. Here's hoping other districts in the greater Omaha area will want to unite in the same manner. President Gary Taylor is hot on such things. If you're interested, call him (348-0123 office; 334-2339 home). He'll help you get started.

* * * * *

CITIZEN ADVOCATE HONORED IN OMAHA NEWSPAPER

"For four years, Bellevue resident Lori Giles has been a friend, mother, sister and teacher all rolled into one.

As one of the original participants in the Greater Omaha Association for Retarded Citizens (GOARC) Citizen Advocacy program, she first took a series of five retarded young women under her wing. Then, when the last of them left this June, she became a foster parent in the "developmental homes" program of ENCOR (Eastern Nebraska Community Office of Retardation).

No, Lori isn't a professional caseworker (she has a job as officer manager in a trucking business)....'I like people and with just my son and me, I felt I needed more,'...'I think that everyone should try to do something in their life that will affect the world, so I tried to channel myself toward changing the live of just one person.'"

This feature story in the July 25, 1974 Omaha Sun Newspaper continued to expand on Lori's work as a citizen advocate. The article ended with the following statement:

"Lori has praise for both the state of Nebraska and agencies like GOARC and ENCOR. 'Nebraska is one of the leaders in the world in working with the exceptional,' she said, then added, 'What I think is really amazing is the young people at GOARC and ENCOR. These are people who really care about others. I'm glad to see that people of my generation and younger are really doing things to help others instead of just talking about them.'"

We're all proud of Lori Giles and people like her!

URGENT REQUEST TO PARENTS

From the Toy Lending Library

Although the Toy Lending Library is less than two years old, the responses to it and its use on the part of our parents and children have been more than gratifying. The continuously growing use of its facilities have been enthusiastic and demonstrate the important need which it is serving. Now, as we begin a new budget year, your further assistance in its efforts is urgently needed.

The library staff has extended itself in the selection of materials which it considered purposeful, useful and enjoyable. But nobody knows as well as you parents which of these items have been most successful when used in the home, which have been just moderately successful and, possibly, which have been of no interest or success at all. You are the final authorities in such judgments and evaluations.

The Administration of ENCOR has been generous in its budget allocation for the acquisition of additional materials for the forthcoming budget year. In order to assure maximum success in the selection of additionally acquired items, we want to go about this task with the maximum possible advice and cooperation of you parents in whose homes they will be used by your children. Won't you please give some thought to this matter and extend to us the benefit of your thinking? Are there any specific materials which you would want to see added -- either new ones which you have seen someplace or know about, or an additional number of presently stocked items? If not that specifically, are there any types or kinds of items which your experience has demonstrated have been used most successfully by our children and which you feel that we should add more of? Or -- in reverse -- are there any which you have found not to

REQUEST TO PARENTS (CONT)

be profitable or enjoyable to the children, which it is your opinion that we should stay away from?

Either call in your thoughts or drop us a note about this. Please send all recommendations to:

Sue Kinney, ENCOR North-East
Service Office
3802 North 16th Street
Omaha, Nebraska 68110
(451-1773)

Your efforts in this matter are of extreme importance to the success of the project.

* * * * *

ENCOR & MCRI WORK ON EARLY INTERVENTION

In a recent statement by Phyllis Chandler, Director of CEEP (Coordinated Early Education Programs), and Corie Robinson, Director of Infant Stimulation Programs at MCRI, the Eastern Nebraska Community Office of Retardation and Meyer Children's Rehabilitation Institute will carry out a cooperative effort in getting to infants (ages 0-2 years). It is their intention to get the kinds of stimulation and help a young child with mental retardation problems will need in the very early years of their life. Out of this cooperative effort, 4 excellent options will be offered:

1. Weekly visits to MCRI for infant stimulation.
2. Weekly home visits from ENCOR Home Training Instructors.
3. Group nursery programs.
4. Infant day-care programs for children having working parents.

Both Corie and Phyllis want to spread the word. It's their attempt to "throw in everything but the kitchen sink" in those more important early years in the life of a person who has retardation problems. So, spread the word for Corie and Phyllis and their teams!

LETTERS TO THE EDITOR

TO: All GOARC Staff

As all of you undoubtedly know by now, I am today submitting my resignation as an employee of ENCOR and GOARC, following thirty days of semi-distinguished service. Although I realize that resignation speeches at this point in time may be anticlimactic, I feel I should address a few words to you...

As Carly Simon says, "My goin' has nothing to do with you." You folks here at GOARC have dismantled my image of what an agency looks like and works like, displaying one made up of human beings with concern and compassion rather than one made up of elitists with inflated egos and self-importance. You are, in short, a credit to your work, and your work reflects your selfless dedication to the people you are serving. (People who know how cynical I can be could tell you how sincere the compliment is.)...

My wishes of continued success to all of you.

Sincerely,

Ken Burrows

(Editor's Note: Ken Burrows, a newspaperman from Des Moines served with us on self-supportive service as a conscientious objector. He now will be serving with Holy Family Church in Omaha.)

Mr. Bob Perske
Executive Director
GOARC

Dear Bob:

I can't tell you how much I appreciated your letter of July 31,

As soon as I saw the drawing on Page 15, I immediately remembered the young lady who was nursing the little retarded girl that day.

It is true that I knew nothing about her illness at the time but it makes all of us concerned about our mentally retarded realize what a small part we play when you read the story of Vicki.

Thanks so much for bringing this to my attention.

With best personal regards, I am

Sincerely,

J. James Exon
Governor

BULLETIN BOARD

PANDY PANDA READY TO ENTERTAIN

If you're having a birthday party; your child is in the hospital; or your organization is having a Christmas party, Kenneth Smith of Fremont will dress up as Pandly Panda to entertain the children---free of charge! He feels this is his way of making a contribution to the retarded citizens. Write him:

Kenneth E. Smith
Box 962
Fremont, Nebr.

THANK!!!

Your last GOARC GAZETTE was collated, stapled, and bundled for mailing to all of you by the following volunteers:

Caroline Goodrich
Kathie Lensink
Grace Christensen
Icel Clark
Irene Nielson.

We couldn't do it without you!!
THANK YOU

RECREATION KIT AVAILABLE

The Omaha Parks and Recreation Dept. has recreation kits available for your group or family outings. The kit includes volleyball, baseball equipment, basketball, horseshoes. There is a \$10 deposit which is refunded when the kit is returned. Call the Parks and Recreation office, 451-6846.

Did you know that more than 40 members of the ENCOR volunteer force are now paid staff? That's Diane Kratochvil's gang we're talking about. Diane gets them involved. Something happens when they work with GOARC staff. Then they come on board full time. How about that?

ENCOR's Central Inquiry has been doing an excellent job gathering data on insurance policies for persons with handicaps. Call Kathy Hodge -- Central Inquiry, 556-5600.

Thank you, Tim Rouse and Dick O'Brien, Omaha Public School Board Members, for the beautiful way you put your faces to the wind and spoke honestly on behalf of handicapped boys and girls who have a right to "compulsory" education as well. When so-called "normal" children and so-called "handicapped" children attend school under the same roof...rubbing elbows with each other...relating with one another...both groups of human beings receive the best education in living a full life they've ever had. All of us in GOARC are grateful to you, Tim and Dick.

ROBERT COLEMAN WANTS TO SHOOT YOU

With a camera that is. This beautifully sensitive man is attempting to take human and poignant pictures of all sorts of GOARC operations. Doesn't matter whether you're in the youth thrust, Pilot Parents, Citizen Advocacy, or whatever. Invite him to your function. After you've seen some of his work, it'll be a privilege to have him with you. During the day, Mr. Coleman is a photographer at NPI. His phone #, 541-4533.

CALENDAR

SEPTEMBER

- 2 Pilot Parent Committee meeting, 7:30 P.M., place to be announced.
- 5 GOARC'S GENERAL MEMBERSHIP MEETING, FIRST FEDERAL LINCOLN, 2101 SOUTH 42 STREET,
7:00 P.M. (see page 6)
- 5 Sarpy Developmental Center Parent meeting, 7:30 P.M. at the Center.
- 7 "CUT-A-THON" AT *The Ladies Room*, 1120 SOUTH 105 STREET, 9:00 A.M. ON
- 11 H & LR Committee on Developmental Centers meeting tentatively scheduled for this
date at 7:30 P.M., place to be announced.
- 12 GOARC Executive Committee meeting, 7:30 P.M. at the GOARC office.
- 16 CHAP Parent Group meeting, 7:30 P.M. at CHAP School.
- 16 Pilot Parent Group meeting, 7:30 P.M., place to be announced.
- 17 GOARC Board of Directors meeting, 7:30 P.M. at the GOARC office.
- 18 J. P. Lord PTA meeting, 7:30 P.M. at J. P. Lord School.
- 18 Madonna School Parent Meeting, 7:30 P.M. at Madonna School.
- 20 Citizen Advocate Picnic, 6:00 P.M. at Bruce Pauley's Farm.
- 21 FIRST GOARC ANNUAL BALL, 9:00 P.M. TO 1:00 P.M. AT THE NATIONAL GUARD ARMORY,
6929 MERCY ROAD.
- 23 Citizen Advocate Training Session, 7:00
at the GOARC office.
- 24 Citizen Advocate Training Session, 7:00
at the GOARC office.
- 25 H & LR Committee on Developmental Centers
meeting tentatively scheduled for
this date at 7:30 P.M., place to be
announced.
- 26 Public Attitudinal Change Committee
meeting, 7:30 P.M. at Rosemary Wais'
5718 A Street.

October

- 5 NARC Convention in Milwaukee!!

November

- 17 HONEY SUNDAY!!

Shirley Dean
 4842 Sahler #107
 Omaha, NE 68104

SD

the GOARC

140 South 40th Street
Omaha NE 68131

GAZETTE

OCTOBER, 1974 ISSUE

EDITOR: JAN NOVICKI



"I FEEL THAT THE FACE OF A PERSON WHO IS RETARDED SHOULD BE DRAWN JUST AS MUCH AS THAT OF ANYONE ELSE. I WOULD HOPE TO REINFORCE THE PRIDE AND CARE THAT PARENTS AND CLOSE FRIENDS HAVE IN THESE PEOPLE. I DON'T BELIEVE THESE FACES SHOULD BE HIDDEN FROM SOCIETY AND I HAVE TRIED TO BRING OUT THE BEAUTY, WARMTH AND HUMOR THESE PEOPLE POSSESS. I HOPE IT HELPS JUST A LITTLE BIT TO ENHANCE THEM AS FELLOW MEMBERS OF THE HUMAN RACE."

MARTHA PERSKE
(FROM A PUBLICITY STATEMENT
FOR ABINGDON PRESS)

ENCOR TO UNDERGO
NATIONAL ACCREDITATION
YOU ARE NEEDED.
SEE PAGE 9

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



Our comprehensive community based services have developed into a complex system. Last month, I mentioned this fact. Then, general suggestions were offered as to how -- in the midst of this complex system -- one can continue to be richly productive on behalf of handicapped citizens we serve. Steve Pew, ENCOR's Director of Program Development and Training and an avowed stickler for specifics, responded to what I said in a memo. Here's what Steve said:

"Bob:

Your recent article on the complexities and expansion of the system was interesting and deals with a real issue. I found your suggestions

deal with things that people should be attending to, however, they lacked any degree of concreteness and bordered on platitudes.

You're correct when you say that rapid expansion, change, and the unknown are scary. But to deal with these problems, we need concrete suggestions, ideas, and a problems solving process, not just someone emphathizing with us in recognizing the problem. Below, I have attempted to go one step beyond your hints, and offer some suggestions for dealing with the problems of rapid growth.

1. Know your role in the spectrum of services for the mentally retarded. Know the goals of your agency, group or committee. Make sure the goals are congruent with the overall goal and push for completion.
2. Know the goals of your division and program section. Always evaluate them to make sure they're the best possible goals for client growth.
3. Know what's expected of you in your job. Make sure that you know how your job is related to client growth. Know yourself and what skills you have to offer, and when you need help, ask for it for the sake of the client.
4. Measure growth. When we lose track of growth, its direction and the speed it's going, that's when we get scared. If we have feedback on how fast and where we're going, it's not so complex or overwhelming. That's how to "keep the system living" and how to "trust yourself."
5. Know the services and responsibilities of the community resources available. Help them fulfill their responsibilities as a part of the cooperative educational experience. If retarded citizens are to become "accepted and understood members-in-full-standing of the human race, we must be conscious of goals and dedicated to measurement."

Thank you, Steve, for sharpening this issue so all of us can deal with it in a more efficient way.

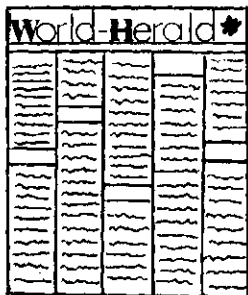
Bob Perske



Steve

JOHN PLEISS, BOARD MEMBER, MADE A RICH SUGGESTION:

**"WHY DON'T ALL OF US
GET BEHIND THE KEEP
OMAHA BEAUTIFUL PROGRAM.**



HERE'S WHY:

1. We make Omaha a beautiful place in which to live.
2. The items we collect can be credited to GOARC. (You just have to tell them.)
3. We can coordinate collection programs with our neighbors, for that benefits both GOARC and KOB.

HERE'S WHAT TO DO:

1. GOARC's Account #A0309 - KOB pays only for the following: cans, aluminum, newspaper, cardboard that doesn't have food contaminants. In order to get a \$ amount donated to GOARC, you must have 100 lbs., made up of any combination of the above.
2. Maps showing pick-up schedules are available from KOB. The items that they will pick up curb-side are: newspaper, tin cans, aluminum cans, bottle caps, foil.
3. Items that have to be brought to the KOB Center are: any paper products, cardboard that doesn't have food contaminants, pliable plastic (such as fabric softener bottles plastic lids on coffee cans, milk bottles, etc.), glass that is not treated (this means glass that is treated to be break-proof for example).
4. KOB's number is 346-3169 and the address is 1824 So. 20th St., Omaha.

NOTE: All labels must be washed off or cut out!

WE THINK JOHN PLEISS IS RIGHT!



DID I DO
SOMETHING WRONG?

COALITION FOR THE EDUCATION OF THE HANDICAPPED

We've organized: our next meeting will be Thursday, October 3, 1974, 7:30 P.M. at the GOARC Conference Room, 140 South 40th Street.

HERE'S WHAT WE'VE DONE:

1. We've elected our officers.
 Jack McKinnon, President,
 333-1292 (home)
 334-3310 (business)
 Sharon Carr, Vice-President, 553-0898
 Mary Anna Dunn, Secretary/Treasurer,
 556-2638
2. We've given ourselves a name.
 "The Coalition for the Education of
 the Handicapped" (CEH).

3. We have a written purpose.
 The purpose of this group is to provide a structure within which parents of handicapped children and other interested persons can come together for mutual support in their dealings with the Omaha area schools, through which parents can monitor the schools and programs for the handicapped and get suggested improvements in their programs to the end that handicapped children are assured equality of education opportunities.
4. We've organized a Grievance Task Force. They're on call. They're meeting weekly.
 Tom Holyoke, Chairman (Hearing) (551-3029) and/or Ron Swassing (Hearing) (493-208)
 Mary Ann Bay (Adult Handicapped) (553-3486)
 Kathy Morgan (Speech) (551-5389) and/or Wanda Sorenson (Speech)
 Rosemary and Tom Wais (MR) (554-0711)
 Joan Garro (MR) (551-4539)
 Gene and Judy NicholSEN (Multiple and Ortho) (334-9303)
 Jim Monahan (Multiple) (333-2067)
 Jim Husebo (Visual) (453-6140) and/or Maggie Green (Visual) (558-0515)
 Beverlie Ling (EMH) (345-3755)
 Gloria DeJoy (Learning Disabilities) (345-7589)
 Art and Susan Butler (Perceptual) (734-2331)
5. We've set up a Political Task Force.
 Jim Monahan is the Chairman. The committee proposes to invite political candidates to a general meeting...to ask them questions...to find out where they stand. This meeting is scheduled for Monday, October 14, 1974, 7:30 P.M., at Wittson Hall Auditorium, U of N Med Center (42nd between Emile and Dewey Streets).
6. Jack McKinnon was voted to represent the Coalition on the OPS Special Ed Advisory Committee. (Possibly Pat Green later.)
7. Judy NicholSEN was voted to represent the Coalition on the Nebraska Coordinating Council on the Handicapped. (Mary Anna Dunn will send the letter of request.)
8. The Chairman of the Student Council for Exceptional Children voiced an interest in the Coalition. We'd like to have parents give a presentation to the members of SCEC.

THIS COALITION REPRESENTS NOT LESS THAN 9 HANDICAPPED ORGANIZATIONS. COME TO OUR NEXT MEETING, OCTOBER 3, 1974. AND DON'T MISS THE "MEET YOUR CANDIDATES" MEETING, MONDAY, OCTOBER 14, 1974, 7:30 P.M., AT WITTSON HALL AUDITORIUM!!!

ON THE GO WITH GOYARC



Hello and happy Fall!!

It is once again time to summarize in a few short paragraphs what GOYARC has been doing in the last month and to also tell about upcoming plans. This is not always the easiest of tasks. I discover that I could come up with enough material to fill a GAZETTE just on GOYARC's grand successes and miserable failures alone but since I am limited to this one page, I shall restrict myself to just a few important points.

Plans are already underway for an orientation/retreat at St. Timothy's Lutheran Church, October 11 and 12. It should be stressed that not only is this retreat for new people, but for the "members emeritus" also. The objectives for this event are 1) to become more knowledgeable about mental retardation, 2) to become more aware of the services right in our own area for the mentally retarded client, and 3) to make GOYARC a more cohesive group and to improve communication between members.

Now that vacation has ended long ago (a pretty painful thing to realize, now isn't it?) and the routine of school is once again with us, certain factions of GOYARC are going through periods of reorganization and reactivation. The Youth Advocacy Program, under the leadership of Rose Fisher and Cliff Penny, is pulling itself together and it seems like there is a renewed interest in it, so that is great. September also saw the birth of the West Core, headed by Shelly Menolascino, so GOYARC expansion via the the core group method is underway. Northwest, Bellevue, and Southwest Cores have been in touch with themselves lately also.

In closing, I hope these monthly messages do not become "form letterish" in content where each report begins to sound like the previous one. And neither do I want them to sound overly-boastful where it would seem that everything we attempted was a total triumph. In actuality, I want them to give a balanced picture of GOYARC, complete with its mistakes and successes. There is nothing wrong with admitting our problems, as long as we do not become stagnant and become bogged down in them. As of now, GOYARC is a very flexible group and far from stagnancy and also very eager to develop in new directions. And with the potential our group has, I see nothing stopping us.

kris

INCIDENT REPORT

NAME: Raquel Stewart
NAME OF STAFF MAKING REPORT: Jack Wright
DATE OF INCIDENT: 8-1-74 - present
TIME OF INCIDENT: all the time

FACILITY: St. James

INCIDENT

WHAT HAPPENED? Ruthalene Stewart, Raquel's mother, reports that Raquel is now using complete sentences like "How are you?", "I'm riding the horse," (imitating the action), frequently asking the question "Why?" and wanting the reason.

HOW? Raquel is joyful about being able to express herself.

WHERE? At home and here at St. James.

HOW SITUATION HANDLED? With pride.

FOLLOW-UP SUGGESTION: Talk to Raquel as often as possible.

YOUTH OF THE MONTH



The face of Robin Bergersen might be a new one to some members of GOYARC, or one painted green to others. For even though Robin has only been in GOYARC since March, her degree of participation in the group has been just short of overwhelming.

As a co-representative of the Southwest Core, Robin has been the organizer, newsletter writer and pretzel baker for many of the group's activities. She also has one of the leading parts in the Core's play, "Down by the Marsh", where she plays the sympathetic, "animalitarian" Newt, who must change the warped opinions of the stodgy, "Scrooge-like" Toad (played by Rick Duffer). This accounts for her face being a lime green at times.

When GOYARC's representative to the GOARC Board (Rick Duffer) flew down to Brazil to live with a family for two months, Robin filled in as the youth rep. This job came very easily to

her since she is a very honest person who can express herself quite easily. Just recently she became a co-rep from GOYARC to the NebyARC Board. She is also active in the Sunday School program at Kountze Memorial Lutheran Church.

Not only is she an alumnus of SWEAT and a freshman at UNO, But she still has the ability to be a real individual, and an individual with a good sense of humor at that. She is always able to come up with totally original ideas and is rarely apprehensive about pioneering in new directions. (It is rumored that she can play a pretty mean harmonica also.)

Not all this flattery should go to Robin alone. Eric, her 14 year-old brother who just returned from a trip to Japan, is also becoming active in GOYARC and there are still two more little Bergersens after that. There is a lot of potential and creativity in that household.

A GOYARC without Robin would be a GOYARC with a little less wit, a little less thoughtfulness. So, live it up Robin Bergersen, this is your month!! (Just to warn you though, you better enjoy all this attention while this lasts because it'll be a long time before we ego-feed you to this extent---but you certainly do deserve it!)



Kris Peterson and Robin Bergersen



Thank you Dan Lynch and Lois Rood
for leading us on the Bike-A-Thon!

Thank you Jim Mulligan for the long
hours as Chairman.

Thank you REACT for your radio
communicating checkpoints.

But most of all, thank you friends
of Omaha who gave your bodies
for the cause that day!

GOARC LENDING LIBRARY "SPUN OFF" TO ENCOR

On Tuesday, September 17, 1974, GOARC President, Gary Taylor signed the transfer agreement of their excellent Lending Library to ENCOR's Program Development and Training Division. The agreement was also signed by ENCOR's PD & T Director, Steve Pew.

This innovative library of contemporary books on developmental disabilities are the rich fruits of teamwork between Chuck Shafer's State Developmental Disabilities Agency, GOARC's Pilot Parents, and ENCOR's Developmental Centers and Madonna School. Here's how it happened:

Pilot Parents lamented the fact that they needed current books to share with their assigned "Piloted Parents." The Pilot Parents, under the leadership of Karen Kelly, developed a grant request to Developmental Disabilities for this library. The request was granted. The amount was \$4,831.00, whereby GOARC provided 30% (1,449) and State Developmental Disabilities provided 70% (\$3,382). The books were purchased, catalogued and carded by GOARC. Then they were placed at various "lending stations" throughout the area.

Jenny Friend took over maintenance leadership when Karen Kelly and her family transferred to the East Coast.

Now, the volunteer innovative venture ends and it becomes a solid portion of ENCOR's community programs.

Here's an excellent example of innovative creativeness that can happen when State Developmental Disabilities Agency, parents and professionals work together. This is the second project set up by GOARC and spun off to ENCOR. The Toy Lending Library, originated and planned by GOARC's Poverty and Mental Retardation Action Group, was the first.

SIX RETARDED CITIZENS TO INTEGRATE IN KINDERGARTEN

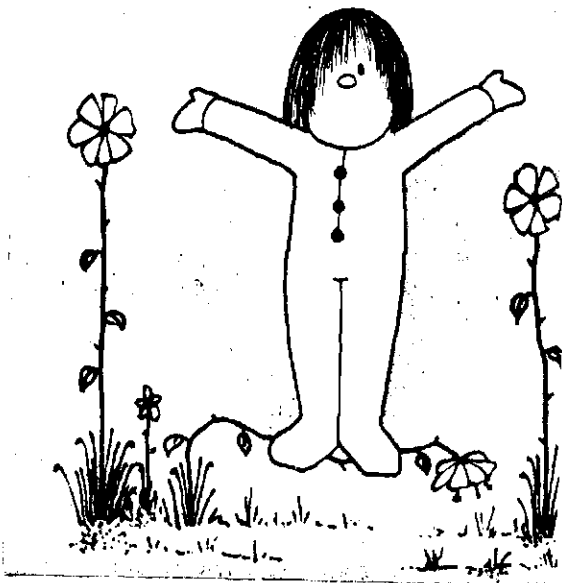
The ENCOR EXCHANGE announced a new integrated program with the Omaha Public Schools. The following statement was made September 15:

"Six graduates of ENCOR's Coordinated Early Education Program (CEEP) are entering an OPS integrated kindergarten this fall. With the support of a 'resource teacher' from the CEEP Program, the children will spend one half day in a special needs classroom and the other half in a regular kindergarten class."

"The graduates are Mark Johnston, Christine Josoff, Jack Martin, Deanna Sommer, Sara Thode, and Kevin Wofford."

"Seven other CEEP students are graduating from CEEP to other generic programs. They are Jeanette Ellerman, Karey Geer, Matthew Green, Bruce Leslie, Ricky Noland, Krenny Mahara, and Dennis Welsh."

Here's one more solid step in the direction of "mainstreaming" our community's handicapped into regular school systems.



A CRUCIAL PUBLIC MEETING: AS ENCOR SEEKS NATIONAL ACCREDITATION

OCTOBER IS A CRUCIAL MONTH AS A TEAM OF SURVEYORS FROM THE ACCREDITATION COUNCIL FOR FACILITIES OF THE MENTALLY RETARDED (AC/FMR) WILL ARRIVE AND EVALUATE ALL ENCOR COMMUNITY BASED PROGRAMS IN THE REGION. THIS INTENSE EVALUATION PERIOD BEGINS WITH A PUBLIC MEETING. THE FOLLOWING THINGS HAPPEN AT THE MEETING:

1. THE SURVEY TEAM INTRODUCE THEMSELVES AND THEY EXPLAIN THE EVALUATION PROCESS TO THE PUBLIC.
2. THEN, CITIZENS, PARENTS, YOUTH AND ADVOCATES ARE INVITED TO SPEAK OUT AND TELL THE TEAM HOW THEY VIEW ENCOR'S SYSTEM OF SERVICES. THIS DATA IS RECORDED AND IS EXTREMELY HELPFUL TO THE SURVEYORS AS THEY IMPARTIALLY EVALUATE THE SYSTEM!

THE PUBLIC HEARING ON ENCOR WILL BE:

WEDNESDAY, OCTOBER 9

7:30 P.M.

**WITTSON AUDITORIUM (UNIV. OF NEB. MED CENTER,
42ND BETWEEN EMILE & DEWEY STREETS)**

DON'T MUFF YOUR CHANCE TO HELP ENCOR...

RECIEVE AN AUTHENTIC EVALUATION...

GET A CLEAR LOOK AT THEIR FUNCTIONING....

**CONTINUE TO UPGRADE SERVICES TO
HANDICAPPED PERSONS.**

THE FUTURE FEDERAL FUNDING OF ENCOR WILL BE
INFLUENCED BY THE EVALUATION RESULTS OF THIS
AC/FMR COUNCIL.

**PASS THE WORD
MARK YOUR CALENDAR
YOU ARE NEEDED!**

ENCOR MAKES RADICAL SHIFTS IN DEVELOPMENTAL CENTER SYSTEM

A "whirlwind of events" has taken place within the ENCOR Developmental Center System. Here's what's happened:

Sarpy Developmental Center closes. Six children moved to CHAP School in Bellevue. Two children were transferred to Meyer Children's Rehabilitation Institute. One child went to ENCOR's Adolescent Education. Three children moved to the South Developmental Center. Now, the building once housing Sarpy Developmental Center will become the Family Resource Office for Cass and Sarpy Counties.

Benson Developmental Center closes. Six children entered Omaha Public Schools. The remaining 13 will be transferred to either West or CHANCE Developmental Centers.

CHANCE Developmental Center is now in their new location. The address is: 4602 North 30th Street. Enrollment will be 19. Eight children from CHANCE entered Omaha Public Schools. Watch for the forthcoming CHANCE Open House!

West Developmental Center continues. They will have an enrollment of 23 children. One child has entered the Omaha Public Schools.

South Developmental Center continues. Five children from South entered the Omaha Public Schools this week. They now have an enrollment of 14.

Fremont Developmental Center continues. Two children from this center entered the Fremont Opportunity Center. This leaves the center with 3 children. Plans are being made for a new program in Adolescent Education.

Sharon Wein becomes Program Specialist for Developmental Centers. She will be working with all teaching staff on program development. Everyone knows Sharon for the hard work she's done. All of us are pulling for her in her new position.

Just one more example to show that there's nothing in our Omaha system of community based services that stands still!

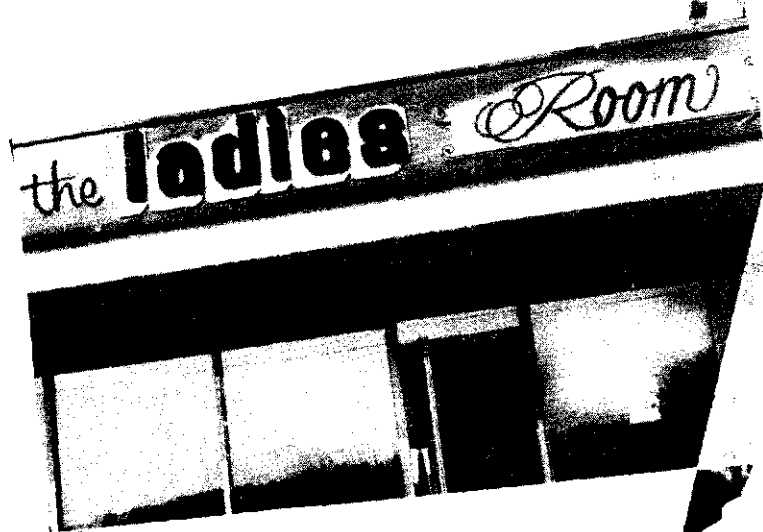
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AN INTERESTING LAW STILL ON NEBRASKA'S BOOKS

28-901. Carnal knowledge of insane or mentally retarded person; penalty. If any male person, seventeen years old and upward, shall have carnal knowledge of any female other than his wife, such female being insane or a mentally retarded person, he knowing her to be such, he shall be imprisoned in the Nebraska Penal and Correctional Complex not more than ten years nor less than three years.

Source: G.S. p. 770; Laws 1901, c. 101, sec. 1, p. 502; R.S. 1913, sec. 8766; C.S. 1922, sec. 9758; C.S. 1929, sec. 28-901; R.S. 1943, sec. 28-901; Laws 1969, c. 816, sec. 11, p. 3067.

**HERE'S SOMETHING NEW!
A CUT-A-THON**



It all began some months ago when Susie Bernard began cutting hair for many ENCOR clients. In fact, she did it as a labor of love and for no pay. Susie then got her boss, Dee Maly, the manager of the Ladies Room at 1120 So. 105th, interested. The next thing we knew, these excellent hairdressin' young people decided to have a Cut-A-Thon as their way to help fight for the rights and the dignity of mentally retarded citizens in the greater Omaha area. It was held Saturday, September 7, 1974, from 9:00 a.m. to 7:30 p.m. Also, they made \$400.00.

All of us in ENCOR and GOARC are deeply grateful to Dee Maly, Susie Bernard, Barb Varley and Phil Eades.

* * * * *



Why is Richard McClarty a special person? He is special because he is a fantastic human being who has strived to reach his goal of employment. One of his other goals is to be independent.

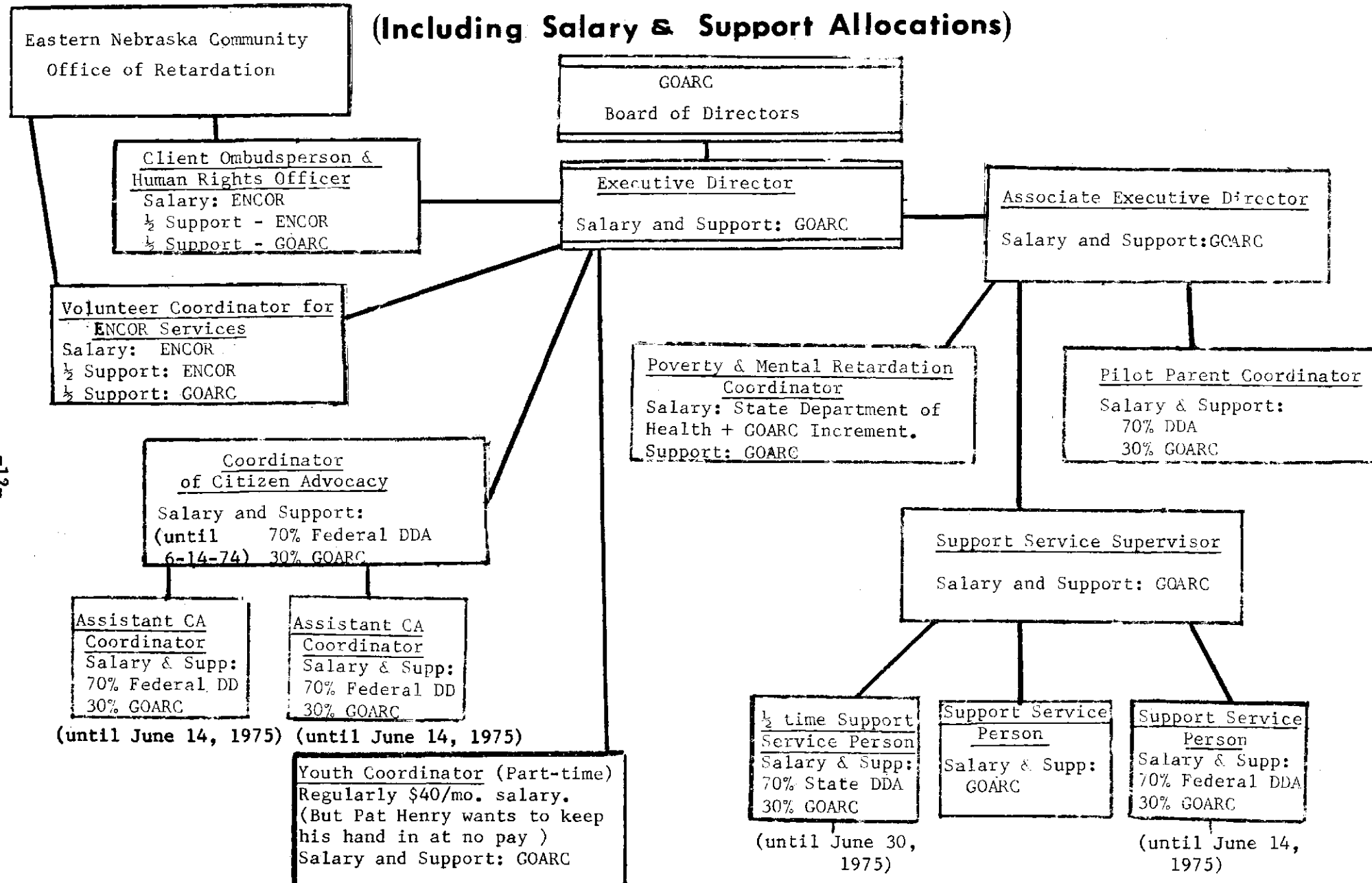
His attitudes on employment and life is to be admired and respected by others!

Richard says "to work and get a job, you got to want to work and it got to come from inside you."

He is now employed at the Methodist Hospital. Good luck, Richard!!

Here's GOARC's New Staff Organization And Action Chart

(Including Salary & Support Allocations)



Here's GOARC's Formal Non-staffed Thrusts (Where Staff Is Involved or On Call)

BREAD AND BUTTER THRUSTS

Ways and Means Task Force, Kris Peterson and Don Steffen, Co-Chairpersons

Hike-Bike-A-Thon, Jim Mulligan

GOARC Ball, Betty Ferraguti

Honey Sunday, Norm Stava

Membership Animation Task Force (to be assigned)

Calling Task Force, Helen DeMay, Caroline Goodrich and Liz Lankford, Coordinators

General Membership Meeting Program Committee, Steve Pew and parent to be assigned

General Membership Meeting Hospitality Committee, Betty Ferraguti and Melody Henn

Awards Committee, Jeanne Higgins and Eileen Hogan

Nominating Committee, Sister Mary Evangeline

NebARC Ways and Means Committee (person to be assigned)

ACTION THRUSTS

Public Attitudinal Change, Rosemary Wais and Joan Garro

Legal Advocacy Task Force, Barbara Jessing and Bonnie Shoultz

Many Ad Hoc Critical Situation Task Forces (Many individuals to be assigned)

Developmental Centers Task Force, Karen Hoffman

Early Education Advocacy Task Force, Kathy Amdor and Mike Sommer

Residential Service Advocacy Task Force, Jane Lonnquist

Local Government and Legislative Affairs Task Force (They're gearing up. Co-Chairpersons to be assigned)

State Government and Legislative Affairs Task Force (They're gearing up. Co-Chairpersons to be assigned)

Task Force on Nursing Homes, Anne Marie Aita Mulligan

Beatrice State Home Lawsuit Liaison (All thrusts are on call to Bruce Mason and his law team.)

PASS Thrusts (to be assigned)

GOARC GAZETTE, Jan Novicki, Editor

LB 403 Professional/Parent Teaching, Earl Dredge and Mary Slaughter

LB 403 Coalition of all Handicapped Groups (not actually GOARC's. But Jack McKinnon is Chairperson.)

LB 403 Special Education Advisory Committee (Representatives to be assigned)

State Task Force with Dr. Colgan, Earl Dredge

State Standards Committee for DD Centers, Earl Dredge

NebARC Human and Legal Rights Committee, Anne Marie Aita Mulligan

ENCOR Advisory Committee, Leighton Goodrich, Wilma Wills, Jerry Paes, Earl Dredge, and Richard Schoonover

Client Issues Advisory Council, Earl Dredge, Carl Sullivan

Bellevue District Coalition (Many such districts will be organizing. In this case, George Armstrong and Karen Faison are Co-Chairpersons.)

Advisory Committee to Ombudsman, George Armstrong

Ad Hoc Committee to Review ENCOR's Crisis Assistance Unit, Marguerite Bacon and Ray Mohatt

Poverty and Mental Retardation Committee, Mrs. Jessie Gauff

GOARC's Purpose, Short-Range and Long-Range Goals Committee (leadership to be selected.)

All GOARC Thrusts have been utilizing the special "Person Power List" of those who chose to be active this year. Many have been contacted personally. All have received a number of "Active-O-Grams" for certain jobs.

If we've missed you somehow and you feel left out...call Bob Perske immediately! (551-9450)

LETTERS TO EDITOR

Dear Editor:

The GOARC GAZETTE is always preferred reading among all the news letters that reach our office. But we want to say a special word of thanks for the September issue which is particularly informative and stimulating. A definite high point is the account of the workshop critique by Mr. Settle of Wichita.

Congratulations!

Gunnar and Rosemary Dybwad

Dear GOARC:

Thanks for sending the GOARC GAZETTE to us. Your publication is one of the most comprehensive and stimulating instruments for public information and education I have seen. My compliments to your editor, Jan Novicki and her volunteer crew who pulls it together, publishes and puts it out.

Sincerely,

Ted Taylor

Deputy Program Director

Accreditation Council for Facilities for the Mentally Retarded
Chicago, Illinois

Dear Editor:

Even though the Special Olympics have been over for months, I am worried about future ones. It is common knowledge that the last one was poorly organized, but why did none of the ENCOR children participate? I heard rumors but would like to hear from somebody at ENCOR. Do they plan on participating next year?

E.A.N.

Answer: If the children want to participate in the Special Olympics, it's up to their parents. The Omaha Public Schools have done a nice job with it, but ENCOR feels the program is segregated and outside the teachings of normalization.

Karen Fiason
ENCOR

(EDITORS NOTE: All letters received for this column must be signed, but if you prefer, only your initials will be used.)

Send To: Letters to Editor, GOARC GAZETTE, 9635 Sprague Street, Omaha, NE 68134

August 20, 1974

TO: Jan Novicki, Editor
GOARC GAZETTE

We would like to bring to the attention of the GOARC Membership, actions taken by our Board of Directors at their meeting 8/20/74. Two motions were defeated at this time, both related to material submitted to the GOARC GAZETTE.

1. An Editorial written by a group of GOARC Advocates which was critical of the Citizen Advocacy Program was submitted to the executive director, and then to the board. The Board voted not to allow this editorial to appear, on the grounds that it would not contribute to a solution to the problem and that there was no reason that the general membership should be informed. It was stated that this editorial was "too negative."
2. A motion was introduced and defeated which would have established an editorial review committee to set up guidelines and review material contributed to the GAZETTE. It was stated that the Board of Directors would serve in this capacity and that there were too many committees already.

We are concerned about these two incidents for a number of reasons. We feel that regardless of the rationale for the Board's actions, in effect, the result is the suppression of responsible minority views, which are not allowed to reach the membership through the GAZETTE.

GOARC is an advocacy organization. In order to maintain this position of responsibility for the rights of the retarded, we must remain open to question. Every action which we -- as staff, members, or elected officers -- take must be known, and be defensible, to our membership and to the public. GOARC belongs to the members, not merely to the board or to the staff. This requires that the membership be adequately informed. If the GAZETTE is not allowed to accomplish this, how is it to be done? Serious issues are confronting GOARC, and the membership is not aware of them. How are they to become informed?

We do not mean to criticize the current editorial quality of the GAZETTE, but rather to suggest that there is a need for precautionary action, due to the Board's action on these matters.

Sincerely,

Barbara Jessing
Carol Mayer
Anne Marie Aita Mulligan
Joan Garro
Mary Kenworthy
James P. Mulligan
Rosemary Wais
Tom Wais
LouAnn Olsson
Roger T. Harms

Lois R. Rood
Thomas Miller
Barb Hickey
Joe and Bev Kripal
Joe and Helen Schultz

ENCOR "COUNSELORS" TO BECOME "ADVISORS"

"ENCOR's Counseling Division is making some changes in the coming months and we'd like to explain a little about it so that parents, clients, and other ENCOR Staff will know what to expect, and hopefully can give us some suggestions," so states a recent letter from this division of ENCOR.

"The most obvious change will be our name. We feel there's a great deal of confusion generated by our label "counselor", since very little of what we do is really counseling. In most cases, what we do is help people locate services. In the future, if our people want counseling, we'll be helping them to locate one of the many excellent resources for counseling in the community. We've tried to find a name that says accurately what we do, and tentatively have suggested the term "ADVISOR"."

"What do we do? In some ways we'll be the same. We'll be assigned to a group of clients and families and will continue to have individual contact with each active chart. Our framework is stated as follows:

The advisor has a primary commitment to the client and family as consumers of ENCOR's services. The advisor cannot function primarily as a defender of the agency or program; he or she must be free of such expectations by the agency, as obligations, in order to work from his/her evaluation of the client's needs and feelings.

The advisor must honestly represent the client to other ENCOR staff, other agencies, and other family members, and must maintain respect for the autonomy and rights of the client, and secondarily, of his/her family."

"We will be responsible for helping the client and/or parent to coordinate the program of each client and, for working with client, staff and parents in planning what the client needs. This will take the form of an "Individual Program Plan" written for each person every six months. We will also conduct follow-up to make sure that the clients are receiving good service, and will be identifying client, staff, or systems problems which keep the client from making progress."

"Another change will be specialized intake workers, who will be trained to evaluate new clients who apply for ENCOR services. They will be skilled in assessing the applicants needs, based on psychological, medical, social and educational records and observations. They will then make recommendations as to the kind of program or service needed."

"We would like to have your comments or questions. We will make a presentation on this Thursday, October 24, 1974, at 7:30 P.M. in the GOARC Conference Room. We invite all interested individuals to attend and discuss this service with us. Also, please feel free to call us."

Barb Jessing and Kathy O'Sullivan:
451-3705

Shirley Dean and Mary Slaughter:
558-1115

* * * * *

In case you didn't know, GOARC has a
new telephone number:

551-9450

BULLETIN BOARD

Cass-Sarpy
Family Services

1910 Franklin
Bellevue, Nebraska

292-3100

NOW'S THE TIME TO ORDER CHRISTMAS CARDS
FROM NARC

If you didn't get a flyer and price list, call Earl Dredge (551-9450). He'll ship one to you. As you know, GOARC benefits from any Christmas cards our members purchase from NARC.

COALITION OF THE HANDICAPPED
invite you to meet the school
board candidates Monday, Oct. 14,
7:30 P.M. at Wittson Auditorium.
Everyone is invited.

For opening your church as a Developmental Center for persons who are retarded, 1968 - 1974. All citizens, parents, professionals, youths, who are involved with mentally retarded citizens in our community are grateful for the warm and open way you've welcomed our programs within your halls! (Many of us will miss being under your roof.)

GOARC's Nominating Committee is now in session. The committee, consisting of 2 from the general membership and 3 from the Board, are: Chairperson: Sister Mary Evangeline

Jack Conrad
Edna Watson
Ron Schmidt
Earl Hammer

Start calling your nominations in now.

CALENDAR

OCTOBER

- 7 Ad Hoc Committee to Review ENCOR's Crisis Assistance Unit will meet at 7:30 P.M. at the GOARC office.
- 7 Legal Advocacy Committee meeting at 3:00 P.M. at the GOARC office.
- 8 Advisory Committee on the Ombudsperson will meet at 7:00 P.M. at the GOARC office.
- 9 AC/FMR Meeting at 7:30 P.M. at Wittson Hall, see page 9
- 10 Residential Services Advocacy Committee meeting at 7:30 P.M. at the GOARC office.
- 10 GOARC Executive Committee meeting at 7:30 P.M. at the GOARC office.
- 11 GOYARC Fall Retreat, 7:00 P.M. at St. Timothy's Church, 93rd & Dodge, until noon on Saturday, bring a sleeping bag, a pillow, and one dollar.
- 14 Pilot Parent Training Session at 7:30 P.M. at the GOARC office.
- 14 Parent Coalition meets School Board Candidates, 7:30 P.M., Wittson Auditorium, University of Nebraska Medical Center, 42nd and Dewey Streets, see page 4.
- 15 GOARC Board of Directors meeting, 7:30 P.M. at the GOARC office.
- 16 J. P. Lord PTA meeting at 7:30 P.M. at J. P. Lord School.
- 16 Madonna School Parent meeting, 7:30 P.M. at Madonna School.
- 21 Chap Parent meeting at 7:30 P.M. at Chap School.
- 21 Pilot Parent Training Session at 7:30 P.M. at the GOARC office. Also, there will be a general meeting. We may have representatives to speak from Cerebral Palsy and the Epilepsy League.
- 24 ENCOR Guidance Services Presentation at GOARC at 7:30 P.M.
- 28 Pilot Parent Training Session at 7:30 P.M. at the GOARC office.

NOVEMBER

- 4 Pilot Parent Training Session at 7:30 P.M. at the GOARC office.
- 7 GOARC's General Membership Meeting at First Federal Lincoln, 2101 South 42 Street, at 7:00 P.M.
- 11 Pilot Parent Training Session at 7:30 P.M. at the GOARC office.
- 18 HONEY SUNDAY!!

Shirley Dean
 116 So 42nd Street
 Omaha, Nebraska 68131

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the GOARC

140 South 40th Street
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GAZETTE

NOVEMBER, 1974 ISSUE

EDITOR: JAN NOVICKI



THERE IS A VITAL DEVELOPING FORCE CODED DEEP WITHIN THE STUFF
OF EVERY HUMAN PERSON.

THE BEST THAT ALL OF US CAN HOPE FOR IS TO LISTEN FOR THAT FORCE
IN EVERY CHILD WE MEET.

...TO WATCH IT WITH AWE AND WONDER,
...TO BE CAREFUL NOT TO THWART OR SQUELCH IT,
...TO HELP AND CHEER IT ON.

BUT BEST OF ALL, IT TEACHES US TO ACCEPT ALL CHILDREN EXACTLY
AS THEY ARE AND NOT WAIT UNTIL THEY BECOME WHAT WE WANT THEM
TO BE BEFORE WE START TO APPRECIATE THEM.

BP

HONEY SUNDAY
NOVEMBER 17

QUIET THOUGHTS FROM AN EXECUTIVE DIRECTOR'S MIND



SOMETIMES, THOSE WHO ASK FOR IT...GET IT.

We did and we got it. We asked for a PASS Evaluation of GOARC. So, a Program Analysis of Service Systems Team composed of Cami Allen, Bill Doucette, Linda Esterling, Karen Green, Tom Miller, Jerry Newville, Steve Pew, Fran Porter, Larry Rocklin and Sharon Wein invested better than 500 hours looking into every aspect of GOARC's operation. On Tuesday, October 15, the PASS Team presented their full report to the Board of Directors. They mentioned our strengths. But, they pointed out weaknesses that will haunt us until we

face and deal with each one. Here's a few:

"Great strength for innovativeness...but spread too thin...
Too many things to too many people...Management is weak...
Meager planning, documentation and measurement...
Crisis orientation...No effective decentralization of power...
Too much dependence on ENCOR..."

This and much more indicates that GOARC has been so involved in creating innovative thrusts that now the overall management system is undergoing serious criticism. That hurts. But, "downers" such as these have a place in our process. For example:

In 1967, GOARC hurt about the plight of retarded citizens, so they arose to develop community programs.
In 1970, with pain they spun off their programs to a five county governmental board and they came back as a volunteer advocacy agency when lots of people were betting they'd die.

Now comes 1974/75. We've had our community program development phase, our innovative advocacy phase. The new phase will have to do with documented goals, measured growth and efficient management. This executive director, after giving his best thinking to the PASS report, feels strongly that every point raised in the report should be taken seriously and should be faced and dealt with -- one by one -- over the next few months.

Are you interested in GOARC's future? Want to help? You can if you want. Here's how:

1. Take the next 15 minutes.
2. Sit down with a pencil and pad.
3. Write down any thoughts you have about:
 - a. What GOARC should be like in one year.
 - b. What GOARC should be like in three years.
 - c. Any thoughts about how we could get there in one and three years.
4. Place your scribbled notes in an envelope and send to Bob Perske.
5. Added Assignment: If you'd like to be a futurist on GOARC's behalf and would be willing to attend five evenings (one night a week for five weeks) to dream with others like yourselves, then say so on your note.

First comes the PASS Evaluation. Now comes an opportunity for GOARC to attain a higher level of helpfulness and vitality.

Bob Perske

**NOVEMBER
17!**

**NOVEMBER
17!**



**NOVEMBER
17!**

**NOVEMBER
17!**

DUE TO GOARC'S INCREASED EFFORTS WITH LB 403, PILOT PARENTS, AND CITIZEN ADVOCACY AS WELL AS OUR OTHER CONTINUING THRUSTS, OUR ORGANIZATION NEEDS MORE INCOME.

OUR GOAL THIS YEAR IS TO SELL \$50,000 WORTH OF HONEY AND WE NEED YOUR SUPPORT TO ACCOMPLISH THIS. THIS GOAL CAN BE SET, BUT ONLY VOLUNTEERS CAN ACHIEVE THE GOAL.

IF YOU WISH TO GIVE A REAL ASSIST, CALL YOUR AREA MANPOWER CHAIRPERSON.

Northeast - Fran Porter - 451-0564
Northcentral - Sister Mary Evangeline - 556-1883
Northwest - John Nordick - 422-7597
Southeast - JaWanda Alls - 731-6998
 Jessie Gauff - 731-6494
Southcentral - Joe Garro - 551-4539
Southwest - Mike Rock - 556-9254
West - Bob Douglas - 333-8882

THE FOLLOWING JAYCEE CHAPTERS ARE PARTICIPATING WITH US THIS YEAR:

BELLEVUE, BENNINGTON, GREINA, MILLARD, OMAHA,
PAPILLION, RALSTON, VALLEY, AND WATERLOO.

Norm Stava
Honey Sunday Chairperson

VOTING RECORD OF THE STATE SENATORS

Prepared by Keith Eckle

	Cavanaugh	Dickinson	Fellman	Savage	Johnson	Mahoney	Moylan	Proud
LB 92, Trans.	N/V	N/V	X	X	X	X	X	X
LB 513, Health Dept.	X	X	X	X	X	X	X	N/V
LB 602, Bldg. Access	X	N	X	X	X	X	X	X
LB 722, Tax Supp	N	X	X	N	X	N	N	X
LB 810 (863) Criteria	X	X	X	X	X	X	X	N/V
LB 834, ADC Limits	X	X	X	X	X	X	X	N/V
LB 1053	X	X	X	X	X	X	X	N/V
LB 1054	X	X	X	X	X	N/V	X	N/V
LB 1053, Dept. of Ed. Budget, Veto Override	N	N	N	X	X	N	N	N/V
LB 1054, Veto Override	N	N	N	X	X	X	N	N/V

N/V - No Vote

X - Yes

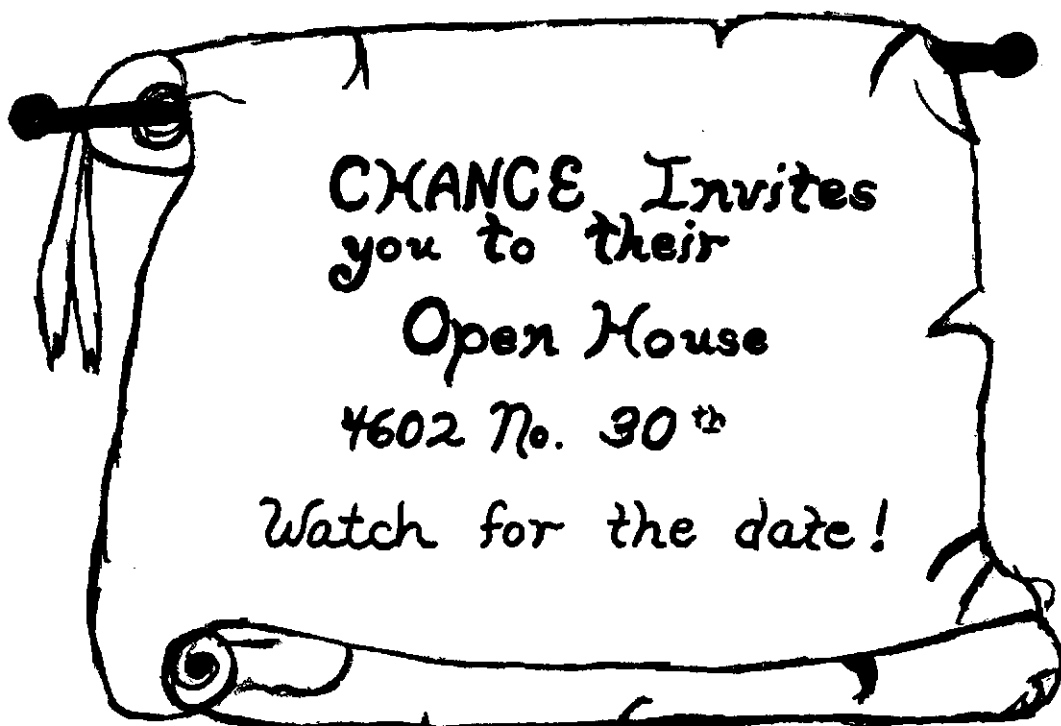
N - No

VOLUNTEER SERVICE COULD BECOME A TAX EXEMPTION

Volunteers! Listen to this: Congressman Wilbur Mills, chairman of the House Ways and Means Committee, has introduced HR 3416 to provide tax relief for volunteers working for nonprofit organizations without pay. The bill would permit volunteers contributing their time to nonprofit organizations to declare a number of hours worked for such an organization as an income tax deduction. The deduction would be based upon the minimum national per-hour wage scale.

VOTING RECORD OF SENATORS (CONTINUED)

Skarda	Snyder	Chambers	Goodrich	Keyes	Lewis F.	Stahmer	Syas
X	X	X	X	X	X	X	X
X	X	X	X	X	N/V	X	X
N/V	N	N/V	X	X	X	X	N/V
N	N	N	N	X	X	X	N
X	X	X	X	X	N/V	X	X
X	X	X	X	X	X	X	X
X	X	X	X	X	X	X	X
X	N	X	X	X	X	X	X
N	X	N/V	X	N	N	X	X
N	X	N/V	X	X	N	X	X



HEW HITS NURSING HOMES FOR ADMITTING RETARDED CITIZENS

Commissioner M. Keith Werkel of HEW's Medical Services Administration sent a stern memo to all state agencies administering medical assistance programs. The memo, dated August 28, stated:

"It has been brought to our attention that some States are beginning to transfer residents of State institutions for the mentally retarded to intermediate care facilities (ICF's) which serve primarily a geriatric population. Standards...assure that 'only those persons are accepted whose needs can be met by the facility...'"

"With respect to mentally retarded individuals who need ICF care, Federal regulations require that a resident of an ICF/MR receive active treatment geared to his individual needs and designed to help him reach 'the optimal physical, intellectual, social, or vocational functioning of which the individual is presently or potentially capable...'"

"We wish to emphasize, therefore, that mentally retarded individuals must be carefully evaluated before admission to an ICF, and placement of a mentally retarded person in an ICF geared to provide care primarily for the aged will nearly always be a violation of §249.12(a)(1)(ii)(A)(1)(i), jeopardizing the certification of the facility."

"You are advised to communicate this information to your State survey agencies so that they may be aware of the importance of careful examinations of the placement of the mentally retarded in ICFs."

"We have also been informed that in some States mentally retarded individuals in need of skilled nursing facility (SNF) care are sometimes placed in SNFs where their special needs, other than the need for nursing services, are overlooked. State Medicaid agencies are reminded that under 45 CFR 250.23, the need for care in any SNF must be established prior to admission and reestablished at least annually by medical review teams. In addition, for each SNF patient, there must be a plan of care which includes orders for treatment and restorative services. Proper application of these measures is essential to assure appropriate placement and care of the mentally retarded in SNFs."

When citizens who happen to have mental retardation problems are moved from an institution to a nursing home, this often amounts to a cruel step backward. Thank goodness, the Federal Government is becoming aware of this fact! Since monitoring is everybody's business, all of us need to sharpen our wits when it comes to observing what happens to mentally retarded citizens living in the nursing homes of our town.

ACCREDITATION TEAM SURVEYS ENCOR



It all began with a public meeting, Wednesday, October 9, and it ended with a summary conference with the Executive Director, Linda Glenn, October 19. (Linda chose to open the summary conference to the public.) In between, the team from the Accreditation Council for Facilities for the Mentally Retarded attempted to put their foot into as many of the nooks and crannies of the little-less-than-ninety program locations ENCOR operates. The team was composed of: Ted Taylor, team leader, Chicago, Illinois; Cori Brown, Hutchinson, Kansas; Dianne Smith, Dallas, Texas; Ron Torner, Brookfield, Illinois; Jim Austin, Stockton, California; Charles Jubenville, Springfield, Illinois; and Anne Hubbard of Chicago, Illinois.

The final results of the survey and decision about accreditation will be forth-coming in the next sixty days. However, in their overview of ENCOR, they made some of the following statements:

"Your agency is on the cutting edge of programming for the mentally retarded."

"The following are your strengths and perils:

You're tremendous at getting resources...you have more than most areas have to work with;

Your leadership talent is tremendous... most towns don't have leadership like this; You've developed a national posture... those who struggle to keep up a national reputation do have added problems;

Philosophy and ideology is rich...but you could become dogmatic;

You are highly visible...but being visible presents new problems; your innovativeness is rich...but be careful of changing just for the sake of change;

You have tremendous clout...but it could smother honest dissent;

continued on page 9

REP FROM POVERTY AND MR AT NARC CONVENTION

The Poverty and Mental Retardation Committee was represented at the National Association for Retarded Citizens' Convention in Milwaukee, Wisconsin by Catherine Williams. Catherine attended workshops and provided valuable input during each session.

She encourages everyone to order "Families Play to Grow". This booklet can be ordered from Mrs. Eunice K. Shriver, Executive Vice-President, Joseph P. Kennedy Foundation, 1701 K Street, N.W., Washington, D. C. 20006. It teaches families games to play with their children.

- - - - -

SOMETHING NEW: INFANT STIMULATION

The Infant/Home Training Program is a new service available to delayed infants and young preschoolers (age 0 to approximately 2 years). This program was made available through the joint efforts of MCRI and ENCOR.

Here's how it works: An infant delayed in social, self-help, language, motor and/or cognition skills is referred to MCRI's Infant Stimulation Program for an initial evaluation. If this evaluation reveals a need for special support and training for this child, the parents can choose one of four options:

1. Weekly visits to MCRI's Individual Stimulation Program, (parent and child working together).
2. MCRI's Group Nursery Program (two hours a session, twice a week).
3. ENCOR's home-based program, whereby teachers come to the home and prove that parents are excellent teachers with proper support and training.
4. ENCOR's infant group care program (where parents are working).

INFANT STIMULATION (CONT)

The goal of all of these programs is to eventually enroll the children in one of ENCOR's Coordinated Early Education Programs' (CEEP) integrated pre-school operations which are dotted throughout our town. It's good to see ENCOR and MCRI working closely together on behalf of the infants of our town. Anyone with questions regarding Infant Stimulation Programs should contact Rita Andros, Coordinator, Infant/Home Training Program, phone, 551-6002.

- - - - -

RETARDED CITIZENS SPEAK FOR THEMSELVES

Florida's retarded citizens were recently given the opportunity to speak for themselves and make their wants known. Serving as their own discussion group leaders at a two-day meeting with the staff members of the state Division of Retardation, 45 retarded clients each in turn representing 125 retarded citizens in group homes and institutions around the state, let the division know that they wanted: better food services; better clothing; more staff to serve them; expanded speech and occupational therapy; better wheelchairs; state-provided transportation; more sheltered workshop programs; more sex education, and more group living facilities.

- - - - -

LB 772 GETS SUPPORT

THE LEGISLATIVE AND GOVERNMENTAL AFFAIRS COMMITTEE SUPPORTS LB 772. OR PEOPLE MEASURE NUMBER 300.

Because: a. We feel there is a need to provide state aid to education for all children. b. The children cannot wait for one year - 3 years - 5 years or 10 more years for quality education!! c. The bill can be amended to take into consideration changes in the implementation & support.

ACCREDITATION TEAM EVALUATES ENCOR (CONT FROM PAGE 7)

"We were touched by your staff commitment... but people do burn out; We have never seen such an enthusiastic group... but stability and maturity will be things you'll need to work for; At present, you have excellent public support...it will become an increasing problem to stay in touch with your supporters; This is definitely a comprehensive system... but you need to make sure comprehensiveness does not close out other alternatives. Your credibility is good...but you may later face the danger of trying to cover up mistakes; You have excellent potential for quality control, but you need to be careful that you don't drown in your own data; We were thrilled to find an absence of the "failure syndrome" but you need to be careful that you don't get too cocky."



Specifics about the evaluation will be withheld since they are primarily the domain of ENCOR. After the final report is written, Linda Glenn states, she will make it available.

- - - - -

MARY FOSTER JOINS STAFF OF OEA



Many of you may not recognize this face...or the name. But this face -- that belongs to Mary Foster -- will be missed by many of us at GOARC. Mary has been with GOARC since August of 1973, and has served on the Support Services staff with Amy Humphries and Linda Lund.

Mary is leaving to join the staff at the Omaha Education Association. Her last day at GOARC will be November 1, 1974. Although much of her work has been behind the scenes, she has made a significant contribution to the office operations while fulfilling responsibilities in bookkeeping and secretarial duties. Mary's cheerfulness, friendly smile, and efficient way of carrying out her duties will really be missed.

Mary, we sincerely wish you the best of luck in the future!

ON THE GO WITH GOYARC



Is it possible that another month has come and gone since I sat down to write this article last?? No matter how trite it might sound, time does fly -- and especially when one is having a good time. And, I'm sure it can be agreed upon that everyone had a good time at the GOYARC Retreat, October 11 & 12 at St. Timothy's church. A group composed of about 40 showed up to commune together for 18 straight hours of talking, eating, interacting with other members, and role playing. (About the only thing we didn't do was sleep.)

I would personally like to thank Dr. Menolascino for being able to come even though he was notified about the event at such a late time; Anne Marie Mulligan, for her very effective

talk on attitudes towards people with mental retardation problems; Karen Green, for her talk on the ambiguous principles of normalization; Kay Galloway and Chas Kidd -- who were both workshop leaders; John and Sherri Sing from the Boys Town Village Safety program; Mike Boswell and Jack Cuyar - both Boys Town village safety fire cadets; Judy McMahon, NebYARC president, Cindy Wade, NebYARC treasurer, and Gladys Maciejewski NebYARC Advisory, who all three came a long way to conduct the sensitivity games; Tom Miller and Carol Mayer, who both ran the roleplaying games; Mr. and Mrs. Goodrich for being around to offer their help and support; and especially Pastor Setterland, who was a very gracious and fantastic host. Now that this event is behind me, I have this feeling of overwhelming accomplishment and satisfaction. Luckily though, such a feeling fades soon unless it is revived by accomplishing other things. So what I'm trying to say is that GOYARC will not and cannot live on its laurels -- and so it must keep progressive and active.

And active GOYARC will be in the next few weeks. Some of the items on our agenda include a girls' football game with a UNO sorority, a Careers Day Seminar in Lincoln (organized by NebYARC), an afternoon out at Joslyn and King Fong's Chinese Restaurant, an all-city HayRack Ride, a talent show at the Beatrice State Home, and of course, being of service to GOARC and the Jaycees on Honey Sunday.

In the past few weeks, I have been talking to some people who attended the NARC Convention in Milwaukee and how people from other parts of the country approached them requesting information about the Core Group Theory. This, of course, makes me very pleased, because it tells me that on the national level, we are a success story. I wonder though, if GOYARC and its cores are as successful on the local level. The biggest problem facing us now is that we are not expanding properly, thus our effectiveness is not at the level it should be. Hopefully in the next couple of months, we will be able to practice what we preach.

Heartiest congratulations to Stan Williams and Eric Bergersen, GOYARC's new Secretary and Treasurer.

I guess I have exhausted this month's space so until December, goodbye and hoping that everyone has a nice Thanksgiving.

kris

YOUTH OF THE MONTH....

BOB BRINDA

Just over a year ago, most of the GOYARC members were up early one morning and waited excitedly at the Greyhound terminal for Bob Brinda's return. He was coming back from the NARC Youth Convention at Boise State College in Idaho and bringing with him a plaque naming Omaha's youth as number one in the nation. We waited and waited but the surprise welcome just never came off - Bob missed his bus somewhere in his trip across the country. Well, Bob, you have kept us waiting. And I guess we have done the same by not sooner naming you to be GOYARC's Youth of the Month, a credit you have so long deserved.

Bob Brinda is veteran in the GOYARC ranks. Over the past three years he has shared in the best efforts of the Omaha Youth. As a co-producer of GOYARC's slide program, "Such Good Friends", and a shy but willing speaker, hundreds of people have come to expand their limited attitudes towards mental retardation. At the same time, Bob has led them to experience the idealism, concern, and genuine goodness found in the best of our Youth. These audiences have included youth from most everywhere, as well as the Omaha Chamber of Commerce, the Nebraska Unicameral, Joni Baillon's viewers on TV-3.

Bob's efforts to spread the work on "Normalization" has been matched by progress along that line in his own life. Just this month, he was moved from his on-campus cottage to a Boys Town Group Home located in a residential neighborhood in Omaha.

Shelly Menolascino has teamed up with Bob to begin a new Core group in the West to work with children. Bob will tell you that this is where the real joy of GOYARC is to be found. His special interest in the group is a young girl, Paula. She gets around mostly in a wheelchair. That wasn't going to keep her from joining the rest of the gang on a hike along the twisting and narrow paths of Fontenelle Forest.

Paula and her chair were carried through the areas they couldn't go by themselves.

Many of us have found it great to be the focus of Bob's special attention. And now, Bob Brinda, it's our turn to honor you. Stay great!



YOUTH! HERE'S WHAT YOU CAN BE A PART OF.....

Many great things have happened to all of us in GOYARC. Maybe you want to make a life of it. Careers in Mental Retardation will occupy the focus of a day-long seminar in Lincoln. The NebARC Youth invite you to attend and be part of Career's Day '74.

Sunday School has been going well at Kountze Memorial. GOYARC's experience has been that this program could be expanded to other parts of Omaha and to different age groups. Pastor Charles Harmon is willing to help with a program for an integrated group of teens. Plenty of work to be done with kids, too. These will remain only good ideas until the efforts of you and others like you make them real things.

Sunday, November 10th, will be the date of Omaha's next visit at the Beatrice State Home. A Talent Night is planned in hopes of pooling the abilities of Beatrice residents and their friends in Omaha and across Nebraska. These visits have been opened up to a number of new GOYARC members. What's needed (and hopefully soon coming) is an orientation by NebYARC to train us as advocates on behalf of Home residents soon to return to our community. November 10th also marks the beginning of Youth ARC Week across the Nation.

When it really starts to get cold it will be time for Honey Sunday in Omaha. Block out that date (November 17) to join in the big GOARC effort.



BOOK REVIEW

BY JAN NOVICKI

COOKING ACTIVITIES FOR THE RETARDED CHILD, by Ellen House
Kahan - \$2.50. Abingdon Press, 201 8th Ave. So., Nashville, Tenn.

This unique cookbook was developed by Ellen Kahan for use in her advanced trainable class in the public schools, Arlington, Virginia. The first portion of the book gives helpful suggestions for the parents and teachers.

The recipe section is completely illustrated with symbols for utensils, ingredients and measurements and arrows pointing to the next step. A child who is unable to read will have no problem in preparing a complete meal. A few of the featured recipes are creamed eggs on toast, chili, salads, oatmeal cookies, pineapple upside down cake, biscuits, and franks and beans.

This cookbook is great for your other children as well. My 9 year old daughter used it to make the chocolate chip cookies and was so proud that she didn't need any assistance from mom.

If you hurry, the cookbook would make a nice Christmas gift for your child.

HOLIDAY INN AT 72ND AND GROVER HAS RICH HISTORY

When you drive by Innkeeper Jerry McCue's Holiday Inn on 72nd and Grover, you need to be aware of what's going on inside and of the history that has begun there. This motel has a crew of 6 people and a supervisor who have bid for 72 rooms (second floor of the main building) for maid service. This ENCOR work station is a for-real-business that supports all workers and the salary of a supervisor as well. Since this innovative work station was started, other Holiday Inns in Columbus, Nebraska and Tuscon, Arizona make competitive bids with work station crews. It is understood that other Holiday Inns are developing an increasing interest in such a possibility.

So, when we drive by Jerry McCue's place, all of us should feel some warmth. As a matter of fact, when relatives and friends come from out of town, we could remind them of the Holiday Inn at 72nd and Grover.

THE TEAM

Dorothy Brown

Janis Schomer

Donna Metz

Kathy Vacek

Betty James

Christine Worthman

Supervisor:

Jay Armetta



ENCOR ADULT EVENING PROGRAM GIVES WAY TO ADULT BASIC ED PROGRAMS IN THE COMMUNITY

For some time, ENCOR carried on an adult evening program. That has stopped. Now comes some exciting new possibilities. Handicapped clients can take advantage of adult basic education programs that are run by the Omaha Public Schools and the Metropolitan Technical College. The curriculum is individualized and consists of a wide variety of subject matter. For example, in the subject of reading, one can study everything from "survival words" to reading improvement. In arithmetic, one can move from "basic number identification" all the way through multiplication and division. Other programs have to do with telling of time, coin identification as well as learning about checking accounts and savings accounts.

Program counseling and follow-up programs will be handled by the ENCOR evening class staff to supplement the work done by the community programs. The ENCOR staff will make themselves available to help with any problem that might develop.

Here's the locations in the ENCOR region:

Blair

Blair High School, Tuesdays and Thursdays

Fremont

Midland College Campus, Fremont Hall, Room 201, Monday and Thursday evenings

Bellevue

To be carried out by Bellevue Public Schools

Plattsmouth

Possibly to be carried out by Southeast Technical Community College

Waterloo

ENCOR Staff will teach in the residential setting

Omaha

Metropolitan Technical Community College and the Omaha Public Schools will be in charge. The Omaha Public School program has already begun and clients can register at the following locations:

Bryant Center, 2417 Grant Street, Tuesday and Thursday evenings

Clair Methodist Church, 2443 Evans St. MTWTh 6:30 - 9:30

St. Paul Methodist Church, 5410 Corby St. MTW 6:00 - 9:00

Our Lady of Guadalupe Church, 2310 "O" St., MTWTh 6:00 - 9:00

Multi-Purpose Center, 2211 Paul St., MTWTh 6:30 - 9:30

Woodson Center, 3009 "R" St., MTWTh 6:30 - 9:30

The Metropolitan Technical Community College classes are held in the following locations:

Metro's Campus at 49th and Dodge

Metro's Campus at 132 and "I" St.

Reagan Hall at 36th and Burt

AD HOC COMMITTEE REPORTS ON CRISIS ASSISTANCE UNIT

The problem of getting into the ENCOR Crisis Assistance Unit was brought to GOARC's attention so a task force type committee was formed to find out what has happened. When Crisis Assistance was established about two years ago, a steering committee composed of parents and professionals worked with ENCOR to establish many of the policies governing the use of the Unit. One important step was establishment of guidelines for eligibility and length of stay. For the first year or so, this was followed; but gradually ENCOR Residential Crises arose which caused long-term placement. This almost eliminated all short-term placements for those parents who have chosen to keep their youngsters at home.

Examples of what has happened are that one client has been there almost a year, and two or three others are on indefinite placement and have been there three months or more. During the last few months there is no way anyone could get in. This is not right; as all short-term stays have been eliminated.

This Committee feels that the true purpose of Crisis Assistance is for the use of parents with youngsters at home and should not be used for long-term placements if the residential part of ENCOR is unable to find a permanent type placement. It has been shown that there is actually a need for both short-term and long-term types of placement, but we do not feel that the short-term Crisis Unit should be preempted. ENCOR should initiate a long-term type situation as another part of their residential facilities.

Recommendation: It is recommended that the GOARC Board dispatch a letter to ENCOR making it clear that the Parent Group feels there is a definite continual need for short-term Crisis Assistance, and that ENCOR should get back to that concept as soon as possible. Also ENCOR should insure that this type of situation does not occur again in the future.

Ray Mohatt, Co-Chairperson
Margurite Bacon, Co-Chairperson
Mr. and Mrs. Hal Lankford
Annie Ruth Green
Mrs. Eddie Felix
Kathleen Mohatt
Virginia Clausen
Genia Bolich



THANK GOODNESS FOR MOULTON REEVES

Here's a quiet guy who really sees people as individuals. He's the first of a breed. He's ENCOR's developmental carpenter". Moulton Reeves fashions wheel chairs and positioning chairs with a special consideration, kindness of fit for each particular human being's body. At this point, 48 positioning chairs have been made. Moulton also develops new types of toileting chairs, as well as tilt tables. In fact, this guy, possessing the sensitive mind of a physical therapist, finds his particular application through the use of lumber and carpenters tools. Because of ENCOR's Moulton Reeves, there are lots of human beings in our town who walk taller...sit straighter...see the world from the upright human point of view... and therefore, life for them becomes very good.

- - - - -

OUR NEW PILOT PARENT COORDINATOR

Mrs. Patricia Smith has just come on board as our Pilot Parent Coordinator. Patty and her family joined GOARC in 1973.

Patty and her husband, Rodger, are the parents of 7 children. Their youngest daughter, Jane, who is 4 years old, is a student at Meyers Children's Rehabilitation Institute. Jane has been at MCRI for the past 3 years. Patty and her husband have been actively involved in parent groups and classes at MCRI.

Patty is a native of Omaha, having attended Holy Name Grade School and High School. She has also taken some classes at Creighton University. Her husband is also a native Omahan, and he attended Technical High School. Rodger is employed at Mutual Protective Insurance Company.

Patty feels very enthusiastic about the challenge presented by this position. She is looking forward to expanding the program and serving the needs of more parents. The coordinator position is new and we hope this will enhance the other thrusts that GOARC has.



ENCOR'S VOLUNTEER OF THE
MONTH: SARAH CREEL

Sarah was 13 when she decided to volunteer with the mentally retarded. She attended a program on Saturday morning, went home, and cried for hours...She decided then that she had the wrong attitude!

Since that experience, three years ago, Sarah Creel, 3709 South 14th Street, Omaha, became an excellent ENCOR volunteer. So excellent in fact, she was hired parttime for recreation programs while attending St. Paul VI High School.



"Sarah was one of the best part-time recreation staff people we had", said ENCOR's Sue Elliot. Sarah worked in bowling, horseback riding, swimming, square dancing, and camping programs, along with volunteering her time at ENCOR residences.

At the ripe old age of 16 Sarah "retired" from ENCOR to finish high school and currently attends Special Education classes for the deaf at Creighton University, but she has continued her volunteer work at the Hamilton Residence with mentally retarded children. Houseparent, Becky Fritz, comments, "Sarah is really great with the kids, she's volunteered over 500 hours in the past, and we couldn't do it without her." Sarah's responsibilities at the residence are varied from recreational activities to cooking raved about dinners. She's become a part of the family.

How does Sarah Creel feel about volunteer work with ENCOR?

"It's one of the most worthwhile things to do. I've met so many people and formed so many strong friendships with ENCOR."

- - - - -
ROCKBROOK SUNDAY SCHOOL STILL AROUND

Rockbrook United Methodist Church, 99th and West Center Rd., would like to invite new students to their ecumenical sunday school class. This class has been in existence for several years and at one time had 20 members. The age range is from 8 through 16, trainable only. We could take younger students.

They have found the students respond more freely when surrounded by their normal peers; two or more normal students to each special ed student. They have lost a number of students through adoption, foster homes, moving and going on to classes in their own churches. At present, they are working with one student on his confirmation in the Lutheran Church. They would be very happy to hear from interested parents. Call Mrs. Barry G. Eakens, 333-6788 or the church, 393-1015.

LETTERS To GOARC

Hi friends,

My husband and I are former house-parents from the Burt Residence. As members of GOARC, we enjoyed reading the monthly GAZETTE. We first became GOARC members last March. Although we no longer live in the area, we long to hear about GOARC and ENCOR's progress. Much of their progress is recorded in the GOARC GAZETTE, which is why we would like to continue receiving monthly copies, for at least as long as our membership fee allows.

Being able to keep in touch with the people and programs involved with retarded citizens means so much. Who knows, we may be able to get involved in the creation of similar, needed organizations here in the East! At any rate, our experiences in ENCOR were very rewarding, making it difficult to completely detach ourselves from the mainstream, or should I say 'lifestream' of Omaha's progressive organizations.

Thanks so much.

Sincerely,
Suzanne M. Walter
Box 407
Trevett, Maine 04571

- - - - -

Dear Bob,

Myra Hoefker was babysitting in our home one night and wrote this poem about her brother. Later she set it to music and made the original tape with Bill Doherty. Myra took some pictures of her brother, Eric, and put together a slide presentation for some class. Some time later the tape and slides were lost but the song was salvaged this summer. I felt that you would be interested in it.

Sincerely,
N. Dwain Acker, Minister of North
Side Christian Church, Omaha

Dear GOARC,

How are things in Omaha? Aurora needs help but they are not acutely aware of it, unfortunately. I'm the curriculum coordinator for the Keeler School and I'm trying to introduce a few ideas on normalization. I've been showing Bob Perske's parent book around and stirred up some interest in it. Now, I have a question. Since I paid my dues for a year, Could I have my GAZETTE sent to me out here? I really would like to be able to keep in touch. My new address is: 560 Hawthorne
Glen Ellyn, Illinois
60137

Thank you for your help.

Mary Carapella
Ex-head teacher of the Benson D.C.

- - - - -

JUST LIKE YOU

Taking a walk, dreaming a dream
Holding a hand, wading in a stream
Breathing the air and saying my name
These are things that I can do.

Folding a sack, making curlers
Setting a price, assembling bobbles
Counting money and binding a book
These are things that I can do.

Going bowling, having a swim
Playing hockey, tossing a ball
Running a race and dancing with you
These are things that I can do.

I'm just living my life, having fun
Doing my job, being a friend
Sharing a dream and loving you.
These are things, some of the many
Things that I can do.

Just like you.

Myra Hoefker,
Summer, 1970

BULLETIN BOARD

PHYSICAL THERAPY EQUIPMENT NEEDED

Linda VanMarter, new physical therapist at the Millard Public Schools, has begun many new programs in physical therapy. The program is in need of many types of physical therapy equipment for children. Possibly, some families have such equipment in their home that they're no longer using. Needed are:

parallel bars, homemade or
factory made
crutches
walkers of all sizes and all
sorts

There are other things needed too. Anybody who wants to put their old unused physical therapy equipment to good use can contact:

Linda Van Marter
Physical Therapist
Millard Public Schools
895-9494

WOLFENSBERGER COMING!!

Dr. Wolf Wolfensberger will be in Omaha, November 18. He will be speaking on:

"THE LIVES OF OUR ELDERLY
CITIZENS AND HUMAN SERVICES:
A MODERN APPROACH BASED ON
POSITIVE HUMAN VALUES"

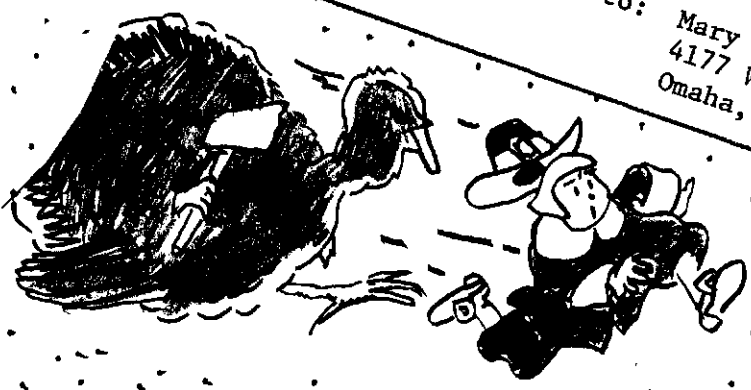
PLACE: Wittson Hall
University Medical Center

TIME: 7:30 P.M.

THANK YOU BENSON BAPTIST CHURCH

For opening your church as a Developmental Center for persons who are retarded, 1968-1974. All citizens, parents, professionals, youth, who are involved with mentally retarded citizens in our community are grateful for the warm and open way you've welcomed our programs within your halls! Many of us will miss being under your roof.

The Coalition for the Education of the Handicapped (CEH) is alive and functioning well. But they do need some operating funds from parents and citizens willing to donate to this consumer advocacy cause. Send donations to: Mary Anna Dunn, Secretary/Treasurer
4177 Wakeley
Omaha, Nebraska



C A L E N D A R

November

- 7 GENERAL MEMBERSHIP MEETING, First Federal Savings and Loan
2101 So. 42nd Street, 7:00 P.M. Coffee Hour; 7:30 P.M. Program
- 10 GOYARC Trip to Beatrice State Home and Talent Night Contest.
Call Rose Fisher, 291-7047
- 11 Pilot Parent Training Session, 7:30 P.M. at GOARC
- 12 Coalition for the Education of the Handicapped meeting, 7:30 P.M. at
Joan Garro's, 4256 "A" Street
- 13 Developmental Task Force, 7:30 P.M. at GOARC
- 13 West Developmental Center Parent Group meeting. (tentative)
- 17 H O N E Y S U N D A Y ! ! !
- 18 CHAP Parent Group meeting, 7:30 P.M. at CHAP
- 19 GOARC Board of Directors meeting, 7:30 P.M. at GOARC
- 20 J.P. Lord School Parent Group, 7:30 P.M. at Lord School
- 20 Madonna School Parent Group meeting, 7:30 P.M. at Madonna School
- 28 HAPPY THANKSGIVING!

DECEMBER

- 10 Parent and Community Input Committee
for OPS, 3819 Jones, 7:30 P.M.

Shirley Dean
116 So 42nd Street
Omaha, Nebraska 68131

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140 South 40th Street
Omaha NE 68131

GAZETTE

DECEMBER, 1974 ISSUE

EDITOR: JAN NOVICKI



Something To Ponder As We Look Forward To The Coming Holiday Season.

EVERY YEAR SINCE 1968 MORE FRIENDS AND LOVED ONES WITH HANDICAPPING PROBLEMS
HAVE BEEN CELEBRATING THE SEASON WITH US IN THE GREATER OMAHA COMMUNITY.

THE LAST QUIET THOUGHTS FROM AN EXECUTIVE DIRECTOR'S MIND

Dear Friends:

Now comes the time when I choose to step down as your executive director. This hurts. But, Martha and I have been wanting to work as a free lance writer and artist team for some time. So, we're going to do it.

I'm planning to work on part time specific consultation assignments for two weeks out of the month for income. The remaining two weeks will be kept clear and private for the purpose of organizing and typing those boxes of assorted outlines, notes and vignettes I've been recording and hoarding these past fourteen years.

The book, New Directions For Parents of Persons Who Are Retarded, has sold

better than Martha and I ever dreamed. Now, there's something within us that makes us want to attempt some more writings and drawings that would help the ordinary citizen, student and child to develop healthy attitudes toward the handicapped in the community.

We plan to stay in Omaha and we want to be helpful to the Omaha scene from a different perspective.

Allow me to share some quiet thoughts at this point in time:

I feel warm feelings about how all of us have been able to travel together in furthering one of the finest social change missions our town has known. Furthermore, the many advocacies on behalf of human beings who happen to be retarded will continue to thrive and grow as some workers leave while fresh ones arrive on the scene with new ideas to take their place. This is one of the most beautiful things about life when its everchanging nature is understood and accepted.

GOARC has successfully moved through some beautiful days of pioneering. Now comes the time to take off the coonskin cap and buckskins; put on ties and overalls in order to manage, cultivate and measure so the new land will bloom and produce as never before.

There's a fresh gang of GOARC staff persons as well as new volunteer parents, professionals and citizens who seem ready to risk themselves in a new surge. This makes me want to stay on at GOARC. But, I'm afraid that would be like trying to put new wine in old wineskins. "Perske's Laws" that once came fresh now could appear a bit corny. Old ones must always give way to new.

Also...allow this "romantic" to reaffirm some loves he's always had. You,

who were close, always knew it:

I'm still deeply in love with the Eastern Nebraska Community Office of Retardation: what these young people stand for and the beautiful thing they're doing for our town.

I'm still grateful for the way Nebraska Psychiatric Institute keeps solid, helpful information and manpower input into the community service cause.

What words can I have for county commissioners who choose to care more about what happens to handicapped humans than grading and surfacing roads?

One can't help but root for Madonna School who continues to hang in there as a lively little educational system.

There are certain senators who in spite of all that verbiage they must deal with, still come through strongly and tenderly for the handicapped of our town.

I'm hopeful that the public school systems and Meyer Childrens Rehabilitation Institute will continue to move closer to the needs of handicapped persons in the community. Boy! That would be the day when a real comprehensive continuity of all services could be functioning in our town.

I've got to have warm feelings for many of those volunteers who always kept themselves open to my non-verbal you-are-letting-us-down-if-you-won't-serve manipulations that pulled them away from homes and families night after night. So many of you have been great!

Last - and most important - I'll leave with deep feeling for the gang who worked with me on the GOARC Staff. Poor folks. What they had to put up with: all the harried, fast-walking, head-in-the-fog pre-occupations. One couldn't help but care about them.

This all-things-to-all-people sort of guy is looking forward to focusing himself and being with his family more than he has been. Nevertheless, if I had to do it all over, I wouldn't change a thing. But, now that all has been said and done, I'm going to miss working for you.

Bob Perske

YOUR CHILD CAN FLY ALONE

In August 1974 Lisa flew over twelve hundred miles by herself from Denver, Colorado to Portland, Oregon. Lisa is eleven years old, trainable retarded and had never flown alone. In fact, Lisa had never flown at all until July 1974.

United Airlines offers special help to handicapped people. They allowed Lisa's mother to help her on the plane before the other passengers, show Lisa the restrooms and help Lisa with her seatbelt. Lisa was allowed to sit in the back next to the stewardesses' seats.

Before the flight Lisa's mother gave the stewardesses a card which contained: Lisa's name, address and phone in Denver, Lisa's grandparents' name, address and phone in Oregon, special instructions - 'Lisa will need help going to the restroom during the two-hour flight. Lisa is non-verbal except for "please," she loves to fly, drink pop and eat peanuts.'

For extra security, Lisa carried her favorite doll and a purse containing jewelry, raisins, pictures of her family and some small plastic animals. The stewardesses gave her cards, games, a Future Stewardesses pin, peanuts, pop and earphones. The stewardesses assisted Lisa off the plane before the other passengers and delivered her personally to her grandparents.

Result? Lisa had a wonderful vacation on the Oregon Coast with her two cousins, her parents had a nice break and her grandparents had an exciting, exhausting time with their three grandchildren.

Next time you tell your child he "can't" do something, think about it. Why "can't" he do it? With proper planning and help you can expand your handicapped child's horizons.

SARPY COUNTY ORGANIZES THEIR OWN DISTRICT

On December 11, the Sarpy County Chapter of the Greater Omaha Association for Retarded Citizens had their first meeting.

The Sarpy County State Senators discussed the ramifications of LB 403 and other legislative actions. A slate of officers to run the chapter were submitted:

Earl C. Hurley - Chairman
Don Schell - Vice Chairman
Betty Trumble - Secretary

A short discussion on the objectives and goals of the chapter preceded the program.

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EDITORIAL

"ENCOR, Stop, Look and Listen"

ENCOR is always changing. It has made much progress. However, change does not always mean progress. Change for the sake of change can be bad.

Progress itself may not always be good. Sometimes we progress so fast that we don't know exactly where we've been. Maybe the last step was where we should have stayed.

In the case of the alternate living units, there apparently are strong parent feelings. Not everyone is for the change.

Perhaps it is time for ENCOR to stop, look and listen. To listen to some of these parents before phasing out the hostels.

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THANK YOU....

Martha Perske for all your beautiful drawings in the GAZETTE. They will really be missed.

GOARC WELCOMES NEW SECRETARIES



Lynne Mac Donald, a native Bostonian, joined the GOARC Support Service Staff on November 11, 1974.

Lynne is 27 years old and attended Chandler Secretarial School, Boston State College and worked for the Community Action Committee of Danbury, Connecticut. She has been living in Omaha for 2 months and resides at 1034 So. 29th Street.

Welcome!

LYNNE MACDONALD

Nancy Tillinghast also joined the Staff on November 11. She is 24, a native of Connecticut, but attended Northwest Classen School in Oklahoma City, Oklahoma.

Nancy resides at 8429 Decatur and has been in Omaha for 2 months, after working 2 1/2 years as Secretary for the Sheraton Management Corporation in Brussels, Belgium.



NANCY TILLINGHAST

ANOTHER HONOR FOR SARAH !

Surprise!

Last month's ENCOR Volunteer of the Month, Sarah Creel, has been named by United Community Services as "Volunteer of the Week" for December 9 - 13. Radio station WOW will be carrying announcements about Sarah's appointment!

LOYAL GOARC SECRETARIES SELL HONEY IN SPITE OF DOG BITE

Linda Lund, daughter Kirsten Lund, Amy Humphries and our former pal Mary Foster, were out doing their bit for GOARC on Honey Sunday. Linda walks up to this house. She is carrying her honey in a pop carton. Out comes a hunting dog growling, snarling, circling and finally biting her on the back of the leg. She backs off, retreats to Mary Foster's car. But then, because the skin was broken, she decided to go back and talk to the owner of the dog. The owner was outside unloading his hunting truck. Linda, thinking it was safe, gets out of the car and walks over to the man so that she can check out the dog for rabies. While she is leaning against the car, the dog comes around from behind and takes another bite out of her...this time higher up. Linda stated, "the second bite was bigger and better than the first".

For all of the things our GOARC support services have to take in their job, what with answering the phones, listening to the statements of irate and troubled people -- as well as thoughtful people -- it is a shame that they have to go out and suffer dog bites in the course of their duty!

CITIZEN ADVOCATE OF THE MONTH

Ruby Nielsen is December's Citizen Advocate of the Month. Ruby learned of the opportunity to be a Citizen Advocate from a television show more than a year ago and has since developed a close friendship with Elizabeth Schultz, who lives at Douglas County Hospital. Ruby says of her relationship with Elizabeth that "we're just like sisters."

These sisters in spirit enjoyed an afternoon coffee party recently in the hospital's visiting room. Ruby introduced the CA Coordinators to Elizabeth, who enjoys new friends. The party was a lively one, with Ruby playing the piano for the group.



Let us know 2 weeks in advance so that you won't miss a single issue of the GOARC GAZETTE. Fill out the label and mail to GOARC, 140 South 40th St., Omaha, Nebraska 68131.

print old address here

Name _____

Address _____

Zip _____

New Address _____

Zip _____

*Planning
a Move?*

ON THE GO WITH GOYARC



I find the most difficult task in writing this article is in finding the proper sentence for which to begin without sounding too brash, too petty, too trite, etc., etc. This month though, I am extremely lucky in being able to use the season as a good way of opening so HAPPY HOLIDAYS EVERYONE!!

In the past month, GOYARC has been extremely active in many different ways. In naming the successes, I'll also mention the names of the people who really made those successes so successful.

In the last issue, I expressed a concern that GOYARC was not implementing the core group model as well as it should but thanks to a lot of organization and determination, the Northwest and West Cores have really come a long way in the past month. Vicki Kelly, Tim Norris, Shelly Menolascino, Bob Brinda, and friends are all to be congratulated. I am hoping that everyone listens for GOYARC's one minute public service announcement on LB 403 that will be hitting the airwaves soon. Prime motivation for the creation of it was a "radio spot" contest sponsored by NebYARC which it earned first place in. (Of course, the fact that it was the only tape submitted into the contest will not be stressed.) Robin Bergersen, Pat Henry, and Bob Brinda are primarily the people to thank. I am also glad to report that the GOYARC girls football team finished an undefeated season with a record of 1-0-0. Numerous pats on the back go out to Sue DeMay, Rose Fisher, Michele Hansen, Jamie Knott, Barb Parsons, Robin Gergersen, Shelly Menolascino, Zeta Tau Alpha sorority from UNO, myself, the glamorous male cheerleaders, and of course our doubting coach and referee, Tony Smith.

Looking back and looking forward in GOARC's calendar, I find it almost an impossibility to mention everything that we are involved in. Many times a week I hear of things that have happened without my knowledge and this especially makes me very happy. GOYARC is at the stage now where it really does not need one leader to guide the total group because so many others are taking the initiative and moving in numerous new directions. So I predict that because of this movement, GOYARC will be moving into a period of even fresher and more innovative ideas. Ahh, what a pleasant bit of foresight.

merry, merry

kris

GOYARC MEMBERS LEAD AND SPEAK OUT AT BOYS TOWN

In the November 26th edition of Boys Town's Cowboy Gazette, it's evident that youth members of the Greater Omaha Youth Association for Retarded Citizens are extremely strong, warm and intelligent human beings. All of GOARC and GOYARC should be proud of them.

For example, Tony Smith is the news editor. Bob Brinda is in charge of the photo page. Cliff Penny is a reporter and Pat Henry is a photographer and photo advisor.

Rick Duffer wrote an editorial regarding the recent staff firing's at Boys Town. Here's his editorial:

CASEY'S PICKET BRINGS STUDENT PROTEST

"Has Mike Casey deceived Boys Town?" "Go home." "We don't want you." These were just a few of the signs from a protest against Mike Casey's picketing.

I joined some of the students who decided to say that Mike Casey doesn't speak for me.

This is my home. I live here, I don't need anyone to speak for me, especially an outsider. The Home's press release on our picketing against Casey stated that I loved my home, I don't love it, I tolerate Boys Town; I use its strengths and am restricted by its weaknesses. I am aware of this, I can speak for myself, I don't need Casey or anyone.

People think I'm helpless. They take what I say and bend it into what they want me to say.

Stop talking for me. Take time to look at my face, my words, my expression, listen to me.

In the same issue, Bob Brinda was sited for being GOYARC's Youth of the Month and winning the Youth of the Month Award. Here is the article on Bob Brinda:

Senior Bob Brinda was elected (volunteer) youth of the month for November by GOYARC's (Greater Omaha's Youth Association for Retarded Citizens) Executive Board.

Bob is a veteran in the GOYARC ranks. Over the past three years, he has shared in the best efforts of the Omaha youth. As a co-producer of GOYARC's National Award winning slide program entitled "Such Good Friends", Bob has helped hundreds of people to expand their limited attitudes toward mental retardation.

Efforts by Bob to spread the word on "Normalization" has been matched by progress along that line in his own life.

YOUTH OF THE MONTH

STEVE BEEM

This has been a good year for GOYARC. Most anyone in the gang who takes some time this December to look back can come up with his or her own list of what has made it so great. No doubt that near the top of everyone's list of favorites will appear one...our own, Steve Beem. So it's time to put Steve's name on the top of this page and talk about some of the great things we have all come to see in him.



No much goes on in GOYARC without Steve being a part of it. He is a co-rep for the Southwest Core on the All-City Steering Committee, so he's in on the planning. When GOYARC went to Kenosha, Wisconsin for the NARC Youth Conference, Steve took his place as part of the Nebraska delegation. He was there, too, with his GOYARC partners to tell the national gathering of Omaha's Core groups. That was important because GOYARC was finally living up to the youth's goal of putting an end to patronizing programs.

When in costume, Steve is easily recognized as the snake among the creatures in his Core's play, "Down by the Marsh". A true show stealer, Steve's performance in Milford at the NebYARC Conference prompted interruptions of applause as the meaning of the allegory became clear. Probably nowhere would "hey, Snake" be considered a term of endearment except among Steve's friends in GOYARC.

December's special Youth is 16 and a student at Arbor Heights Junior High. At school, at home, and in GOYARC...it's been a good year, Steve, and great to have shared it with you!



GOYARC IN DECEMBER

"On the Month Before Christmas..."

GOYARC plans to risk it's modest but perfect record (1-0) in another All-City athletic duel. Fresh from a gridiron triumph, the site of the next contest is the volleyball court. The ZTA Sorority plans on bringing in reinforcements for this challenge. Join us on Sunday, December 8, as co-captains, Tim Norris and Rick Bergerson, try to match the upset achieved by Coach Tony Smith's GOYARC Girl Fridders last month. A large "cage ball" and a large turnout should make this contest even more fun. By the way, thanks very much to ZTA's help on Honey Sunday. They threw in their help to work with many of the youth for JaWanda Alls in South Omaha.

GOYARC has visited the Beatrice State Home for nearly five years. Now it's time to take a good hard look at what's ahead in this crucial coming year. Many of the youth residents in the ENCOR region are likely to soon be returning to our five counties. The visits to Beatrice might now take a different slant as we help in the preparation for a return to the home communities. On December 3rd the youth advocates will meet at GOARC to nail down the new directions of the Youth Advocacy efforts. Rose Fisher and Cliff Penny have asked Clayton Kennedy of ENCOR to help draft the new strategy.

Wanna' Dance? Jon Legino (393-1219) and Bob Brinda (551-6054) and the West Core are planning an All-City Fifties Dance on December 13. Dress up and grease down -- we'll see you then.

"Willowbrook" will be the program at the GOYARC General Membership Meeting on Sunday, December 15. This film on the problems of the New York State institution is our final segment on residential alternatives for retarded citizens. Something to see on Sunday, December 15, 7:00 p.m., at the GOARC conference room.

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GOARC TO START EXPLORER SCOUT UNIT

With the help and guidance of scout representative, Cindy Bekins, GOARC will be the home for teenagers interested in becoming Special Education teachers. GOARC will, under board direction, send invitations to male and female high school youth with this specific interest. The charter will be purchased by GOARC. The meeting place for this troop will be the GOARC office. Annette Ferando, the South Developmental Center head teacher, has consented to serve as the group's advisor.

In the meantime, Shirley Dean is probing the Explorer Scout interest groups that mentally retarded citizens may enter because of future interests they possess.

PILOT PARENTS KICK OFF THE CHRISTMAS SEASON

On December 1 the Pilot Parents gathered together at St. Paul's Methodist Church and had a rousing celebration to kick off the holiday season. About 100 members of Pilot Parents and their families were present. Among these were pilot parents that were the original pioneers in the program, new pilot parents and lots of piloted parents. Some of the new parents were less than two weeks into the program.

Along about 3 o'clock Santa came to call. The kids really had a ball receiving their treats from the Jolly old fellow that closely resembled Joe Garro. It was such fun to get to sit on Santa's lap for such a long time.

Mary Morrow and her helpers provided some super treats after Santa. A beautifully decorated Mr. & Mrs. Snowman cake was the highlight of the table. The fancy cake was flanked by fancy Christmas cookies and punch.

Later on, the Bellevue Little Theater performed a marionette show of "Peter and the Wolf". This was an excellent production that both the children and the adults enjoyed. These ladies added a Christmas touch with Santa and some sing-along numbers. The kids really got excited when the puppets couldn't find Rudolf and his replacement was a large pink elephant with a blinking nose.

Last but not least, when the lights went on, after the show, the tables at the back of the hall were covered with McDonald's malts, hamburgers and fries. These were consumed in nothing flat!! It wasn't determinable whether the kids were the happiest or the moms who didn't have to cook. It was a toss-up.

Needless to say, a good time was had by all. Our special thanks to Connie and Pat Jung, the Gartners, Ron and Mary Morrow, and Mary Clark. A big thank you to all involved.

A number of benefactors contributed to the success of our party. Thanks to McDonalds, Frank McGill Painting, Inc., Brandeis, Grants, St. Paul's Methodist Church and Burger King.



NEW DENTAL FACILITY OPENS

The University of Nebraska has embarked on a new program designed to provide training for dental students in out-of-hospital care for handicapped patients.

The Omaha section of the project will be located at the Meyer Children's Rehabilitation Institute at the Omaha Medical Center. This Center will provide services for patients 18 years and under.

This program is expected to provide encouragement to the parents and friends of developmentally disabled citizens who may have difficulty in obtaining adequate dental care. It is aimed at producing more professionals who will be willing and able to accept and treat handicapped patients than in the past.

For further information, contact MCRI, 541-7600, for an appointment.

ENCOR TRANSPORTATION MOVES TO MAT

A contract between ENHSA (Eastern Nebraska Human Service Agency) and MAT (Metropolitan Area Transit) has been set up whereby Bill Hinze, ENCOR's former Coordinator of Transportation, will office at MAT. He will be supervised by both Jerry Erdman, Executive Director of MAT and Brian Lensink, Executive Director of ENSHA. This new contract is exploratory and has a clause whereby cancellation can take place in 30 days. Eventually, MAT is expected, under Hinze's leadership, to develop a helpful and humanizing program of transportation for all handicapped persons.

CENTRAL INQUIRY MOVES TO ENSHA

It was reported by Central Inquiry Director, Dick Mann, that soon Central Inquiry will move under ENSHA (Eastern Nebraska Human Service Agency) and will be known as ENSHA Resource Services Office. They will utilize the same central inquiry calling operation. However, they will be serving all handicapped persons in the region.

ENCOR COMES UP WITH STATED PURPOSE

Last Month ENCOR Coordinators came together and devised the following purpose:

To move mentally retarded persons to the use of normative residential, educational, vocational and other social environments within a community independent of ENCOR support.

GOOD NEIGHBOR CLUB OUSTS THEIR RETARDED NEIGHBORS

A few months ago, the New Yorker printed the following ironical excerpt:

Pittsburgh, Pa. -- The Good Neighbor Club wants 16 retarded children evicted from their halfway house because of a zoning violation.

"We don't want this neighborhood to go downhill," says L. Arthur Lassman, a hydraulics engineer and secretary of the club in Pointe Breeze. The city zoning board has upheld the Good Neighbor Clubs complaint that Haven Home, a converted four-family residence, was created in a neighborhood zoned only for family dwellings... Washington Post.

Is there a Bad Neighbor Club?

BEING A PILOT PARENT ALMOST MAKES GROWING OLDER WORTHWHILE

A terrific statement by Mrs. R.G. Anglin of the Canadian Association for Mental Retardation! I don't believe any of us want to grow old, but if we must, isn't it gratifying to know we can use the experiences we have had in rearing a retarded child to help young parents avoid some of the difficult times we had.

Pilot Parents is a "growing" group. Perhaps not as quickly here in Omaha as we would like, but nationally - WOW! (And internationally, too). Requests for information about the program are coming in from all over.

Recently I had the pleasure of going to Rochester, New York to discuss our program. The parents there are anxious to develop a service such as Pilot Parents and after comparing the program with one in Syracuse, they chose to learn more about the Omaha organization.

It was a very busy three days, but very worthwhile. I learned much and I believe I was able to give them the information they required. They were such an enthusiastic and active group of people!

The concept of Pilot Parents truly seems to be spreading everywhere. Whether it is the Resource Parents of Rochester, Parent to Parent in the Allegheny County Chapter of the Pennsylvania ARC, Parent Helpers in Minneapolis, Pilot Parents, or a name we have not heard of yet, the idea is the same. Experienced parents helping new parents. Everywhere I go, I hear someone say, "How I could have used that kind of support when my child was born.. I am glad there is such a program now. I'd like to help!"

As I mentioned before, since I visited Toronto in February, one division of their ARC (the ARC there is divided into 4 areas) established a Pilot Parent Program which is now very active. I noticed in the latest "Profile", there newspaper, another division had started their own Pilot Parent group. It is really catching on. Neat, huh? In a letter recently, Charlie Fox of the National Institute on Mental Retardation in Toronto, commented "The greatest thrill I had was when parents stood at the general meeting and told how much they had been helped by Pilot Parents. If some of the skeptics could have heard them they would have made Pilot Parents number 1 on their priority list." I couldn't agree more. It is such an important program.

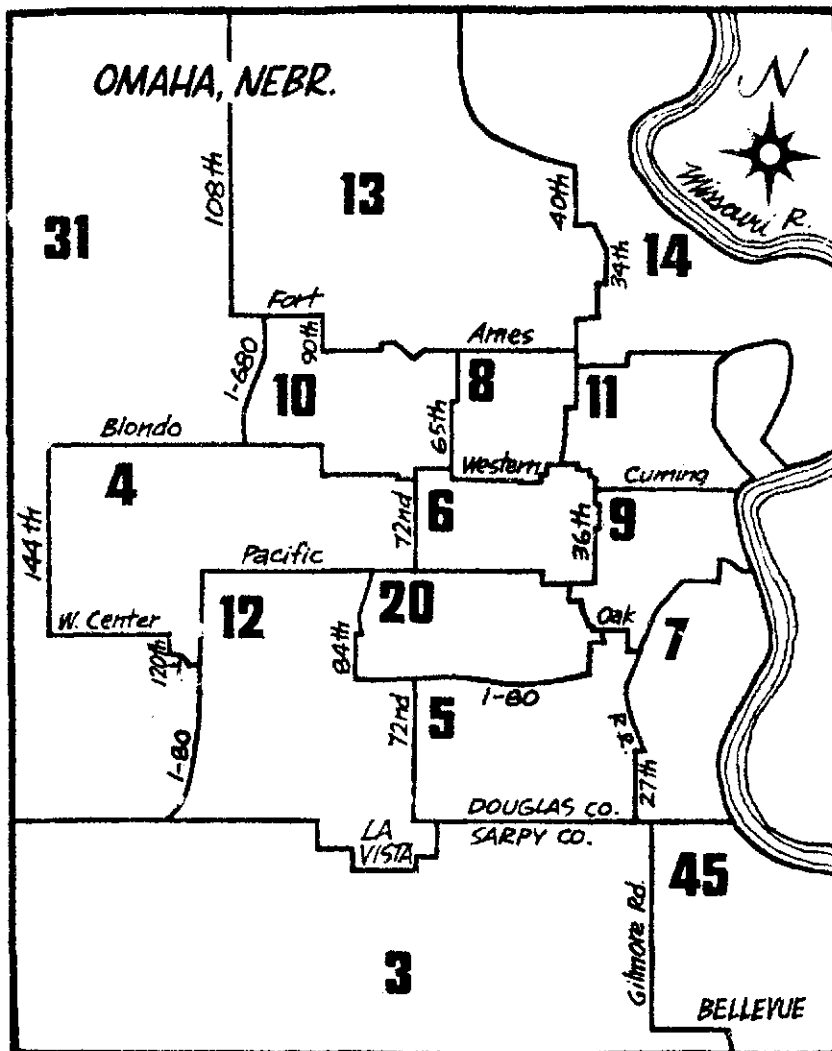
We in Omaha should feel proud that along with ENCOR and normalization, we also originated Pilot Parents -- the organizing of parents to help parents -- and it too is being copied all over the country, even our name - Pilot Parents! How about that!

Fran Porter

THE 84th ANNUAL LEGISLATIVE SESSION BEGINS JANUARY 2, 1975

HERE'S HOW YOU CAN GET READY:

- ① FIND WHERE YOU LIVE ON THIS MAP.



- ② FIND THE NAME, ADDRESS AND PHONE NUMBER OF YOUR SENATOR.



- ③ FIND A WAY TO KNOW HIM PERSONALLY. (HE NEEDS INPUT FROM CITIZENS AND PARENTS LIKE YOU....YOU NEED HIM.)



OMAHA AREA LEGISLATURE MEMBERS

3rd	Orval A. Keyes 240 No. 8th Springfield, NE 68509 Home phone: 253-2363	13th	George Syas 5312 Fontenelle Blvd, Omaha, NE 68111 Phone: 455-8199
4th	Larry D. Stoney 12626 Shirley St. Omaha, NE 68154 Phone: 333-6333	14th	Thomas S. "Tom" Fitzgerald 8104 North Ridge Drive Omaha, NE 68112 Phone: 455-7228
5th	Eugene T. Mahoney 4956 So. 41st St. Omaha, NE 68107 Phone: 733-0590	20th	Glenn A. Goodrich 4408 Walnut St. Omaha, NE 68105 Phone: 551-8179
6th	Harold T. Moylan 3862 California St. Omaha, NE 68131 Phone: 556-8399	31st	James A. Dickinson Route 4 Omaha, NE 68137 Phone: 332-3766
7th	William R. Skarda 1720 Monroe St. Omaha, NE 68107 Phone: 731-0791	45th	Frank Lewis 307 Anna Ave. Bellevue, NE 68005 Phone: 731-0132
8th	Warren R. Swigart 3328 No. 58th St. Omaha, NE 68104 Phone: 551-6467		
9th	John J. Cavanaugh 1919 So. 35th Ave. Omaha, NE 68105 Phone: 345-7758		Senate Floor Phone - 1-471-2321
			Lobby Service Phone - 1-475-1987
10th	John S. Savage 7321 Miami St. Omaha, NE 68134 Phone: 391-4795		
11th	Ernest Chambers 3223 No. 27th Ave. Omaha, NE 68111 Phone: 453-2434		
12th	Gerald D. "Jerry" Koch 7610 Sunset Drive Ralston, NE 68127 Phone: 331-4328		

CITIZEN ADVOCATES HAVE TWO ASSISTANT COORDINATORS

Joe Edwards was a senior at UNO (majoring in personnel management with a strong background in psychology) when he was told about the opening in the Citizen Advocacy program by Bruce Pauley--whom you all know as one of our Citizen Advocates. Joe wisely decided that CA was more interesting than school and dropped out to accept the position (he does plan to finish his degree as soon as possible.)



He spent two years touring in the Far East in a submarine as a member of the U.S. Navy. Whenever and wherever on shore leave, rather than indulging in the usual recreational activities of a sailor, Joe spent his time getting to know the local people and their customs, and often stayed with families in their homes.

Joe's hobbies are pheasant hunting, gardening, re-decorating dilapidated farm houses, foos-ball, and reading comic books.



Yvonne Loscutoff has a B.A. in Social Sciences from the University of South Dakota and has done extensive volunteer work for the past fifteen years. She has been active as a volunteer, coordinating volunteer efforts in the League of Women Voters, the American Civil Liberties Union, and her political party.

As the executive secretary to the director of the American Civil Liberties Union of Northern California, Yvonne supervised the volunteer work performed by a number of mentally retarded citizens.

She and her husband Jack, are the parents of Susan, age 16, Mark, age 15 and Chowder a Siamese cat.

Yvonne's hobbies are needlework, camping, sewing, mushroom hunting, and reading--currently The Brothers Karamazov.

DON'T FORGET KOB

Keep Omaha Beautiful does just that! And you can help by collecting newspapers, cans, bottles, etc. and help GOARC at the same time. The items we collect can be taken to KOB and credited to GOARC's Account #A0309. Keep Omaha Beautiful...1824 So. 20th.

GOARC Has A Fresh New Purpose

ON TUESDAY, NOVEMBER 19, THE BOARD OF DIRECTORS VOTED A NEW GENERAL PURPOSE AND GOALS FOR THE GREATER OMAHA ASSOCIATION FOR RETARDED CITIZENS.

HERE THEY ARE:

THE PURPOSE OF THE GREATER OMAHA ASSOCIATION FOR RETARDED CITIZENS
is to provide
A STRONG SUPPORT ORGANIZATION
for
ALL MENTALLY RETARDED CITIZENS
by
ADVOCATING FOR
THE RIGHTS,
NEEDS
AND FULL DEVELOPMENT
of
THESE CITIZENS.

.....

GENERAL GOALS

TO STRENGTHEN POSITIVE COMMUNITY ATTITUDES towards retarded citizens.

TO SECURE AND PROTECT THE HUMAN AND LEGAL RIGHTS for all retarded citizens as assured by the Constitution of the United States.

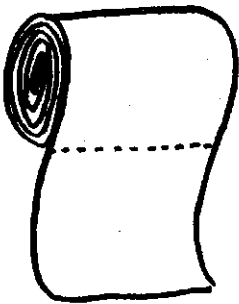
TO ASSURE ACCESS TO A CONTINUUM OF SERVICES designed to assist all mentally retarded citizens in the development of their full potential.

TO WORK TOWARDS PREVENTION OF MENTAL RETARDATION.

TO ASSURE CONTINUED EXISTENCE OF A FORUM for friends of mentally retarded persons through active involvement of parents, family members and interested citizens.

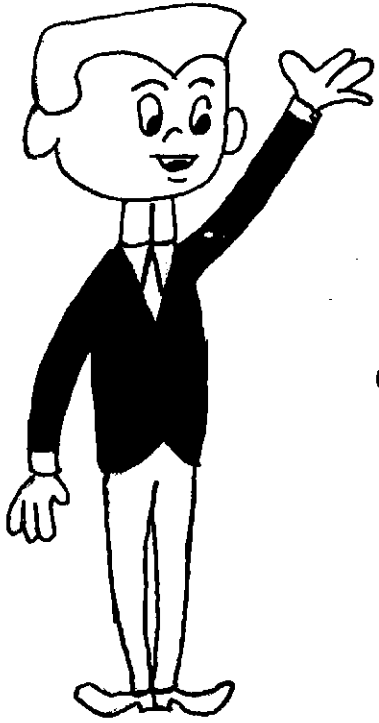
NOW COMES THE TIME WHEN ALL OF US NEED TO MAKE THIS PURPOSE AND THESE GENERAL GOALS WORK FOR US IN MANY SPECIFIC WAYS.

NO JOB
IS
FINISHED
UNTIL



THE
PAPERWORK
IS
DONE!

DEDICATED TO ALL HELPING PERSONS IN THE GREATER OMAHA AREA, NOW THAT OUR PIONEERING WORK WITH CITIZENS HAVING RETARDATION PROBLEMS HAS BROUGHT US TO THE TIME WHEN WE MUST EACH DEVELOP HEALTHY, EFFICIENT AND MEASURABLE MANAGEMENT SYSTEMS. THE "PAPERWORK" MUST BE DONE...AND SHARED. EACH AGENCY'S REPORTS SHOULD BE RELEVANT AND HELPFUL TO THE OTHERS. THEN OUR TOWN WILL HAVE A REAL COMPREHENSIVE COMMUNITY SERVICE.



Let's Get Together!

IMPORTANT ALERT

**Our General Membership Meeting is
the Day After New Year's.**

**That's Right. It's January 2, 1975 (Thursday)
At**

**First Federal Savings & Loan
2101 So. 42nd St.
7:00 p.m. Coffee Social Time
7:00 p.m. Program**

**So Be Ready To Pull Out Of
January 1 And Be Ready To
Come Together on January 2.**

LETTERS TO THE EDITOR

Dear Fellow Parents:

What a thrill for me, to be in Omaha twice in one month (October) to see and hear about your exciting programs for our beloved children.

Last week I was speaking before the Nebraska Council for Exceptional Children. I asked that the \$100. honorarium be given to the GOARC to further our cause.

I was surprised, and, somewhat disappointed, to find practically no parent participation or cooperation with CEC in Nebraska. In Washington, we parents and our handicapped children couldn't manage without a cooperative effort between our families and CEC. Our special education teachers and administrators, the students (our future), and especially, the University professors hold our very lives in their hands. Instead of "Burn, baby, burn, we say learn, baby, learn!" With your mandatory education law becoming fully effective in 1976, I would like to recommend that all Nebraska parents take a CEC member to lunch this week! And, you might even send a GOARC membership to CEC and buy a CEC membership for GOARC. Anyway, I'd like to see you two groups working together because of my experience in Washington.

Yours in the cause,

Katie Dolan
Northwest Center for the Retarded
Seattle, Washington

- - - - -

Dear Editor,

I want to add my voice to the chorus of long-distance admirers of the GOARC GAZETTE. I too find it by far the most exciting and informative of the many newsletters which I receive from here and there.

And this time I felt a fresh breeze a-blowing. There seemed to be suggestions, criticism, corrections coming from all sides, and they were being dished out and accepted openly and with respect. I like that. It gives me hope that your programs and their administrative structure will be able to grow strong and remain flexible - like the people for whom they are designed.

Sincerely,

Lotte Moise
30401 Sherwood Road
Fort Bragg, California

LETTERS TO THE EDITOR (CONTINUED)

Dear Editor:

In the midst of the PASS evaluation, I, too, have had to sit back and regroup my thinking and my activities.

I have found many areas in which I could agree and disagree in the evaluation, but the most poignant thing which is eating away at me is "normalization" -- and just what it is.

I have great difficulty accepting the ENCOR and GOARC thinking along the lines of normalization, IT IS NORMAL FOR MY SON TO BE RETARDED. I have accepted this plain and simple fact, and no amount of camouflage will ever make him unnoticed in the community. Certain kinds of training can make him acceptable to society, but he will forever be noticeable. I find myself feeling very sorry for parents with younger children who are being told under the "normalization" theory that their child can be integrated into programs and others will accept them. When I hear a parent with a five-year-old "retarded" child say her child is "educationally delayed" -- I shudder to think what it will be like when she must truly admit to herself and society that she has really always had a "retarded" child. There is no shame in having a child who is mentally handicapped; but there is a degree of shame when parents are led to believe that they can hide them from society by integrating them into programs where they just do not fit; nor can they emotionally adjust.

Along these lines, I find it very difficult to understand the ENCOR thinking that their clients will not participate in the Special Olympics because it is not an integrated program. Is it not better to compete among one's retarded peers and feel success, than to compete among one's "normal" peers and feel defeat because the Good Lord did not give them equal muscle control so they can run and jump as fast and as far? I truly must examine my conscience when I begin to think my son's physical prowess is equal to his "normal" counterparts. IT IS NORMAL FOR MY SON TO BE RETARDED. I have accepted this, but in my estimation "normalization" does not allow for his handicap. Is that really the "normal" way to feel? Wouldn't you slow up to walk with the man who has to limp? Wouldn't you talk slower if you spoke to the woman who had to read your lips to understand? These, too, are handicaps and we allow for them because it is the "normal" thing to do. When will it be "normal" for the retarded to be retarded????

Very sincerely yours,

(Mrs.) Rosemary Waiss
Co-Chairman
Public Attitudinal Change Committee

LETTERS TO THE EDITOR (CONTINUED)

Dear Bob, Linda or Someone,

I've got a change of address to report and few bits of thoughts that I'd like to throw out for the letters section of the GAZETTE. My address is 2601 Rd. I #4, Redwood Valley, California 95470.

I really appreciate getting the GAZETTE and keeping abreast of what is going on in the home of this country's best Community System for serving mentally retarded people. I don't like that description "mentally retarded people". How about instead saying, "people who have learning problems, part of which is due to their biological make-up and part of which is due to a society that is only now beginning to recognize individual differences and the rights of every person to the same things".

That's a lot longer, isn't it? I'm not really sure if it's much more descriptive either. Oh well, I've always hated the term "mentally retarded".

I'm involved in Community Services out here, only this time the Community Services are for children who have been labeled "emotionally disturbed". Also, this time I'm working more as a on-the-line person rather than an Administrator. I'm a Home Manager (house parent) at one of the group homes. Interesting experience. It gives me a little insight into some of the problems that we faced in group homes at ENCOR. I'm enjoying the experience -- sometimes.

I enjoy getting the GOARC GAZETTE, my roommate sent it to me. It felt good to see what was going on back there.

Well, I want to wish each and every person working for the lives of the people in our programs, the very best of luck.

Keep up the good work and have a Merry Christmas.

Love & Peace

John Mixan

Dear Editor:

Are there other parents in GOARC that feel as we do? We are definitely not interested in having our child in an Alternate Living Unit (another name for a foster home). After a few "misplacements", ENCOR should realize that all children cannot adapt to ALU's and, for them, it will be one change after another. We are sure that the alternate living situation will be most beneficial for a great many of ENCOR's clients, but we think it to be extremely damaging for others.

We are delighted that ENCOR has had the national recognition that it has, but this may not continue if they fail to meet the needs of all clients.

Jeanne and Bill Higgins

CALENDAR

December

- 17 GOARC Board of Directors Meeting, 7:30 P.M., GOARC Conference Room,
140 South 40th Street
- 19 9:00 a.m. to 12 noon, Pilot Parents Christmas Coffee, JoAnn Volcheck's
house, 9515 Spencer
- 25 MERRY CHRISTMAS ! ! !

January

- 1 HAPPY NEW YEAR ! ! !
- 2 GOARC General Membership Meeting, First Federal Savings and Loan,
2101 South 42nd Street, 7:00 Coffee Social Time, 7:30 Program
- 6 Citizen Advocacy Advisory Committee Meeting, 7:30 P.M.,
GOARC Conference Room, 140 South 40th Street
- 9 GOARC Executive Committee Meeting, 7:30 P.M., GOARC Conference
Room, 140 South 40th Street
- 15 Madonna School Parent Group Meeting, 7:30 P.M. at Madonna School
- 20 Pilot Parent Anniversary Dinner (tentative - plans to be announced)
- 22 Citizen Advocacy Orientation, 7:00 P.M., GOARC Conference Room,
140 South 40th Street
- 23 Citizen Advocacy Orientation, 7:00 P.M., GOARC Conference Room,
140 South 40th Street

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